

ROLE DESCRIPTOR

<u>JOB TITLE:</u>	Clinical Lead
<u>GRADE:</u>	Band 7
<u>DEPARTMENT:</u>	Regional Affective Disorders Service
<u>LOCATION:</u>	Gibside Ward, SNH and RADS Outpatients, CAV
<u>RESPONSIBLE TO:</u>	Clinical Manager
<u>ACCOUNTABLE TO</u>	Associate Director for Neuro and Specialist CBU

SERVICE OVERVIEW:

The Regional Affective Disorders Service (RADS) is one of a limited number of specialist/tertiary level affective disorder services in the UK providing both out-patient and in-patient care for patients with difficult to treat mood disorders.

RADS is based in Newcastle upon Tyne and provides care for patients living in the North East of England, over the age of 18, with complex and/or treatment refractory affective disorders and other treatment refractory conditions complicated by an affective component. Patients from out of the commissioning area are able to be seen by the service, with local funding agreed with the referring NHS trust.

RADS outpatient service is based in the Wolfson Building at the Centre for Aging and Vitality and provides specialist outpatient assessment and comprehensive treatment programmes/recommendations. The service comprises of psychiatry, nursing and psychology professionals, who are highly skilled and experienced in the management of mood disorders.

Gibside ward is the inpatient facility of RADS, a 10 bedded unit nursing both male and female patients. The ward team provide specialist inpatient interventions for people who it is not possible to support in the community. These patients usually have highly complex presentations and/or complex drug regimes, that often fall outside usual prescribing guidelines.

ROLE OVERVIEW:

- To work with medical colleagues to actively manage the RADS inpatient pathway by offering specialist outreach assessments for patients in inpatient settings.
- To develop care pathways within the service to optimise the use of the available therapeutic interventions and to embrace future novel treatments as they arise.

- To provide enhanced clinical leadership on the inpatient ward by offering specialised ad hoc, group and 1:1 supervision as required.
- To ensure high clinical standards of quality and safe, effective care are provided in the inpatient and outpatient setting, through audit, service evaluation and incident learning/reflection.
- To provide expert nursing advice and clinical management of patients with complex mood disorders.
- To provide operational management of the RADS Outpatient Service and deputise for the inpatient ward manager as required.

DEFINING SKILL SET

Please read this in conjunction with the main job description. This is not intended to replace the personal specification but specify skills required in relation to this position.

The following should be considered essential:

- Significant experience working with complex and treatment resistant mood disorders, including complex treatment packages and management of highly specialist medication regimes.
- Understanding of specialist and novel treatments used in complex mood disorders, such as eskatamine, Transcranial Magnetic Stimulation (TMS) and Vagus Nerve Stimulation (VNS).
- Understanding of the care pathways applicable to the service.
- Operational experience in managing staff (e.g. disciplinary, sickness, etc,) and resources (e.g. finance, service development, etc.).

For further information contact: Heather Common, Clinical Manager
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