

Job Description

Post Title: Clozapine and Physical Health Nurse

Department: Core Community Services

Location: PAN localities

Directorate: Planned Care – Adult Mental Health

Band: 5

Hours: 37.5

Contract Type: Permanent

Responsible to: Clozapine and Physical Health Team Manager

Job Purpose

- To provide support, advice, care management and structured interventions to service users who present with physical health issues secondary to severe and enduring mental health problems within a team based approach.
- To provide a high standard of delivery of care within the Physical Health and Clozapine Clinics including the monitoring of patients on Lithium and High dose antipsychotics
- To work under supervision of a Senior Nurse, as a professional member of the nursing team within the Core Community Service setting.
- The post holder is responsible for the assessment of care needs development, implementation and evaluation of programmes of care and will be required to teach nursing and non-nursing staff including basic and post basic students.



- The post holder will assist the Clozapine and Physical Health Team Manager in developing and maintaining the quality of the department, including monitoring high standards of client care and developing areas of clinical excellence / best practice and a therapeutic & caring culture.
- To support the service in developing partnership working and physical health care pathways in order to improve the health of service users and the knowledge of carers/relatives as appropriate.

Main Duties/Responsibilities

PROFESSIONAL

- To provide care appropriate to their level of training as specified within the competencies required and in accordance with the NMC Code of Professional Conduct.
- To participate in formal/ structured supervision with the senior nurse in accordance with BCHFT NHS Trust policy.
- To develop and maintain packages of care that are formulated to meet the mental health needs of clients and place the rights and the dignity of the individual at the forefront of practice.
- To provide, with minimal supervision, high standards of professional care through mental health/ nursing. This may be in the client's own home and/ or a variety of other community settings.
- To provide, with minimal support, advice, care management and structured interventions to service users who present with physical health issues secondary to severe and enduring mental health problems within a team based approach.
- To support in the running of Phlebotomy clinics / nurse led physical health wellbeing clinics for patients within the Core Community Services.
- To support Core Community colleagues and the Physical health lead nurse to ensure the physical health needs of patients within the Core Community Service are fully assessed and treated proactively and that preventative work is undertaken.
- To support and deliver a safe and effective Clozapine Service.
- To work closely with pharmacy colleagues to ensure delivery of one stop Clozapine Service.
- To undertake physical health investigations with service users to promote their continued physical health and wellbeing.
- To measure and record physiological measurements in routine presentations, including ECG and Venepuncture.
- To accept complex referrals, with supervision from senior nurse, ensuring in all cases requiring nursing intervention, there is a responsible clinician identified.
- To promote and develop good relationships between the general public and the nursing team/ Core Community Service.



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- To provide psychiatric nursing advice and assistance where appropriate to carers/ relatives and other professionals.
- Is responsible for the safe storage and safe administration of drugs. Exercises responsibility for the custody and maintenance of statutory records of drugs, in accordance with the Trust's and Departmental policies and procedures.
- Assumes responsibility for own professional conduct with regard to confidentiality and professional standards of care.
- Organises available resources to provide a safe and effective level of care, reporting any inadequacies of resources.
- To assist in the development of a flexible service which may include working evenings and weekends.
- On occasion there may be a requirement to cover the Physical health/Clozapine Clinics within the other localities
- To contribute to the CPA process and where necessary take on the role of care co-ordinator for clients on CPA.
- To undertake any other duties of a similar nature consistent with the responsibilities of this post in order to provide a quality service.
- To complete a competency framework including training, experience, knowledge and skills as part the developmental post to transition after a minimum of 12months in post to Band 6.

ADMINISTRATIVE

- In accordance with local policy and procedure, maintain adequate and appropriate mental health nursing records.
- Ensure that there is effective liaison between the multi-disciplinary team concerning client care
- In accordance with the local policy and procedure, utilise information technology available.
- To ensure secure storage of client notes
- To maintain and update all relevant information relating to role Trust IT systems.
- To provide statistical returns as required by the Team Manager or Supervising Nurse.
- To attend and participate in clinical/ departmental and team meetings as required by the service

Educational And Personal Development

To participate where appropriate in student training:

- a) by undertaking the role of Preceptor
- b) by providing an appropriate learning environment

To participate as appropriate in research and nursing studies.

