

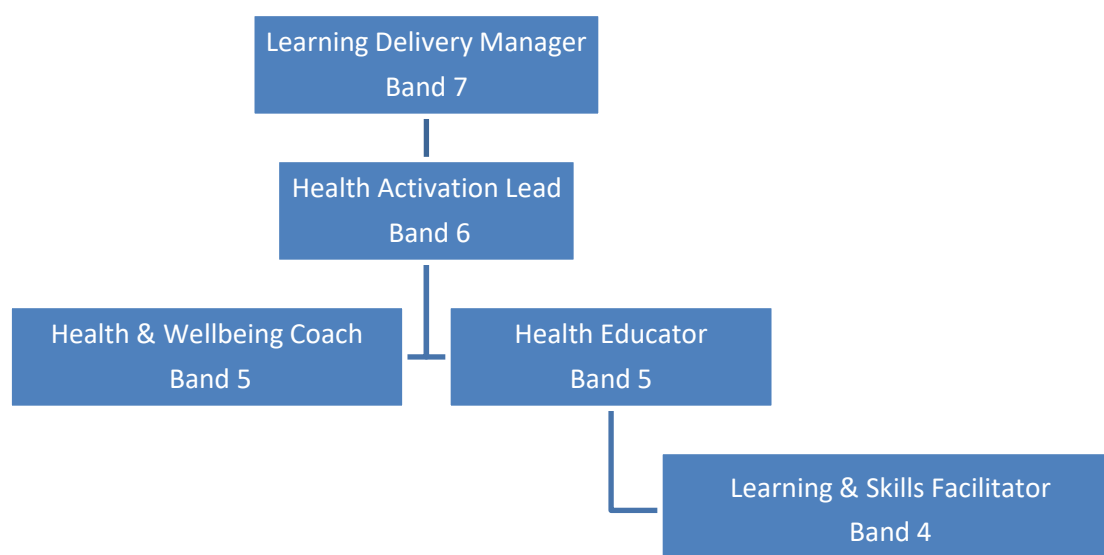
AFC Reference:	CORP/0712
Job Title:	Health Educator – Life Rooms
Band:	5
Division/Service:	Corporate
Accountable to:	Learning Delivery Manager
Responsible to:	Health Activation Lead

### Job Outcomes:

**As a result of the post-holder being effective in their role, The Trust would expect to see the following outcomes for the Trust, service users and the wider community:**

1. Mersey Care NHS Foundation Trust as a leading provider of community services, mental health care, physical health, addiction services and learning disability care.
2. Service users receiving a high-quality service and one which is free from stigma, discrimination and harm.
3. Staff engaged with the delivery, innovation and continuous improvement of services to benefit service users.
4. Visible and responsive leadership, setting the standard for others and role-modelled throughout the division for all managers.
5. The Trust values of Continuous Improvement, Accountability, Respectfulness, Enthusiasm and Support will be embedded across the division for all staff and evident to service users.

### ORGANISATIONAL CHART



## **JOB PURPOSE**

The role of the Health Educator is to deliver a range of accredited and non-accredited group courses as part of the Activation through Learning Model as part of the Learning Pillar, contributing to the implementation of The Life Rooms Social Model of Health. The Health Educator will support the design and provision of a health and wellbeing focussed curriculum to ensure a preventative approach in supporting mental and physical health, encouraging activation and aiming to improve population health.

The Health Educator will be part of a team of staff from a range of learning, education and health and wellbeing backgrounds in order to deliver an inclusive, culturally competent and responsive curriculum based on the needs of local communities to promote self-management and empower individuals to live healthier and happier lives.

