

## Job Description

**JOB TITLE:** Neonatal Low Dependency Deputy Sister

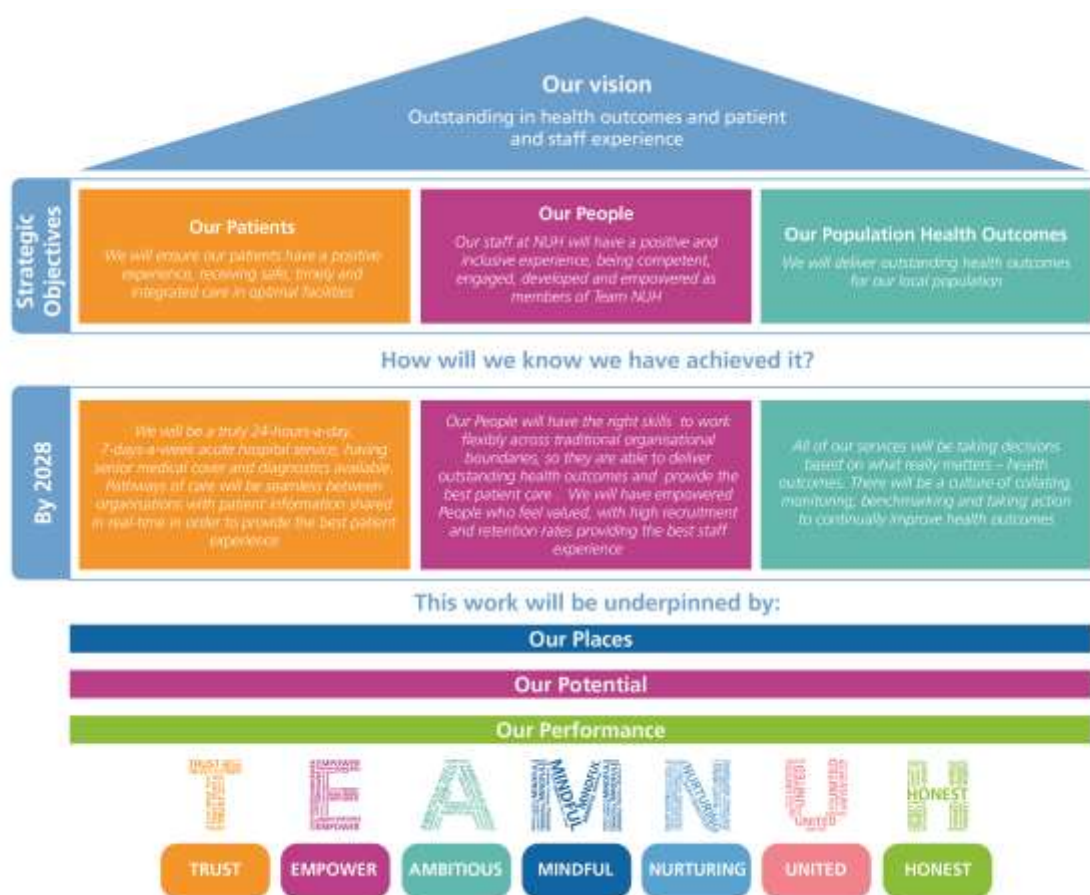
**DIVISION:** Family Health

**GRADE:** Band 6

**REPORTS TO:** Sister/Charge Nurse

**ACCOUNTABLE TO:** Neonatal Lead Nurse

### VALUES AND BEHAVIOURS



### ABOUT NUH

Every day, our teams at Nottingham University Hospitals NHS Trust (NUH) make a difference. We save lives, we improve lives and we usher in new life. We are proud to play a central role in supporting the health and wellbeing of people in Nottingham, Nottinghamshire and our surrounding communities.

With more than 18,000 colleagues, we are the largest employer in Nottinghamshire and one of the

biggest and busiest NHS Trusts in the country, serving more than 2.5m residents of Nottingham and Nottinghamshire and a further four million people across the East Midlands and beyond.

We provide a range of national and internationally renowned specialist services and we are at the forefront of new surgical procedures and research programmes. We are home to the East Midlands Major Trauma Centre, the Nottingham Children's Hospital and in partnership with the University of Nottingham we host a Biomedical Research Centre carrying out vital research into hearing, digestive diseases, respiratory, musculoskeletal disease, mental health and imaging.

