



JOB DESCRIPTION

Oxford Health NHS FT

Job Title: Assistant/Trainee Child and Adolescent Psychotherapist (CAMHS)

Band: Band 6

Responsible to: Clinical Team Manager

Responsible for:

Accountable to: Senior Child Psychotherapist/Consultant Child Psychotherapist
Team Manager

Place of Work

Hours: 1.0 FTE (37 hours per week)
0.8 FTE – Clinical Role/Study
0.2 FTE – Training School

Author:

Creation Date:

Last Updated:

Version: 1

JOB SUMMARY

This post is a Health Education England Child and Adolescent Psychotherapist funded post for a Child and Adolescent Psychotherapist in training accepted by an ACP recognised training school with a fixed term training contract of 4 years (years 3-6 of the training programme). The post is full-time and consists of 0.8 sessions with the CAMHS Team and 0.2 sessions at the training school. The trainee will be based in CAMHS for the duration of their training.

The role is to undertake a range of clinical work under supervision whilst undertaking training at an ACP registered training school. The post holder will offer advice and consultancy to colleagues.

DUTIES AND RESPONSIBILITIES

Clinical

1. Under supervision to provide specialist child psychotherapy assessments of clients referred to the team based upon the appropriate use, interpretation and integration of complex data from a variety of sources including psychological self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care.
2. To implement appropriate child psychotherapeutic interventions for individuals, carers, families and groups, adjusting and refining formulations drawing upon different explanatory models and maintaining a number of provisional hypotheses.
3. To evaluate and make decisions under supervision about treatment options considering both theoretical and therapeutic models and complex factors concerning historical and developmental processes that have shaped the individual, family or group.
4. To be responsible and accountable for the assessment, treatment and discharge of clients whose problems are managed by child psychotherapy based standard care plans.
5. To provide specialist child psychotherapeutic advice, guidance and consultation to other professionals contributing directly to clients' formulation, diagnosis and treatment plan. (Year 3-6)
6. To undertake risk assessments and risk management for individual clients and to provide advice to other professions on aspects of risk assessment and risk management from a child psychotherapy perspective
7. To act as care coordinator under supervision (Year 5-6), taking responsibility for initiating planning and review of care plans including clients, their carers, referring agents and others involved in the network of care.
8. To communicate in a skilled and sensitive manner, information concerning the assessment, formulation and treatment plans of clients under their care and to monitor progress during the course of both uni and multi-disciplinary care.
9. To take part in the duty rota for emergency assessments as agreed with the team manager. (Year 6)

Teaching, Training and Supervision

1. To receive regular weekly clinical professional supervision from a senior Child psychotherapist.
2. To gain additional specialist experience and skills relevant to child psychotherapy and the service as agreed with professional lead / team manager.
3. To contribute to the pre- and post-qualification teaching of child psychotherapy, as appropriate and agreed with professional lead / team manager (Year 6).

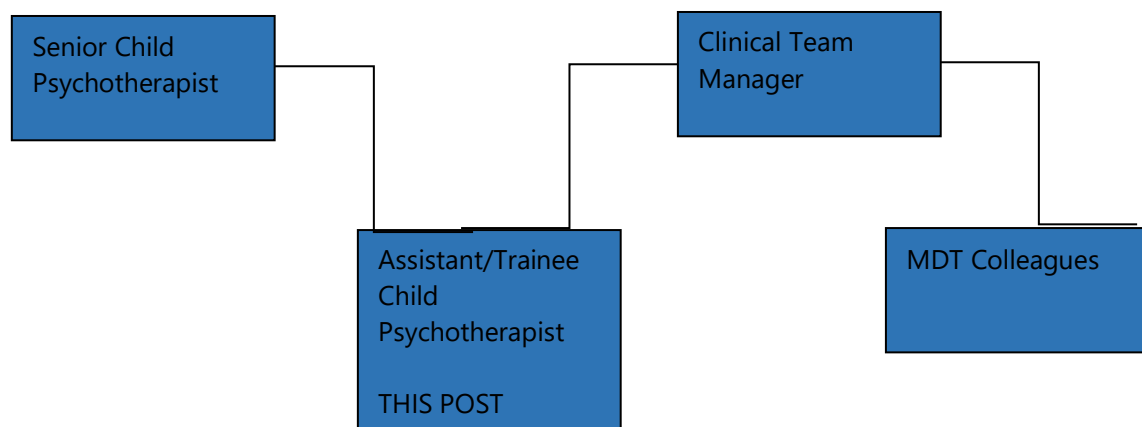
Research and Service Evaluation

1. To utilise theory, evidence-based literature and research to support evidence-based practice in individual work and work with other team members.

General and Professional

1. To contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes, in consultation with the post holder's professional and service manager(s).
2. To contribute to the development and articulation of best practice in child psychotherapy across the service, by continuing to develop the skills of a reflexive and reflective practitioner, taking part in regular professional supervision and appraisal and maintaining an active engagement with current developments in the field of child psychotherapy.
3. To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health

STRUCTURE CHART



CODE OF CONDUCT

All staff are required to work in accordance with their professional group's code of conduct (e.g. NMC, GMC, DoH Code of Conduct for Senior Managers).

