#### **Rotherham Doncaster and South Humber NHS Foundation Trust**

## **Rotherham Adult Autism Diagnostic Service**

### JOB DESCRIPTION

Job title: Band 6 Occupational Therapist

Base: Centenary Clinic, Rotherham

**Hours:** 37.5

Accountable to: Clinical Lead Rotherham Adult Autism Diagnostic

Service

**Reports to:** Occupational Therapist Clinical Specialist RAADS,

**Job summary:** To provide post diagnostic support to newly diagnosed

autistic adults by assessing occupational, vocational, and sensory needs and providing occupational therapy

interventions.

To work as a member of a multi-disciplinary team, to

input into team decisions around diagnosis.

To provide consultation to Trust staff members providing mental health support to autistic clients in order to make reasonable adjustments to care to promote access and

applicability

To develop links with statutory and voluntary sector community resources and ensure that ongoing support is considered as part of the post diagnostic support work.

#### **MAIN DUTIES**

## **Clinical Responsibilities**

- 1. To demonstrate excellence in clinical practice through assessment, treatment and evaluation of individual interventions and group activities.
- 2. To keep up to date with relevant research and evidence based practice and develop and deliver high quality assessment and intervention around post diagnostic support for newly diagnosed autistic adults.
- 3. To provide support and advice to the multidisciplinary team. To input into team decision making and thinking around diagnosis and other matters.

- 4. To enable service users to identify the support they require and work collaboratively to enable the individual to move towards their support goals.
- 5. To liaise with a range of external partners to enable service users to access resources in the wider community including leisure, educational and vocational opportunities.
- 6. To promote service user and carer involvement in all aspects of service user care.
- 7. To assess and prescribe small aids and equipment and recommend adaptations to maximise independence for service users in home and community environments.
- 8. Ensure thorough documentation of treatment in multi-professional notes in line with CPA requirements and Royal College of Occupational Therapists Professional Standards.
- 9. To undertake regular evaluation of individual and group interventions to ensure effectiveness.
- 10. To establish links with Trust colleagues to ensure continuity of care for service users. To offer consultation to Trust colleagues working with autistic service users
- 11. To establish links with community resources and ensure continuity of care for service users following discharge from the service.
- 12. To undertake risk assessments, document and report concerns to other staff involved in service users' care.
- 13. To operate as a member of a defined team and liaise closely with other multi-disciplinary staff by attending appropriate meetings and other forums.
- 14. To supervise junior staff/ support staff in implementing group and individual interventions in community settings.
- 15. To operate within the policies and procedures laid down by Rotherham Doncaster and South Humber NHS Foundation Trust.

#### **Management Responsibilities**

- 1. To review and reflect on own practice and performance through effective use of professional and operational supervision and appraisal and provide supervision for support staff engaged in implementing therapeutic activities.
- 2. To lead and participate in multi-disciplinary forums, meetings and working parties to develop quality autism focused, autism supportive practice and services.
- 3. To maintain statistics in line with the Trust requirements and provide written reports on service developments as requested.

- 4. To ensure all occupational therapy equipment and materials are maintained and stored responsibly and advise on resources needed to carry out group and individual treatments.
- 5. To ensure junior staff are aware of Health and Safety procedures. To be aware of own duties in relation to the Health and Safety at Work Act.
- 6. To be prepared to adjust working hours within the working week to meet service demands.

### **Personal Development**

- 1. To participate in Continued Professional Development activities and maintain an up to date portfolio in line with Health and Care Professions Council standards.
- 2. To maintain development of personal skills and interests and undertake clinically relevant audit and research as appropriate.
- To maintain an active interest in occupational therapy and other professional developments for the client group, building on awareness and skills.
  Contribute to the awareness of other professionals concerning the role of occupational therapy.
- 4. To seek out opportunities to develop personal and professional skills and participate in presentations / courses / in-service training
- 5. To participate in annual Performance Development Reviews and Clinical Audits.
- To complete training as practice placement educator, be involved in training occupational therapy students and participate in training students of other disciplines.

# **Equal Opportunities Statement**

Rotherham Doncaster and South Humber NHS Foundation Trust supports the principle of equal opportunities in employment.

It is the aim of the Trust to ensure that no job application or employee receives less favourable treatment on the grounds of sex, marital status, age, disability, race colour, nationality, ethnic origin, or religious belief, nor is disadvantaged by conditions or requirements which cannot be shown to be justifiable in job related or operational terms.

This job description is subject to annual review in conjunction with the post holder contingent upon the developing needs of the service.