

CAJE Reference 2019.0161 – Clinical Psychologist Child Psychology JD

**CHILD PSYCHOLOGY  
CLINICAL PSYCHOLOGIST  
JOB DESCRIPTION**

**JOB DETAILS:**

|   |                                    |
|---|------------------------------------|
| <b>Job Title</b>                            | Clinical Psychologist              |
| <b>Pay Band</b>                             | 7                                  |
| <b>Hours of Work and Nature of Contract</b> | To be completed on recruitment     |
| <b>Division/Directorate</b>                 | Children & Young People's Services |
| <b>Department</b>                           | To be completed on recruitment     |
| <b>Base</b>                                 | To be completed on recruitment     |

**ORGANISATIONAL ARRANGEMENTS:**

|                                       |   |
|---------------------------------------|---|
| <b>Managerially Accountable to:</b>   | Team Lead/Clinical Service Manager                              |
| <b>Reports to: Name Line Manager</b>  | To be completed on recruitment                                  |
| <b>Professionally Responsible to:</b> | Senior Clinical Psychologist or Principal Clinical Psychologist |

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| <b>Job Summary/Job Purpose:</b><br>To provide a specialised clinical psychology service to clients of the sector, providing specialised psychological assessment and therapy to clients. |
| To work autonomously in accordance with the British Psychological Society Code of Conduct, Ethical Principles and Guidelines 2004, and Health and Care Professions Council.              |
| To implement and propose policy changes within the team.   |
| To advise service and professional management on aspects of the service related to the team where psychological and/or organisational matters need addressing.                           |
| To provide professional and clinical supervision for designated staff, as appropriate.   |

To contribute to the training of trainee clinical psychologists and the training of other professionals.

To utilise research skills for audit, policy and service development, and research.

To act as a panel member in the recruitment of designated staff, as appropriate.

**DUTIES/RESPONSIBILITIES:**

**1 Clinical**

- 1.1 To exercise autonomous professional responsibility and be legally responsible and accountable for all aspects of professional practice, being guided by principles and broad occupational policies.
- 1.2 To provide specialised psychological assessments of clients referred to the team, based upon the appropriate analysis, interpretation and integration of data from a wide variety of sources.
- 1.3 To analyse, interpret and integrate complex assessment information where the data are often conflicting and incomplete.
- 1.4 To formulate plans for formal psychological therapy based on a number of provisional hypotheses derived from psychological theory and evidence based practice.
- 1.5 To be responsible for implementing a range of psychological interventions for individuals, carers, families and groups.
- 1.6 To adjust and refine psychological formulations and therapy options based on continual re-assessment of clients during therapy, monitoring and evaluating progress during the course of both uni- and multi-disciplinary care, in order to maximise the effectiveness of therapeutic interventions.
- 1.7 To be available to multi-disciplinary team colleagues for the provision of psychological advice and consultation on clinical practice.
- 1.8 To undertake risk assessment and risk management for individual clients and to provide case-related advice to other professionals on psychological aspects of risk assessment and management.
- 1.9 In highly sensitive clinical situations, to communicate, in a skilled and persuasive manner, complicated information about assessment, formulation and therapy plans with clients who may be confrontational, have major communication difficulties or be difficult to engage and maintain in therapy.

1.10 In consultation with manager(s), to develop and maintain the highest standards of professional practice, through active participation in internal and external CPD training and development programmes.

1.11 To contribute to the development and articulation of best practice in psychology within the team, by continuing to develop the skills of a reflexive and reflective scientist practitioner, taking part in regular professional supervision and appraisal and maintaining an active engagement with current developments in the field of clinical psychology and related disciplines.

1.12 To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health.

## **2 Service Management and Development**

2.1 To implement policies and procedures within the team.

2.2 To propose changes to team working practices in order to improve service quality.

2.3 To make suggestions to service management on aspects of the service related to the team where psychological and/or organisational matters need addressing.

2.4 To act as a panel member in the short-listing and interviewing of assistant and graduate psychologists within the team, and other professional staff, as appropriate.

## **3 Teaching, Training and Supervision**

3.1 To receive regular clinical, professional and managerial supervision and undertake appropriate Continuing Professional Development.

3.2 To provide clinical and professional supervision for assistant and graduate psychologists within the team, as appropriate.

3.3 To continue to gain post-qualification experience and skills relevant to clinical psychology and/or the service.

3.4 To contribute as appropriate to the supervision of individual cases for trainee clinical psychologists.

3.5 To develop and provide pre- and post- qualification teaching of clinical psychology, as appropriate.

3.6 To provide training to staff across a range of settings and agencies, where appropriate.

## **4 Research and Development Activity**

4.1 To undertake audit and service evaluation, with colleagues within the service, to help develop service provision.

4.2 To maintain specialised skills in the critical appraisal of relevant research literature, for the purposes of adhering to, and developing, evidence based practice.

4.3 To undertake appropriate research within the team.

4.4 To provide research advice to other staff undertaking research within the team.

**5 Finance and Physical Resources**

5.1 To observe a personal duty of care in relation to equipment and resources supplied by the Health Board.

**6 Information Resources**

6.1 To make appropriate notes of clinical sessions and accurately record and analyse observational data, psychological test results and research findings.