## **PRINCIPAL RESPONSIBILITIES**

1. Design and deliver and evaluate non-accredited health and wellbeing courses as support health activation.
2. Deliver and evaluate accredited health and wellbeing courses to support health activation.
3. Follow all learning operational processes to ensure accurate monitoring and recording of service activity including enrolment, attendance, outcome measures, service user feedback, curriculum governance and content development.
4. Contribute towards the provision of a comprehensive curriculum utilising 80% of post holder capacity in face-to-face delivery.
5. To travel and facilitate in a range of Life Rooms' and peripatetic sites across a designated footprint.
6. Contribute to the maintenance of ongoing registration with accredited providers.
7. Awareness of and commitment to evidence-based practice to inform design and delivery. This may include educational theory, local and national initiatives and health and wellbeing priorities.
8. Ensure a fully differentiated curriculum and resources are available and delivered to enable participation and learning for people with a range of additional and/or specialist needs.
9. Be responsible for the application of differentiation methods to ensure an equitable learning offer that is inclusive of a range of learning needs and styles.
10. Ensure culturally appropriate and diverse materials and tailored delivery that are accessible to a range of communities.
11. To provide oversight of service journey through a stepped approach to learning to ensure service users are accessing a suitable learning level to meet their needs.
12. Maintain a focus to support service users to increase independence in engaging with community assets through establishing transition pathways and self management approaches.
13. Have an awareness of community assets and support service users to access appropriately, liaising with partners where necessary to facilitate engagement or transition.
14. Collect service activity data and outcome measures that contribute towards evidencing the impact of interventions.
15. Collate and present service activity data and outcome measures that contribute towards evaluation, quality and performance processes.
16. To monitor, promote and sustain service user engagement through proactive communications and positive relationship building to support attendance and completion rates.

17. To participate in Quality Improvement projects under the guidance of The Learning Delivery Manager and Quality Improvement Partner.
18. To follow and uphold governance procedures within the service.
19. Facilitate co-production processes within the activation through learning model to ensure the curriculum is based on identified, emerging and informed need.
20. To provide appropriate support to individuals experiencing mental and emotional distress or presenting with challenging behaviour, whilst maintaining professional boundaries.
21. To follow and implement safeguarding policy where required, reporting incidents through the Trust's Incident Reporting system.
22. To support staff within line management structure when dealing with a safeguarding concern or issue.
23. To provide leadership to staff within the line management structure.
24. To adhere to line management and supervision process including HR and staff development.
25. To support with recruitment processes within the learning team.

#### **Generic Responsibilities for all staff:**

All post holders will agree to:

- Commit to the vision of supporting Mersey Care in becoming a leading organisation in the provision of community services, mental health care, addiction services and learning disability care, and in doing so fully utilise their skills and experience to support the objectives of the Trust.
- Role model the values of the Trust – Continuous Improvement, Accountability, Respectfulness, Enthusiasm and Support– in all activities and interactions with employees, service users and other stakeholders
- Challenge the stigma associated with mental health and learning difficulties.
- Comply with the Duty of Candour, defined by Francis as: 'The volunteering of all relevant information to persons who have or may have been harmed by the provision of services, whether or not the information has been requested and whether or not a complaint or a report about that provision has been made.'
- Work across professional and organisational boundaries to improve services for all.
- Maintain their specific knowledge base and develop new skills.
- Value the contribution of the patient/ service user voice.
- Operate within any organisational codes of practice or those from a relevant professional body.
- Respect equality and diversity across all areas of working practice and communications with staff, service users and other stakeholders.
- Take responsibility for the accurate and timely collection and recording of data and ensuring all personally identifiable information is protected and used only for the purposes for which it was intended.
- Comply with all health and safety legislation and local policies and procedures.
- Adhere to all organisational policies.
- Have knowledge and understanding of technology in the workplace which is sufficient to maintain their efficiency and also how technology can empower service users in a digital environment.

