

+

JOB DESCRIPTION

Oxford Health is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share this commitment.

Job Title: Senior Occupational Therapist FCLDT

(Forensic Community Learning Disability Team)

Band: 6

Responsible to: Forensic Community Mental Health Team Manager

Accountable to: Professional lead (Deputy Team Manager)

Author: Heather Reed

Creation Date: 1 November 2013

Last Updated: 29th March 2019

Document Ref: IJES

Version: 2

JOB PURPOSE

To be a senior Occupational Therapist working autonomously, as a member of the Forensic Community Learning Disability team, working across the community and offering in-reach to the secure services inpatient setting.

To provide specialist Occupational Therapy intervention using evidence-based client centered principles to assess, plan, implement and evaluate therapy with those service users within the Forensic Community Learning Disability Service.

To participate in development of the Occupational Therapy role and Occupational Therapy service provision according to identified needs of the multi-disciplinary team and service users.

To be responsible for an agreed clinical caseload, involving care co-ordination as appropriate.

The post holder will work as part of a multi-disciplinary team in the provision of care, therapeutic interventions and treatment to Thames Valley Forensic Services Learning Disabilty clients, ensuring the highest standards of care are provided. To ensure that services to users and carers are delivered and developed according to Trust and Social and Healthcare departmental policies.

DUTIES AND RESPONSIBILITIES

<u>Clinical</u>

- To be responsible for the planning and delivery of Occupational Therapy, prioritizing clinical needs to provide an effective service and input to the Forensic Community Learning Disability Team
- To work with a caseload of clients with complex needs and identify OT goals as part of the overall care plan.
- To use recognized evidence-based specialist assessments and or Occupational Therapy standardized assessments. Provide specialist knowledge and treatment of complex service users, within an Occupational Therapy and theoretical framework. To be self-directed in the monitoring and evaluating of progress of service user's Occupational Therapy treatment plans.
- To ensure timely assessments meeting service requirement.
- To develop links with community-based resources to promote social inclusion and recovery.
- As part of individual's identified treatment interventions, the OT will regularly liaise with outside services and agencies e.g. supported work projects, adult education. These discussions require considerable tact and caution in order to balance risk and confidentiality.
- To provide one to one work with clients as agreed with the service user and MDT and as identified through Occupational Therapy assessment as appropriate. To Include opportunities for cognitive, education, work, leisure, interpersonal and life skills. Wherever possible to

ensure these interventions are evidence based.

- To demonstrate a high level of personal skill and expertise in the delivery of care through group work and co- facilitation with other professions.
- To liaise closely with the Occupational Therapists on the in-patient wards at Evenload to support transition of care to the community.
- To utilise professional skills to ensure effective communication with MDT/service users/carers and other statutory and voluntary agencies.
- To provide the Occupational Therapy input to individual's multi-disciplinary risk assessment, and to ensure accurate and prompt sharing of risk assessment information with team colleagues.
- To contribute Occupational Therapy recommendations to care planning meetings, taking into consideration the social, occupational, forensic and risk components.
- To be a trained practice educator and to participate in having students on placements, as well as contributing to education of other student professions on placement with the team.
- Work with patients who exhibit negative symptoms such as poor motivation.
- Assisting patients to meet their activities of daily living and helping them to attain their optimum functional level.
- Demonstrate a high level of personal skill and expertise in the delivery of care through individual and group work.
- Have a comprehensive knowledge of existing resources available within the county and demonstrate effective use of these resources.
- Play a vital role in crisis intervention and be a link figure to the multi-disciplinary team operating in the Forensic Service.
- To work collaboratively and in partnership with other disciplines and agencies in meeting the needs of the patients. Develop care plans to meet individual patient and their family/carers needs that are focussed on strengths, outcome based and promote service user empowerment to manage their health as much as possible.
- Demonstrate and develop excellent relational security skills for the purpose of robust risk assessment and management.
- Manage and prioritise clinical time and caseload effectively. Keep a diary of all visits, journeys and assessments daily and regularly update the team administrator any future activity.
- To demonstrate effective communication skills with people in an age-appropriate way and those whose understanding may be impaired.