6.2 To use the computer as necessary for clinical work, including literature searches, word processing, developing and maintaining training packs, information leaflets, inputting data, e-mailing, report writing and other tasks for the efficient running of the service.

6.3 To provide the post-holders' line manager with an adequate data set of personal clinical activity and timesheet or other work record.

**SEICOLEG PLANT**  
**SEICOLEGYDD CLINIGOL**  
**DISGRIFIAD SWYDD**

**MANYLION Y SWYDD:**

|  |                                |
|--|--------------------------------|
| <b>Teitl y Swydd</b>                   | Seicolegydd Clinigol           |
| <b>Band Cyflog</b>                     | 7                              |
| <b>Oriau Gwaith a Natur y Contract</b> | I'w gwblhau wrth recriwtio     |
| <b>Uwch Adran/Cyfarwyddiaeth</b>       | Gwasanaeth Plant a Phobl Ifanc |
| <b>Adran</b>                           | I'w gwblhau wrth recriwtio     |
| <b>Canolfan Gweithio</b>               | I'w gwblhau wrth recriwtio     |

**TREFNIADAU'R SEFYDLIAD:**

|   |   |
|---|---|
| <b>Yn atebol ar lefel reolaethol i:</b>     | Arweinydd Tîm / Rheolwr Gwasanaeth Clinigol             |
| <b>Yn adrodd i: Enw'r Rheolwr Llinell</b>   | I'w gwblhau wrth recriwtio                              |
| <b>Yn gyfrifol ar lefel broffesiynol i:</b> | Uwch Seicolegydd Clinigol neu Brif Seicolegydd Clinigol |

**Crynodeb/Pwrpas y swydd:**

Darparu gwasanaeth seicoleg glinigol arbenigol iawn i gleientiaid y sector, gan ddarparu asesiad seicolegol arbenigol a therapi i gleientiaid.

Gweithio'n unigol ac yn unol â chod ymarfer, egwyddorion moesegol a chanllawiau 2004 y Gymdeithas Seicolegol Brydeinig a Chyngor Galwedigaeth Iechyd a Gofal..

Gweithredu a chynnig newidiadau polisi yn y tîm.

Cyngori rheolwyr y gwasanaeth a rheolwyr proffesiynol ynghylch agweddau ar y gwasanaeth sy'n ymwneud â'r tîm lle mae angen mynd i'r afael â materion seicolegol a/neu sefydliadol.

Cynnig goruchwyliaeth broffesiynol a chlinigol i staff dynodedig, fel bo'n briodol.

Cyfrannu at hyfforddi seicolegwyr clinigol dan hyfforddiant ac at hyfforddiant gweithwyr proffesiynol eraill.

Defnyddio sgiliau ymchwil ar gyfer archwilio, datblygu polisi a gwasanaethau, ac ymchwil.

Gweithredu fel aelod o banel wrth recriwtio staff dynodedig, fel bo'n briodol.

### **DYLETSWYDDAU A CHYFRIFOLDEAU:**

|      |   |
|------|---|
| 2    | CLINIGOL  |
| 2.5  | Ymarfer cyfrifoldeb proffesiynol annibynnol a bod yn gyfreithiol gyfrifol ac atebol o ran pob agwedd ar arfer proffesiynol, cael eich arwain gan egwyddorion a pholisiau galwedigaethol eang.   |
| 2.6  | Cynnal asesiadau seicolegol arbenigol o gleientiaid sy'n cael eu cyfeirio at y tîm, wedi'u seilio ar y dadansoddi, dehongli ac integreiddio data yn briodol o ystod eang o ffynonellau.   |
| 2.7  | Dadansoddi, dehongli ac integreiddio gwybodaeth asesu gymhleth lle mae'r data yn aml yn wrthdrawiadol ac yn anghyflawn  |
| 2.8  | Llunio cynlluniau ar gyfer therapi seicolegol ffurfiol, yn seiliedig ar sawl rhagdybiaeth dros dro sy'n deillio o theori seicolegol ac arferion a seiliwyd ar dystiolaeth   |
| 2.9  | Yn gyfrifol am roi ystod o ymyraethau seicolegol ar waith i unigolion, gofalwyr, teuluoedd a grwpiau.   |
| 2.10 | Addasu a mireinio fformwleiddiadau seicolegol ac opsiynau therapi ar sail ailasesiad parhaus cleientiaid yn ystod therapi, monitro a gwerthuso cynnydd yn ystod gofal un ddisgyblaeth ac amlddisgyblaethol, er mwyn cynyddu effeithiolrwydd ymyriadau therapiwtig gymaint â phosibl           |
| 2.11 | Bod ar gael i gydweithwyr tîm amlddisgyblaethol ar gyfer darparu ymgynghori a chyngor seicolegol ar ymarfer clinigol  |
| 2.12 | Ymgymryd ag asesu risg a rheoli risg ar gyfer cleientiaid unigol a rhoi cyngor sy'n ymwneud ag achosion i weithwyr proffesiynol eraill ar agweddau seicolegol ar asesu a rheoli risg  |
| 2.13 | Mewn sefyllfaoedd clinigol sensitif iawn, cyfleo gwybodaeth gymhleth am asesiadau, fformwleiddio a chynlluniau therapi, mewn modd galluog a darbwylol, â chleientiaid a all fod yn wrthdrawiadol, ag anawsterau cyfathrebu difrifol neu fod yn anodd ymgysylltu â nhw a'u cynnal mewn therapi |
| 2.14 | Gan ymgynghori â rheolwr/rheolwyr, datblygu a chynnal y safonau uchaf o ran arfer proffesiynol, trwy gymryd rhan mewn rhagleni hyfforddi a datblygu DPP mewnol ac allanol.  |