As a teaching hospital, we are instrumental in the education and training of doctors, nurses and other healthcare professionals. We are proud of our strong relationships with universities across the East Midlands, including the University of Nottingham, Nottingham Trent University and Loughborough University.

The last year has been challenging for our teams. Alongside our continued recovery from Covid, our maternity services are subject to an independent review and we must do more to improve our culture. We are more focused than ever on making sustained improvements across our services.

As one of the NHS Trusts identified in the New Hospital Programme, a programme of investment in NHS hospitals, we have extensive plans to improve our hospitals and the services we deliver for patients. As well as the redevelopment of the Queen's Medical Centre and City Hospital, plans for a new 70 bed NHS rehabilitation facility set to be built on the Stanford Hall Rehabilitation Estate near Loughborough, are currently going through the approvals process.

We have recently become home to the latest series of Channel 4's award-winning series 24 Hours in A&E, which takes a look inside one of the country's busiest emergency department at QMC and showcases the dedication, passion and skill of our teams.

This is an exciting time to join NUH and help support our future ambitions.

## **JOB SUMMARY**

The post holder will act as Deputy to the Ward Sister/Charge Nurse for the Low Dependency area (including the Transitional care area when on the City Campus). He/she will be required to:

- Lead the Low Dependency area (including the Transitional care area when on the City Campus) and ensure that the standards and quality of care given to babies and their families, together with the environment in which care is delivered, are maintained and meet Trust and National Standards.
- Be highly visible in the Special Care area supporting families, facilitating the development of the clinical team, working in clinical practice at least 80% of their time, with a rolling week work pattern, to support transition to home.
- Act as an expert in discharge planning across the Neonatal Service. Establish positive links through identified systems on a daily or more frequent basis, with the Neonatal Unit Deputy Ward Sister or shift Coordinator and Home Care Team to promote and ensure a smoother transition through neonatal care to home.
- Utilise and integrate evidence into practice.
- Work at both Queens Medical Campus and City Campus ensuring a co-ordinated and uniform delivery of low dependency care at both sites.
- Work closely with the other low dependency Sisters, developing projects for service improvement.

The post holder is required to be registered with the Nursing and Midwifery Council.

## **. KEY JOB RESPONSIBILITIES**

- 1. Clinical
  - 1.1 HWB2 HWB5 Ensure high quality, evidence-based care is offered to patients in collaboration with the Family Care Sister and Ward Sister/Charge Nurse. Identify the common issues which affect the quality of care, devising clear action plans to address any shortcomings ensuring agreed action is undertaken.
  - 1.2 Core4 In collaboration with the Family Care Sister and Ward Sister/Charge Nurse, ensure that the patient has a satisfactory experience by evaluating patient processes and redesigning the pathway of care.
  - 1.3 IK2 Improve and maintain standards of essential (basic) nursing care by working with the Family Care Sister and Ward Sister/Charge Nurse and using tools such as clinical benchmarking.
  - 1.4 IK2 Support the Family Care Sister and Ward Sister/Charge Nurse in ensuring clinical audit takes place in line with the Trust's requirements to improve practice.
  - 1.5 Core5 During regular clinical sessions, act as a role model and teacher, working alongside other staff including undertaking nursing ward rounds in the absence of the Ward Sister.
  - 1.6 Core3 Work with the Family Care Sister and Ward Sister/Charge Nurse to identify hazards relating to clinical and non-clinical risks and undertake identified risk assessments. Ensure that junior staff also see this as important by maintaining a culture which will support the delivery of both clinical and non-clinical governance within the ward or department.
  - 1.7 Core3 Along with the Family Care Sister and Ward Sister/Charge Nurse, support the ward or department team in completing appropriate risk assessments and develop action plans accordingly in order to provide a safe environment for the delivery of high quality patient care.
  - 1.8 Ensure that all nursing documentation is regularly and appropriately reviewed and updated with changes implemented.

## **Neonatal Specific**

- 1.9 Maintain effective communications with parents/carers, relatives and other members of the multidisciplinary team to ensure that appropriate information is shared and patient needs are met.
- 1.10 Ensure the provision of a high standard of care to babies with complex health care needs and their parents/carers
- 1.11 Undertake assessment and intervention work with families where there are child safe guarding concerns and for babies who have extra needs ensuring that services are holistic and provided within a multi-agency context to ensure safe discharge including the implementation of Common Assessment Framework
- 1.12 Take an active role in Parent and Public Involvement (PPI) to ensure that parents/carers can have their say in improving the service.
- 1.13 Supervise staff, volunteers and provide high quality case management supervision relating to individual, family, and group work ensuring that services are of a high standard and informed by best practice and research.
- 1.14 Support the team to deliver care to families as described in the Pathway of Care for an Unborn Child or Neonate Diagnosed with Condition that is Life Shortening or Life Threatening and the Management of Neonatal Death Guidelines.