To be aware of and comply with the NMC requirements for professional development.



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To participate in appraisal and appropriate training as identified by the Personal Development Plan.

Trust Values

Employees, workers, and / or contractors will be expected to uphold the values of the Trust and exhibit the expected Trust behaviours aligned to the Trust's values. Individuals have a responsibility to ensure that they display the Trust values and behaviours in carrying out their job and that individuals feel able to challenge (or raise a challenge) when other colleagues' behaviours breach the spirit of Trust values.

Confidentiality and Data Protection

Staff are to familiarise themselves with the Employer's data protection policy when this is available, which sets out its obligations under the General Data Protection Regulation, the UK Data Protection Act 2018 and all other data protection legislation. You must comply with the Employer's data protection policy at all times and you agree that you will only access the systems, databases or networks to which you have been given authorisation and only for the purposes of your work for the Employer. The Employer will consider a breach of its data protection policy by you to be a disciplinary matter which may lead to disciplinary action up to and including summary dismissal. You should also be aware that you could be criminally liable if you disclose personal data outside the Employer's policies and procedures. If you have any queries about your responsibilities in respect of data protection you should contact the Employer's Data Protection Officer.

Data Quality

The post holder should ensure any data/information prepared for either internal or external analysis is 'fit for purpose' i.e. that it is accurate, valid, reliable, timely, relevant and complete.

No Smoking

The Trust has a no smoking policy. Smoking is not allowed on any Trust premises.

Health and Safety

The post holder will take personal responsibility for any Health & Safety issues and obligations under the Health & Safety at Work Act. The post holder should also be aware of and comply with other relevant legislation and policies e.g. Fire Regulations.

Clinical Governance

All employees are required to actively contribute towards the Trust's clinical governance systems, taking responsibility as appropriate for quality standards, and work towards the continuous improvement in clinical and service quality.



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Infection Prevention & Control

Infection prevention & control is everybody's responsibility, it is a requirement for all Trust staff to comply with all Trust infection control policies and procedures.

All Trust staff should ensure that they fulfil their responsibilities for infection prevention and control, that they provide leadership where appropriate in infection control matters and that they challenge poor infection control practice in their workplace.

All staff must adhere to the Trust's Hand Decontamination Policy

All staff are expected to behave in a manner which protects patients, public and colleagues from infection risks within the scope of their role.

All staff should have infection control training at induction and annual infection control updates as required.

All clinical staff will have annual infection control objectives set and these will be reviewed at appraisal.

Safeguarding Adults

Safeguarding is 'Everybody's Business'. It means protecting people's health, well-being and human rights. It includes protecting their rights to live in safety, free from abuse and harm; taking their views, wishes, feelings and beliefs into account. In the West Midlands, the main statutory agencies work together to promote safer communities, to prevent harm and abuse and to deal with actual or potential when concerns arise. These Organisations which include Black Country Healthcare NHS Foundation Trust work together to achieve these outcomes by working within the Safeguarding Adults multi-agency policy and procedures for the West Midlands and adhering to the local Safeguarding Adult policy and procedures. Staff can contact the Trust Named Nurses for Safeguarding Adults or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

Safeguarding Children

All members of staff have a responsibility to ensure that children and young people are safe from abuse or harm. Employees must comply with Local Safeguarding Board Child Protection Policy and Procedures and Black Country Healthcare NHS Foundation Trust Safeguarding Children Policy. Staff can contact the Trust Named Nurses for Safeguarding Children or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.



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Professional / Managerial Codes of Practice

The post holder is expected to abide by the relevant codes of practice of the registering body for healthcare professionals, and, where applicable, the NHS Code of Conduct for managers.

Policies and Procedures

The post holder is required to abide by all policies and procedures of the Trust.

Pandemic / Other Emergencies

In the event of a pandemic being declared, the post holder may be required to adjust their days of work, hours of attendance, work base, and duties to support the delivery of services.

Job Description

This document is not intended to be an exhaustive list. Other duties, responsibilities and work base appropriate to this role / grade, may also be required. The manager will discuss this with the post holder where necessary.

Post Holder's Signature:

Date:



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