- 2.15 Cyfrannu at ddatblygu a diffinio arfer gorau mewn seicoleg yn y tîm trwy barhau i ddatblygu sgiliau ymarferydd gwyddonol ymatblyg a myfyriol, gan gyfrannu at oruchwyllo ac arfarnu proffesiynol rheolaidd ac aros yn ymwybodol â'r datblygiadau diweddaraf ym maes seicoleg glinigol a disgylblaethau cysylltiedig.
- 2.16 Sicrhau bod gwybodaeth am ddeddfwriaeth, polisiau cenedlaethol a lleol a materion mewn perthynas â'r grŵp cleientiaid penodol ac iechyd meddwl yn cael ei chadw'n gyfredol.

### **3 Rheoli a Datblygu Gwasanaeth**

- 3.1 Rhoi polisiau a gweithdrefnau ar waith o fewn y tîm
- 3.2 Awgrymu newidiadau i arferion gwaith y tîm er mwyn gwella ansawdd gwasanaethau
- 3.3 Gwneud awgrymiadau i reolwyr y gwasanaeth ar agweddau'r gwasanaeth sy'n ymwneud â'r tîm lle bo angen mynd i'r afael â materion seicolegol a/neu sefydliadol.
- 3.4 Gweithredu fel aelod o'r panel wrth lunio rhestr fer a chyfweld seicolegwyr cynorthwyol a graddedig yn y tîm, a staff nad ydynt yn rhan o'r sector, fel bo'n briodol.

### **3 Addysgu, Hyfforddiant a Goruchwyliaeth**

- 3.1 Derbyn goruchwyliaeth glinigol, broffesiynol a rheolaethol rheolaidd ac ymgymryd â Datblygiad Proffesiynol Parhaus priodol
- 3.2 Darparu goruchwyliaeth glinigol a phroffesiynol i seicolegwyr cynorthwyol a graddedigion yn y tîm, fel bo'n briodol.
- 3.3 Parhau i ennill profiad ôl-gymhwysol a sgiliau sy'n berthnasol i seicoleg glinigol a/neu'r gwasanaeth.
- 3.4 Cyfrannu fel bo'n briodol at oruchwyllo achosion unigol i seicolegwyr clinigol dan hyfforddiant
- 3.5 Datblygu a darparu addysgu cyn- ac ôl-raddedig seicoleg glinigol, fel bo'n briodol.
- 3.6 Darparu hyfforddiant ar gyfer staff ar draws amrywiaeth o leoliadau ac asiantaethau, lle bo'n briodol.

### **4 Gweithgarwch ymchwil a datblygiad**

- 4.1 Cymryd rhan mewn archwiliad a gwerthuso gwasanaeth, gyda chydweithwyr yn y gwasanaeth, er mwyn helpu datblygu'r ddarpariaeth
- 4.2 Cynnal sgiliau arbenigol wrth werthuso llenyddiaeth ymchwil briodol yn feirniadol, at ddibenion cadw at arferion yn seiliedig ar dystiolaeth a'u datblygu
- 4.3 Ymgymryd ag ymchwil priodol yn y tîm.

4.4 Rhoi cyngor ymchwil i staff eraill sy'n ymgymryd ag ymchwil yn y tîm.

## **5 Adnoddau Ariannol a Ffisegol**

5.1 Arsylwi dyletswydd bersonol o ofal o ran cyfarpar ac adnoddau a gyflenwir gan y Bwrdd Iechyd.

## **6 Gwybodaeth ac Adnoddau**

6.1 Gwneud nodiadau priodol yn ymwneud â sesiynau clinigol a chofnodi data arsylwadau, canlyniadau profion seicolegol a chanfyddiadau ymchwil a'u dadansoddi.

6.2 Defnyddio'r cyfrifiadur yn ôl yr angen ar gyfer gwaith clinigol, gan gynnwys chwilio am lenyddiaeth, prosesu geiriau, datblygu a chynnal pecynnau hyfforddiant, taflenni gwybodaeth, mewnbrynnu data, anfon negeseuon e-bost, llunio adroddiadau a thasgau eraill yn ymwneud â gweithrediad effeithlon y gwasanaeth.

6.3 Darparu set data digonol o weithgarwch clinigol a ffurflenni amser neu gofnod gwaith arall ar gyfer rheolwr llinell deilydd y swydd.