- 1.15 Arrange, attend and chair discharge planning meetings for babies who have extra needs when they go home with close liaison with the multidisciplinary team.
- 1.16 Lead and enable the Caring around Clock initiative in this area to ensure appropriate communications with families with regards to caring for their baby and information available.
- 1.17 Liaise with unit coordinator and staff in the intensive care area to enable liaison with families whose babies are well enough to be transferred to low dependency and give them support for this transition.
- 1.18 Oversee the holistic care of all babies in low dependency and transitional care and their families to ensure appropriate care is progressed to facilitate safe discharge with parents fully confident in caring for their baby.
- 1.19 Practice as a Neonatal Intensive Care nurse on a regular basis and act as a resource person within the Unit team for professional practice development.

## 2. Education

Support of the Ward Sister/ Charge Nurse in:

- 2.2 Core2 Involvement in a programme for performance management that ensures all staff within the clinical area assessed annually which includes ensuring that all staff have a Personal Development Plan.
- 2.3 Core2 Identifying opportunities for staff to access appropriate education and training programmes, and other learning opportunities such as shadowing, mentoring and action learning, ensuring equity and fairness of access.
- 2.4 Core2 Ensuring all staff in the defined clinical area are competent in the use of equipment and have access to appropriate training.
- 2.5 Core2 Acquiring and maintaining an appropriate repertoire of management skills, engaging on continuing professional development appropriate to the field of practice and continue to develop competency in line with agreed personal development plans, including leadership skills and enable the empowerment of other members of ward teams.
- 2.6 Core2 Delivering suitable induction and preceptorship programmes for staff.
- 2.7 Core2 Encouraging a culture of learning where students receive quality clinical placements supported by mentorship, teaching and support from registered nurses and act as a mentor/sign off mentor.
- 2.8 Core2 Ensuring that all staff within the ward or department undertake the required mandatory training including back care and handling, cardiopulmonary resuscitation and fire.
- 2.9 Core2 Ensuring clinical supervision within the clinical area is actively supported and staff encouraged to avail themselves of it.
- 2.10 Core 2 Being a major contributor in maintaining an environment conducive to learning and development.
- 2.11 Undertakes, and can assess those undertaking, any 'Working in New Ways Packages', which have been identified by the Family Care Coordinator and Ward Sister/Charge Nurse as integral to the role requirements and specialty area. Under normal circumstances these must be completed in accordance with the 'Working in New Way's Policy and Guidelines.

### 3. Knowledge and Communication

Support of the Ward Sister/Charge Nurse in:

- 3.1 Core5 Ensuring that best practice undertaken is shared with colleagues in the directorate, division and the Trust.
- 3.2 HWB5 Developing a culture that ensures the contribution to research and the use of evidence to support innovation and practice at ward/department level.
- 3.3 HWB5 Helping staff to use clinical information within the ward or department to help improve the quality of patient care.
- 3.4 Core 4 Encouraging staff to be involved in service changes and developments using processes defined within the directorate/division.
- 3.5 Core 1 Participating in a communication strategy which enables effective, two-way communication between the clinical area, the directorate and the division.
- 3.6 Core 1 Being able to demonstrate clear lines of communication within a defined clinical area which result in clear responsibilities being identified within the multi-professional team.
- 3.7 Core 5 Creating a culture where staff have appropriate authority over issues that contribute to the provision of essential care and enable them to secure and achieve the highest quality standards.
- 3.8 Being a visible point of contact for patients, visitors, relatives and staff acting as a resource for problems and needs and able to clearly present the patient's view to others.
- 3.9 Participating in the development of patient care policies, procedures and guidelines.
- 3.10 Assisting in the establishment, motivation and development of the clinical team with a clear focus and direction.
- 3.11 Ensuring that the clinical team is kept informed of the policies, direction and strategy of the directorate and division.
- 3.12 Providing an authoritative and credible source of knowledge and specialist clinical advice and support to the team.
- 3.13 Taking an active role in self-development and identifying one's own needs, taking appropriate steps to meeting those needs.
- 3.14 Cooperate with and participate in research in order to improve patient care.
- 3.15 Lead and direct the implementation of relevant research-based practice.

