



## **JOB DESCRIPTION / PROFILE**

**Job Title Clinical Psychologist**

**Payband/Grade Band 8a**

**Directorate: CEDS**

**Job Description Reference**

**My job makes better lives by**

My job makes better lives: by promoting health and independence for people who use our services and their carers/support staff by delivering high quality psychology assessments, formulation and interventions; providing consultation, supervision and guidance to band 7, trainee, assistant psychologists and others as required.

Providing an accessible, non-stigmatizing, localized service to children, young people and their families to support them to develop healthy eating behaviours and positive relationships to live a happy and fulfilled life, and to be an equal and valued member of their local community.

### **Job Overview**

The Surrey-wide Child and Adolescent Eating Disorder Service [CEDS] is based in Epsom, and provides effective care, treatment and support to young people up to 18 years old across Surrey. You will work alongside your other MDT colleagues as well as the growing psychology team and be expected to support the clinical team in continuing to deliver the NHS England Access and Waiting Times targets. You will complete assessments and contribute to the treatment/ care plans for the young people, working as part of the whole system of multi-agency working.

Promoting a psychological perspective both within teams and sharing with other colleagues, including collaborative working with team managers/ Clinical leads in the development and delivering of effective services.

### [For a better life](#)

The postholder will be expected to work flexibly within the service. To lead on complex and challenging cases and develop expertise within area of specialism

<b>NHS Competency</b>	<b>Level</b>
Communication	4
Personal and People Development	4
Health, Safety and Security	4
Service Improvement	4
Quality	4
Equality and Diversity	4
IT Skills	3
<b>Statutory Requirements</b>	
HCPC Registered Practitioner Psychologist	

<b>Personal Competencies</b>	
Interpersonal Sensitivity	4
Courage	4
Teamwork	4

<b>Values</b>
Treat People Well
Create Respectful Places
Involve not Ignore
Open, Honest and Accountable

### **Qualifications required**

- Doctorate in Clinical or Counselling Psychology qualification or equivalent
- Current practicing certificate
- Completion of an appropriate clinical supervision course to enable supervision of trainees (or completion within 12 months of commencement in post)

### **Experience required**

- Experience of working with people from across the life span with a range of mental health issues and cognitive profiles
- Experience across a range of psychological models including systemic, behavioural and individual therapeutic
- Specialist understanding of the impact of language, culture, gender, ethnicity & disability in shaping attitudes, abilities & difficulties
- Specialist understanding of the importance of professional boundaries and how to manage & maintain them
- Experience of contributing to clinical practice/service development / project work.
- Experience of supervising assistant and trainee clinical psychologists

### **Suitable for someone who**

- Is passionate about providing high quality leadership and psychological support to people using our service and their carers.
- Is strongly motivated to provide high quality, evidence-based care and treatment to young people with moderate to severe eating disorders, as a member of a multi-disciplinary team.

### **Key Responsibilities**

- To be professionally and legally responsible and accountable for all aspects of clinical work and care. To maintain high standards of care in all areas of practice in accordance with the HCPC Code of Conduct, professional guidelines and Trust Policies and Procedures. To act within the Mental Health Act and Mental Capacity Act (2005). To be aware of and implement Safeguarding Adult and Child Protection Policies, Procedures and legislation.
- To provide specialist psychological assessment of children with moderate to severe eating disorders, often complex in presentation. To undertake the assessment utilising information from a broad range of structured psychometric and semi-structured clinical methods. To integrate this information into a psychological formulation of the client and his/her psychosocial environment, drawing on a range of psychological theoretical perspectives.
- To formulate and implement plans of specialist psychological treatment or management of clients' mental health problems based on a multi-factorial psychological understanding and current evidence-based best practice taking into account the current NICE guidelines, and recommended specialist treatment protocols for eating disorders.
- To undertake a range of psychological therapeutic interventions, drawing on a range of psychological models and employing a range of modalities (individual, family/systemic and group) adapted and tailored to the needs of the individual and the context, and to undertake ongoing evaluation of the outcome of the interventions. To undertake treatments recommended by NICE guidelines, as appropriate, and to keep up to date with relevant developments in the practice of these recommended treatments.
- To teach psychology to other professions and trainees of other professions in collaboration with other professional tutors and teachers.
- To remain informed of and critically evaluate current theory and research to support evidence-based practice in own professional work and to contribute this perspective in the multi-disciplinary team.
- To contribute to the evaluation of the Service by participating in service-related audit, research and evaluation projects. To contribute to the project management of complex audit, assisting colleagues to develop service provision.
- To contribute to initiatives to ensure that the diverse needs of people within the care group are addressed within local services and future developments
- Working knowledge of legislation & its implications for both clinical practice & professional management in relation to the client group & mental health
- To work within the Code of Ethics and the relevant professional practice guidelines of the Health Professions Council (HCPC), the British Psychological Society (BPS) and the professional guidance framework of the Trust.
- To maintain confidentiality while appropriately sharing information as required to partner agencies in line with Caldicott requirements and Child Protection Guidelines.
- Assist in appropriate staff recruitment and induction and contribute to the wider strategic plans regarding psychology recruitment.