General Provision of care and interventions

- Provide a comprehensive high standard of care to patients in the community, with the flexibility to work across the service.
- To carry out the role of Care Co-ordinator to an allocated number of service users and take responsibility for ensuring that patients care is assessed, planned, implemented and reviewed as part of the Care Programme Approach.
- To initiate and maintain good links with local authorities of the area of origin of ECR patients within the service.
- To work as part of a multi-disciplinary team contributing to needs and risk assessments and planning of care and risk management as part of the Care Programme Approach.

- Participate in MDT caseload meetings and discuss clinical cases which may have implications for others on policy/departmental strategy etc.
- To ensure that recording data and information is managed in accordance with agreed protocols and to the required standards of both Social Care and NHS organisations and that records are safely kept within Caldicott principles.
- To work closely with a range of agencies including MAPPA, Ministry of Justice, probation, Victim Liaison Service, CMHTS and others to ensure there is a high standard of multi-agency working and that this is represented within a service user's treatment plan and care pathway.
- To produce reports for a variety of purposes and within the required deadlines, such as MHRT and section 117 after care.
- To always work with regard to the Department's Equal Opportunities policies, and to support and promote anti-discriminatory practise and initiatives.

Education

- Use reflective practice in enhancing clinical work.
- Provide supervision and support as required to other team members.
- To provide practice placement supervision of Occupational Therapy students, following appropriate training.
- Keep abreast of relevant legislative policies and best practices guidelines and ensure that they are implemented and operated correctly.
- Participate in clinical audit and research so that practice and skills are enhanced.

Other

- Be aware of the legal and statutory implications of visiting patients in their place of residence in the community.
- Act as an advocate for the patient's needs and rights.
- Act in the role of an 'Appropriate Adult', representing the interests of the patients within the legal system, when required.
- Take an active role in the formulation of nursing procedures and practices for patient care in the community.
- Have a working knowledge of policies and legislation relating to health, safety and security for health care staff.
- Be fully conversant with the Mental Health Act 1983 and the Code of Practice.
- To apply highly specialist skills and knowledge in order to establish professional competence and fitness to practice.

Clinical Governance:

- To collect and present statistical and performance related information as required.
- To initiate and participate in clinical governance and audit activities as required by the service and Trust.
- In conjunction with the SCFT Manager to establish and monitor professional and clinical standards and to take action to raise standards where necessary.
- To participate in and support research projects in the Trust and to develop individual research initiatives as appropriate and agreed with the Team Manager.
- In conjunction with clinical colleagues, to evaluate the service provision.
- To take a role in the development of evidence-based services and specialist programmes for this care group.
- To develop and provide a quality needs led service as part of the multi-disciplinary team to meet the needs of service users.

Safeguarding

- To support the organisation in ensuring service users and others they come into contact with, are protected from abuse, or the risk of abuse and their human rights are respected and upheld.
- To ensure concerns are responded to appropriately in line with the Trust's safeguarding policies and interagency safeguarding procedures.
- To comply with recruitment and other checks as requested by the organisation including undertaking an Enhanced Disclosure via the Criminal Records Bureau.

Training and Supervision

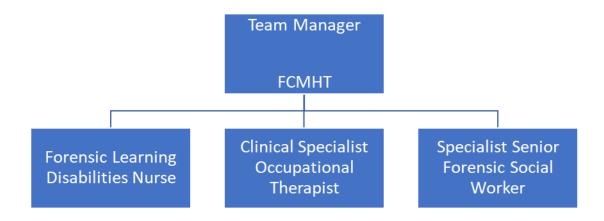
- To ensure that the minimum criteria for continued Occupational Therapy registration is maintained and to work in accordance with RCOT and HCP code of practice.
- To participate in regular supervision and the locally agreed appraisal process.
- To keep up to date in clinical knowledge and skills. To attend training events and courses relevant to professional and service development, and to maintain a continuing professional development profile.
- To contribute to the training and development of professional staff, volunteers and visitors as required.
- To contribute to the training of students of all health and allied health professions, and junior members of the Multi-Disciplinary Team.
- To support, supervise, appraise and co-ordinate the development of junior staff, including staff from other disciplines.

Health & Safety

- Adhere to the Trust and Social and Healthcare, Safety Policy Statements and all relevant Departmental procedures appertaining to health and safety.
- Inform the direct Line Manager/Supervisor or the Department's Health and Safety Advisor of any aspect of health and safety which you are not happy with.