This job description is intended as a basic guide to the scope and responsibilities of the post and is not exhaustive. It will be subject to regular review and amendment as necessary in consultation with the post holder.

In addition to undertaking the duties as outlined above, the post-holder will be expected to fully adhere to the following:

Personal Development

- To actively participate in an annual performance review (appraisal) and the development and implementation of a personal development plan.
- To take responsibility for their own professional development ensuring professional standards are maintained and statutory and mandatory training is in date.
- To attend any training as requested.

Code of Conduct

- To adhere to the Professional Code of Conduct relating to your profession (if applicable).
- To uphold the principles and values set out in the NHS Code of Conduct for Managers.
- To support the organisation in developing an effective work/life balance for employees that meets the needs of the organisation.
- To ensure that the health and wellbeing of patients is at the centre of all activities and that all staff engage and communicate with patients as appropriate.
- To always promote quality and safety of patients, visitors and staff thus enabling the Trust to meet its regulation requirements (Care Quality Commission Registration – Regulations and Outcomes) that relate most directly to patients and also strive for continuous quality improvement.

Equal Opportunities/Diversity

- To observe Oxford Health NHS Foundation Trust's Equal Opportunities Policy providing equality of treatment and opportunity to employees, service users and service providers irrespective of sex, sexuality, age, marital status, ethnic origin or disability.

Health & Safety

- To take responsibility for the health & safety of themselves and other persons who may be affected by their omissions or actions at work.
- To promote the Trust's Health and Safety Policy and ensure matters are managed in accordance with it.
- To co-operate with the Trust to ensure that statutory and departmental regulations are adhered to.
- Report accidents, incidents and near misses, implementing corrective action where necessary.

Infection Control

- To comply with Trust policies for infection control and hand hygiene such as hand hygiene, decontamination Policy, uniform and workwear code and standard precautions Policy to reduce the spread of healthcare-associated infections (HCAIs).
- Employees with clinical responsibilities must incorporate into their clinical activities up to

date evidence that supports safe infection control practices and procedures, such as the use of aseptic techniques and the safe disposal of sharps.

Confidentiality and Data Security

- To comply fully with the duties and responsibilities outlined the Trust's Information Governance Policy.
- To comply with the Data Protection Act 1998, NHS Confidentiality guidelines (e.g. Caldicott, GMC) and any code of practice on Confidentiality and Data Protection as accepted by the Trust. Departmental codes of practice and procedures for confidentiality are available from the head of department.
- To ensure that all information collected, stored and used is done so in compliance with the above Act and any relevant Trust Policy.
- To preserve the confidentiality of any information regarding patients, staff records in your area (in connection with their employment) and the Trust business. This obligation shall continue in perpetuity.
- To raise any matters of concern with your Manager/Director

Safeguarding

- To recognise that promoting the welfare and safeguarding children, young people and adults is everyone's business and access training and supervision as appropriate to the role.
- To support the organisation in ensuring service users are protected from abuse or the risk of abuse and their human rights are respected and upheld.
- To ensure concerns are responded to appropriately in line with the Trust's Safeguarding Adults Policy and the Child Protection Policy and interagency safeguarding procedures.
- To comply with recruitment and other checks as requested by the organisation including undertaking an Enhanced Disclosure via the Criminal Records Bureau.

Other

- To be aware of and work in line with all Trust policies and procedures.
- To carry out any other tasks as reasonably directed.

PERSON SPECIFICATION

Band: 6		
Criteria for Selection	Essential Requirements	Desirable Requirements
Knowledge Requirements	Knowledge and application of Child Psychotherapist interventions relevant to client group.	<p>Knowledge of mental health legislation and current practice.</p> <p>Knowledge and application of standardised assessments and outcome measures.</p>
Qualifications – Academic/Skills/Professional	Undertaking an ACP recognised pre-clinical Child Psychotherapy training and already in year 1 of an ACP recognised pre-clinical training before commencing with the intent to do the full four-year clinical training once the pre-clinical training has been completed.	Post-graduate Mental Health Diploma or higher degree.
Further Training or Job Related Aptitude and Skills	<p>Participation in teaching or training.</p> <p>Ability to reflect and critically appraise own performance. Good written and verbal communication.</p> <p>Commitment to client-centred non-discriminatory practice.</p> <p>Commitment to life-long learning.</p> <p>Confident with IT and good Computer skills.</p>	
Experience	Experience of working with children, young people and families using a therapeutic approach.	<p>Experience of individual therapeutic work with children and young people.</p> <p>Experience of working with diverse communities and within a multicultural setting.</p>

Personal Qualities	<p>Ability to work within a team and foster good working relationships.</p> <p>Ability to communicate/listen formally and informally, verbally and in writing.</p> <p>Confident and articulate.</p> <p>Ability to reflect on own practice and willingness to be involved in supervision.</p> <p>Flexibility and resourcefulness in coping under pressure and with conflicting demands.</p> <p>Time management skills.</p> <p>High level of enthusiasm and motivation</p> <p>Commitment to safeguarding and promoting the welfare of children, young people and vulnerable adults.</p>	
Contractual Requirements or other requirements	<p>Car driver with ability and willingness to travel to locations throughout the organisation or arrange alternative travel.</p> <p>Able to work flexible working hours and to make arrangements to attend supervision.</p>	