### 4. Use of Resources

- 4.1 G6 Support the Ward Sister/Charge Nurse in ensuring the development and on-going management of work rosters that provide appropriate safe staff cover.
- 4.2 G6 Participate in the recruitment and selection process for staff in collaboration with the Family Care Sister and Ward Sister/Charge Nurse as appropriate.
- 4.3 Core5 Support of the Ward Sister/Charge Nurse in the management of ward or department budget, to ensure effective use of resources and a balanced budget at the end of each year.
- 4.4 Core5 Encourage ward/department staff to be involved in the management of resources, by effective use of clinical and non-clinical supplies and understanding of financial

issues.

- 4.5    Core4    Contribute to the work of time limited committees and project groups.
- 4.6            Ensure that, where applicable, information is maintained and kept in an appropriate place and that accurate records are maintained and stored in accordance with Trust and national policy.
- 4.7            Be a major instrument of change within the clinical area in response to clinical incidents and/or demands.
- 1.8            Participate in acting-up rota as required, holding the directorate/floor bleep as necessary.

## **GENERAL DUTIES**

In addition to the key job responsibilities detailed in this job description all employees at Nottingham University Hospitals NHS Trust are expected to comply with the general duties detailed below:

### **Infection Control**

To maintain a clean, safe environment, ensuring adherence to the Trust's standards of cleanliness, hygiene and infection control.

### **Safeguarding children, young people and vulnerable adults**

Nottingham University Hospitals is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All staff and volunteers are therefore expected to behave in such a way that supports this commitment.

### **Information Governance**

All staff have an individual responsibility for creating accurate records of their work and for making entries into and managing all NHS records effectively in line with the Health Record Keeping Policy and other Health Records and Corporate Records Management policies and procedures in order to meet the Trust's legal, regulatory and accountability requirements.

### **Health and Safety**

To take reasonable care to prevent injury to themselves or others who may be affected by their acts or omissions.

To co-operate fully in discharging the Trust policies and procedures with regard to health and safety matters.

To immediately report to their manager any shortcomings in health and safety procedures and practice.

To report any accidents or dangerous incidents to their immediate manager and safety representative as early as possible and submit a completed accident/incident form.

To use protective clothing and equipment where provided.

Whilst the aim of the Trust is to promote a co-operative and constructive view of health and safety concerns in the organisation, all staff must be aware that a wilful or irresponsible disregard for safety matters may give rise to disciplinary proceedings.

### **Governance**

To actively participate in governance activities to ensure that the highest standards of care and business conduct are achieved.



### **Health and Wellbeing**

Employees are expected to take all reasonable steps to look after both their physical health and mental health. To support employees to achieve this NUH offers a wide range of health and wellbeing activities and interventions. The full programme can be viewed at on the staff intranet.

Line managers are expected to encourage and support staff to look after their health and wellbeing, including the release of staff to attend health and wellbeing activities and interventions.

### **General Policies Procedures and Practices**

To comply with all Trust policies, procedures and practices and to be responsible for keeping up to date with any changes to these.

### **Working Conditions**

The post holder must be able to:

- work within unpleasant clinical working conditions (for example exposure to body fluids)
- concentrate in an intense and sometimes noisy environment
- cope with potentially violent and threatening situations
- fulfil Trust health and safety policies and procedures when performing risk associated procedures including dealing with hazardous substances

### **Access to Patients**

In undertaking the duties outlined above the post holder will have access to patients. This means that the post is exempt from the Rehabilitation of Offenders Act 1974 and all post holders must disclose any criminal conviction including those considered as spent under the Act. Post holders appointed to this will be required to consent to a check through the Criminal Records Bureau.

### **Job Revision**

This job description should be regarded as a guide to the duties required and is not definitive or restrictive in any way. The duties of the post may be varied from time to time in response to changing circumstances. This job description does not form part of the contract of employment.

### **Service Review**

A strategic review of all Trust services is taking place, as a result of which some services, or parts of some services, may transfer from one campus to the other. This will be decided in accordance with the most appropriate way to provide the best healthcare for patients in the future and all staff will be fully consulted on about the impact of any such decisions.

**Job description reviewed by: Julie Versteeg**

**Date: 17/06/2021**