These duties are not meant to be exhaustive. The postholder will therefore be expected to adopt a flexible attitude as duties may have to be varied (after discussion) and in keeping with the general profile of the post, dependent on the needs of the Service.

STRUCTURE CHART



CODE OF CONDUCT

All staff are required to work in accordance with their professional group's code of conduct (e.g. RCOT, HCP, NMC, GMC, DoH Code of Conduct for Senior Managers).

This job description is intended as a basic guide to the scope and responsibilities of the post and is not exhaustive. It will be subject to regular review and amendment as necessary in consultation with the post holder.

In addition to undertaking the duties as outlined above, the post-holder will be expected to fully adhere to the following:

Personal Development

- To actively participate in an annual performance review (appraisal) and the development and implementation of a personal development plan.
- To take responsibility for their own professional development ensuring professional standards are maintained and statutory and mandatory training is in date.
- To attend any training as requested.

Code of Conduct

- To adhere to the Professional Code of Conduct relating to your profession (if applicable).
- To uphold the principles and values set out in the NHS Code of Conduct for Managers.
- To support the organisation in developing an effective work/life balance for employees that meets the needs of the organisation.
- To ensure that the health and wellbeing of patients is at the centre of all activities and that all staff engage and communicate with patients as appropriate.
- To always promote quality and safety of patients, visitors and staff thus enabling the
 Trust to meet its regulation requirements (Care Quality Commission Registration –
 Regulations and Outcomes) that relate most directly to patients and strive for
 continuous quality improvement.

Equal Opportunities/Diversity

• To observe Oxford Health NHS Foundation Trust's Equal Opportunities Policy providing equality of treatment and opportunity to employees, service users and service providers irrespective of sex, sexuality, age, marital status, ethnic origin or disability.

Health & Safety

- To take responsibility for the health & safety of themselves and other persons who may be affected by their omissions or actions at work.
- To promote the Trust's Health and Safety Policy and ensure matters are managed in accordance with it.
- To co-operate with the Trust to ensure that statutory and departmental regulations are adhered to.
- Report accidents, incidents and near misses, implementing corrective action where necessary.

Infection Control

- To comply with Trust policies for infection control and hand hygiene such as hand hygiene, decontamination Policy, uniform and workwear code and standard precautions Policy to reduce the spread of healthcare-associated infections (HCAIs).
- Employees with clinical responsibilities must incorporate into their clinical activities up to

date evidence that supports safe infection control practices and procedures, such as the use of aseptic techniques and the safe disposal of sharps.

Confidentiality and Data Security

- To comply fully with the duties and responsibilities outlined the Trust's Information Governance Policy.
- To comply with the Data Protection Act 1998, NHS Confidentiality guidelines (eg. Caldicott, GMC) and any code of practice on Confidentiality and Data Protection as accepted by the Trust. Departmental codes of practice and procedures for confidentiality are available from the head of department.
- To ensure that all information collected, stored and used is done so in compliance with the above Act and any relevant Trust Policy.
- To preserve the confidentiality of any information regarding patients, staff records in your area (in connection with their employment) and the Trust business. This obligation shall continue in perpetuity.
- To raise any matters of concern with your Manager/Director

Safeguarding

- To recognise that promoting the welfare and safeguarding children, young people and adults is everyone's business and access training and supervision as appropriate to the role.
- To support the organisation in ensuring service users are protected from abuse or the risk of abuse and their human rights are respected and upheld.
- To ensure concerns are responded to appropriately in line with the Trust's Safeguarding Adults Policy and the Child Protection Policy and interagency safeguarding procedures.
- To comply with recruitment and other checks as requested by the organisation including undertaking an Enhanced Disclosure via the Criminal Records Bureau.

Other

- To be aware of and work in line with all Trust policies and procedures.
- To carry out any other tasks as reasonably directed.

