



## JOB DESCRIPTION / COMPETENCY PROFILE

<b>Job Title</b>	AEDS Specialist Senior Nurse with dual BABCP Practitioner Accreditation
<b>Payband/Grade</b>	AFC Band 7 (WTE 0.6 - substantive)
<b>Directorate</b>	CYPS
<b>Job Description Reference</b>	

**My job makes better lives by** providing high quality assessment, monitoring (physical and psychiatric) and treatment in the form of evidence based Cognitive Behavioural Therapy for adults with more severe eating disorder presentations.

**Job Overview** Working alongside other AEDS Seniors providing Cognitive Behavioural Therapy for the treatment of eating disorders. Holding a caseload and providing high quality Care Coordination for a client group with complex physical as well as mental health needs. Contributing to the work of the wider MDT in completing initial assessments, participating in MDT meetings, and contributing to physical health monitoring. Contributing to safe and effective service delivery and clinical supervisory and consultation processes in line with the postholder's therapy qualification.

NHS Competency	Level
Communication	4
Personal and People Development	3
Health, Safety and Security	4
Service Improvement	4
Quality	4
Equality and Diversity	4
IT Skills	4
<b>Statutory Requirements</b>	
NMC Registration as RN3 or RNMH	

SABP Leadership Competency	
Strategic Leadership	4
People Leadership	4
Performance Leadership	4
Personal Motivation	4
<b>Values</b>	
Treat People Well	
Create Respectful Places	
Involve not Ignore	
Open, Inclusive and Accountable	

### Qualifications required

RMN qualification to degree level or equivalent  
NMC Registration as RN3 or RNMH  
BABCP Practitioner Accreditation

### Experience required

- Significant post registration experience of working with adults with moderate to severe eating disorders
- Significant experience of providing evidence-based CBT for people presenting with a variety of mental health problems, including eating disorders

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**Suitable for someone who** is passionate and committed to providing high quality, evidence-based care and treatment for people with more severe eating disorder presentations as a member of a multi-disciplinary team. You will need to have a valid driving license for use in the UK.

## Key Responsibilities

- To work as a senior member of the Adult Eating Disorders Service contributing to and supporting the delivery of service targets relating to access to assessment and treatment
- To provide high quality psychological therapy (primarily CBT but also with the scope for training in the delivery of SSCM) for people with more severe eating disorder presentations.
- To contribute to clinical supervisory and consultation processes in line with the postholder's therapy qualification.
- To be able to manage a caseload of people with highly complex eating disorder presentations
- To be able to carry out initial service assessments for people with more complex eating disorder presentations
- To participate in multi-disciplinary team meetings
- To monitor, and respond to changes in physical and mental health, and when required, liaise urgently with GPs, A&E physicians, or mental health teams.
- To follow-up on blood test results and clinical observations, recognising situations where further investigations (for example, ECG) are indicated, and advising on appropriate treatment; this is in consultation with / seeking timely guidance from AEDS in-reach GPs and / or Consultant Psychiatrists.
- To undertake Care Coordination responsibilities
- To work with people using our services in identifying and agreeing treatment goals based on assessment outcomes, which balance the complex interaction of risk, safety, client choice, independence, areas of conflict and eligibility of services
- To use communication, reasoning, and negotiation skills to establish a therapeutic relationship in highly complex cases
- To plan and implement individual plans, addressing all areas of risk associated with an individual's ability to function independently
- To monitor and evaluate people's progress in psychological therapy
- To represent the team and participate in relevant team/network meetings, clinics, and ward rounds to contribute to the discussion and planning of the care of people using the service. To use these forums to seek opinion from the team to inform own caseload analysis and reasoning as appropriate
- To liaise with families/carers and statutory and voluntary agencies to contribute to the discussion and planning of care and seeking opinion from others to inform own caseload analysis and reasoning as appropriate
- To ensure that all documentation and activity recording is maintained according to Trust standards
- To demonstrate the ability to reflect on ethical issues and provide guidance to junior staff as necessary

- To respect the individuality, values, cultural and religious diversity of people attending the service and contribute to the provision of a service sensitive to these needs
- To demonstrate a sound understanding of clinical risk, report untoward incidents, both verbally and in writing. To support and guide other team members in the correct process.
- To undertake professional responsibilities under Surrey Multi-agency Child Protection and Safeguarding Adults Procedures, the Mental Health Act 1983, the Mental Capacity Act 2005 and other relevant legislation.

### **Clinical Issues and Responsibilities**

- To exercise good personal time management, punctuality, and consistent reliable attendance
- To contribute to the delivery of AEDS psychological therapies strategy
- To contribute to service delivery as a senior nurse specialist
- To actively contribute to the leadership on service developments where requested
- To participate in the planning, evaluation and audit/research of practice, clinical pathways, and protocols
- To demonstrate a high level of understanding and application of national guidelines and health legislation (e.g. National Clinical Guidelines, NSFs)
- To promote a positive image of the Trust
- To develop and maintain working relationships with all other professionals across the pathway to facilitate high quality seamless care and whole system service development
- To partake in the development of enhancing the transition protocols and processes

### **Leadership**

- To contribute together with other AEDS Seniors to the setting, monitoring, and maintaining of standards of care and advise on clinical issues which may have a negative effect on the standards of clinical practice being delivered
- To be responsible for your own practice in accordance with your professional body / bodies and therapy qualification and take every reasonable opportunity to sustain and develop your professional competence
- Be a mentor and adviser for students and work closely with the Clinical Placement Facilitator to ensure that the learning objectives are consistent with the requirements of their educational programs

- Contribute to the clinical leadership of the CBT pathway. This includes supporting the team with updating their relevant CBT knowledge and skills.
- Work closely with CEDS, AEDimhs, Primary Care, the CMHRs and other services as required.