

Volunteering Role Outline

Inpatient Activity Assistant

Aim

To enhance the service user experience by providing assistance to staff to design, plan and deliver therapeutic and social activities.

Volunteer responsible to: Ward/unit manager

Supervision will be offered: Regularly **by:** Designated supervisor

Disclosure & Barring Service level required: Enhanced with Adult Barred List

What you will be required to do:

- Support the therapy team to plan and deliver activities on the weekly timetable.
- Encourage and support service users to participate in a range of therapeutic and social activities.
- Provide support and encouragement to individuals who find it difficult to engage in activities.
- Provide assistance to the Therapy Team to ensure that activity resources are utilised and stored appropriately.
- Undertake Core and Essential Skills Training (CEST) and any other training relevant to the role.

Main skills and attributes required:

- Good communication skills.
- Ability to effectively engage with service users, carers and staff.
- Punctuality and reliability.

Training required (in addition to Core & Essential Skills Training):

- Managing Violence and Aggression (MVA) level 2/3 - Promoting Safer and Therapeutic Services (PSTS).
- PREVENT
- Training identified through supervision.

For the health and safety of yourself and others, you will be required to observe the following protocols:

- Working within agreed boundaries.
- Adhere to ward/unit protocols regarding access, personal safety, alarms etc.
- Maintain confidentiality at all times.
- Report any concerns promptly to your supervisor or person in charge. If you feel unable to do this then contact your volunteer coordinator.

If you have any thoughts or suggestions about how our services operate, we are keen to hear them. Please discuss them with your Supervisor.

The Trust values its volunteers and thanks you for your time and support.