BAND 6 Forensic Community Learning Disability Team

Profile	Essential	Desirable
Knowledge, Training and	 Degree/diploma in 	Post-qualifying education
Experience	Occupational Therapy.	relevant to health care
•	State registration with	services.
	HCPC.	Experience of supervision
	 Substantial amount of 	of staff including students.
	relevant post-qualifying	Experience of both in-
	experience in Learning	patient and community
	Disability in a secure	work.
	setting (minimum of two	 Experience of qualitative
	years in total).	and/or quantitative
	OT experience with	research.
	vulnerable and difficult	 Knowledge of the Criminal
	to engage adults	Justice system and
	particularly with	agencies associated with
	mentally disordered	potential risks
	offenders.	(MAPPA/MARM).
	Maintenance of	 Awareness or training in
	Continuing Professional	Sensory Integration (SI)
	Development in	Approaches.
	accordance with	 Knowledge of assistive
	HCPC/RCOT registration.	
	An ability to provide	equipment provision
	specialist OT advice in	
	relation to the care of	
	clients in this service and	
	to clarify the therapist	
	role in the team.	
	 Comprehensive 	
	knowledge and excellent	
	skills in the application	
	of therapy assessments,	
	interventions relevant to	
	the client group and	
	evaluation.	
	 Understanding of 	
	therapy outcome	
	measures.	
	 Knowledge of 	
	safeguarding practice	
	and procedures in	
	relation to vulnerable	
	adults and children	
	sufficient to comply with	
	legislation and	
	procedures as they	
	relate to working with	
	mentally disordered	
	offenders.	
	 Good working 	
	knowledge of the	

	Mental Health Act (1983)
	Mental Health Act (1983) and Code of Practice, the Mental Capacity Act (2005), NHS and Community Care Act and National Assistance Act. and other legislation, policies and guidance relevant to working with those with a diagnosis of Learning Disability and a forensic need. Good understanding of the criminal justice system and associated processes. Willingness to participate in reflective practice. A sound understanding of equal opportunity issues and relevant legislation, policies and procedures. Confidence to promote equal opportunities and anti-discriminatory practice in multi-
Communication & Relationship Skills	 An ability to engage with service users and carers who may be resistant to care. Experience and confidence in undertaking the role of social supervisor of conditionally discharged patients subject to Ministry of Justice restrictions. An ability to use empathy when dealing with a difficult to manage service user. Excellent skills in clear and concise report writing. Good level of other compatible communication skills. Group work skills and experience, or an interest in developing these in relation to working with service users and/or carers. Experience or interest in developing skills to lead or participate in leading appropriate practice-based workshops. Experience or interest in working with families. IT skills including knowledge and experience of a wide range of programmes used for data collection purposes.

	, , , , , , , , , , , , , , , , , , ,
	 Sophisticated interviewing and assessment skills. Proficient IT skills to enable use of electronic medical records and administration. Good understanding of appropriate information governance legislation and guidance including the Data Protection Act (1998) and Caldicott principles. Confidence in working as part of a multidisciplinary team. Excellent presentation skills to deliver reports to Mental Health Review Tribunals and other court settings. Demonstrated ability to maintain relationships external to the organisation, to interface with other agencies and participate in processes
Analytical & Judgment Skills	such as MAPPA. Excellent skills in Occupational assessment and formulation. Excellent skills in care planning and case management. Significant experience and competence in identifying and assessing risk in complex situations. Confidence to exercise autonomous professional judgement in accordance with the expectations of HCP registration and appropriate accountability including
	in the role of Appropriate Adult. • An understanding of the

		1
	disadvantages experienced by people with mental health problems in society. • An excellent capacity to manage sensitive information within appropriate boundaries of confidentiality in a risk management context.	
Planning and Organisational Skills	 An ability to plan and manage individual workload and client care. Ability to work independently as well as part of the team. 	 An ability to lead on specific topics which have an impact across the Trust. An ability to contribute an Occupational Therapy perspective in wider contexts such as clinical governance.
Responsibilities for Client Care	 An ability to plan, develop and participate in the delivery of care packages. Experience in contributing to inpatient care pathway planning in accordance with CPA. Confidence and ability to plan for provision of S.117 aftercare and promote timely discharge of inpatients. An ability to provide specialised advice in relation to the care of clients in this service. Experience of assessing the needs of carers. 	gzizinana
Other	 Willingness to carry out duties outside of ordinary office hours on an occasional basis. Ability to travel independently to different locations around the catchment area and occasionally further, for work purposes. 	