- Comply with the NHS Constitution in relation to the staff responsibilities that it sets out for NHS employees.
- Attend a one day Just and Learning & Civility and Respect training workshop.
- Be an ambassador for Just & Learning and Civility & Respect following the training.
- Positively advocate the just and learning culture within your team.
- Be a confident supporter and implementer of the Trust CARES Values including Civility & Respect within your team.
- Support their team/services to create a positive environment for Just and Learning Culture.
- Participate in Just and Learning Culture events.
- Bring Just and Learning Culture updates/information to the attention of team members and other MCT colleagues they work with.
- Support and encourage the sharing of concerns about the safety and quality of care with senior leaders with the aim of improving safety and quality.
- Actively participate in creating an open culture within your team so that concerns and difficulties can be discussed safely and respectfully.
- Speaking up in the event that they are exposed to incivility between colleagues in the workplace #iwillspeakup.
- Listening and understanding others who have concerns and taking a collaborative approach to work towards a solution to improve civility and respect.

This job description is intended as an outline indicator of general areas of activity and will be reviewed in light of the changing needs of the Trust in consultation with the postholder.

**PERSON SPECIFICATION**

	<b>ESSENTIAL</b>	<b>DESIRABLE</b>
<b>QUALIFICATIONS:</b>	<ul style="list-style-type: none"> <li>• Educated to degree level in health or education subject</li> <li>• Willingness to undertake training related to delivering all elements of accredited courses</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health First Aid accredited</li> </ul>
<b>KNOWLEDGE/ EXPERIENCE:</b>	<ul style="list-style-type: none"> <li>• An understanding of the social determinants of health and how they impact activation, health and wellbeing</li> <li>• Understanding of the Social Model of Health</li> <li>• Knowledge of educational models and learning theories and their application to practice</li> <li>• Knowledge of differentiation and a range of learning styles and their application to practice</li> <li>• An understanding of the impact of mental health conditions on an individuals' activation and behaviour</li> <li>• Understanding of principles of behaviour change</li> <li>• Experience of designing and delivering health and wellbeing focused courses</li> <li>• Experience of working with people presenting with mental and physical health conditions, learning disabilities and those in emotional distress</li> <li>• Experience of utilising outcome measures to demonstrate impact</li> <li>• Knowledge of community assets within local areas to support self management</li> <li>• Knowledge of safeguarding processes</li> <li>• Knowledge and experience of line management processes</li> </ul>	<ul style="list-style-type: none"> <li>• Awareness of local and national initiatives relating to mental and physical health and wellbeing</li> <li>• Awareness of the prevention agenda and it's application to practice</li> <li>• Experience of delivering accredited courses</li> </ul>
<b>VALUES:</b>	<ul style="list-style-type: none"> <li>• Continuous Improvement</li> <li>• Accountability</li> <li>• Respectfulness</li> <li>• Enthusiasm</li> <li>• Support</li> </ul>	

	<ul style="list-style-type: none"> <li>• High professional standards</li> <li>• Responsive to service users</li> <li>• Engaging leadership style</li> <li>• Strong customer service belief</li> <li>• Transparency and honesty</li> <li>• Discreet</li> <li>• Change oriented</li> </ul>	
<b>SKILLS:</b>	<ul style="list-style-type: none"> <li>• Data collection</li> <li>• Fully literate in IT Systems and Microsoft programmes</li> <li>• Authoring and presenting reports</li> <li>• Delivery and Facilitation of Health and Wellbeing interventions</li> <li>• Group facilitation skills</li> <li>• Communication Skills</li> <li>• De-escalation Skills</li> <li>• Active listening</li> <li>• Supervision and coaching approaches</li> <li>• Ability to support people presenting in emotional or mental distress</li> <li>• Ability to work across a designated geographical area</li> <li>• Time management</li> <li>• Organisation</li> <li>• Ability to communicate both verbally and non-verbally to a range of audiences, adapting communication style where required</li> <li>• Design and adapting resources to ensure accessibility</li> </ul>	<ul style="list-style-type: none"> <li>• Use of Electronic Referral Systems/ Electronic Patient Record</li> </ul>