



<ul style="list-style-type: none"> <li>• Able to relate to a wide range of people, with excellent interpersonal skills</li> <li>• Ability or capability to learn IT and literacy skills to the standard required for clinical record keeping</li> <li>• Professional in behaviour and appearance</li> <li>• Able to manage conflict and to help others do so</li> <li>• Self-awareness and ability to question self and effectively reflect on practice</li> <li>• Reliable, flexible and good team member.</li> <li>• Able to manage stress and to plan and prioritise workload</li> <li>• Able to use own lived experience to the benefit of those using the service and the advancement of the team</li> <li>• Able to acknowledge service users' unique experience and to support them finding their own recovery path</li> <li>• Able to use supervision and guidance from colleagues appropriately</li> <li>• Ability to effectively appraise where need to seek advice and guidance and willingness and ability to do so</li> <li>• Capability to travel as appropriate in working with service users</li> <li>• Able to take personal responsibility for own healthcare, willing to discuss, review and seek support appropriately.</li> <li>• Have an awareness of the Individual Placement Support model when supporting service users into employment.</li> </ul>			
<p>Ability to demonstrate the positive application of our behaviours</p>	<ul style="list-style-type: none"> <li>• Respectful</li> <li>• Honest and trustworthy</li> <li>• Caring and Compassionate</li> <li>• Taking the time to talk and listen</li> <li>• Working together and leading by example</li> </ul>		

<b>JOB HOLDER</b>	<b>SIGNATURE</b>
	<b>DATE</b>
<b>MANAGER</b>	<b>SIGNATURE</b>
	<b>DATE</b>

**From IAPT to  
NHS Talking Therapies:**

  
**Staffordshire and Stoke-on-Trent  
Talking Therapies**



**for anxiety and depression**