

# North Yorkshire, York and Selby

### **Adult Mental Health**

There are opportunities within Adult Mental Health, which include our 4 acute inpatient wards based at both Cross Lane Hospital in Scarborough and Foss Park Hospital in York, which provide inpatient rehabilitation at The Orchard, all who are committed to improving the lives of service users.

In the community we have Integrated Community Intervention Teams (ICT's) Crisis Teams, and our Specialist Services- Eating Disorders (ED), Perinatal Mental Health (PNMH) and Early Intervention in Psychosis (EIP). Our teams are committed to co-create with our service users and carers, to provide the best possible care, interventions, treatment and outcomes, based on evidence-based practice.

AMH teams are caring, compassionate and friendly and we will try to provide you with the best experience as a newly qualified nurse.

## Children and Young People Service

Come and join our children and young people services where you will work with a range of children and young people up to 18 years of age. Cocreation is at the heart of everything we do and is a real opportunity to change the trajectory of the journey the young people will ultimately take into adult hood. We aim to uphold the highest of standards and follow NICE guidance in all the interventions we deliver around mental health treatments and assessing for neurodevelopmental conditions.

You will expand your knowledge in working with children and young people with a range of conditions and be able to specialise in areas of interest in accordance with trust pathways. Working within a wider system with our partner agencies is crucial when adopting a think family approach and ensuring all needs of children and young people are met. As part of the CAMHS community transformation program we are working to the IThrive model and value staffs input into how we move this forward improving our services for family and young people, your thoughts and ideas will be integral to making these positive changes through a collective leadership approach.

With development opportunities and career progression available you can find a lifetime career within our service.



## **Mental Health Services for Older People**

One of the most rewarding aspects of working in older person's services is the opportunity to make a tangible difference in people's lives. Our older person's care encompasses a holistic approach to well-being. Our therapeutic relationships go beyond simply providing care; they offer understanding respect, and a sense of connection for the elderly, which can be invaluable to their overall quality of life. They offer understanding respect, and a sense of connection, which can be invaluable to their overall quality of life, well-being, addressing not only mental health but also physical health and emotional needs. We work collaboratively with family members and carers as part of our care delivery. Understanding the preferences and needs of our patients through their loved ones helps ensure that care is tailored to the individual and person-centred.

The Community, Crisis and home-based treatment teams cover Harrogate, Hambleton, Richmondshire and surrounding areas. These are established teams of MDT practitioners. Two memory services one covering Harrogate and surrounding areas and one covering Hambleton and Richmondshire these offer assessment, deliver diagnosis and commencement of medication and treatment plans. We also have an Acute hospital liaison service one in each area offering 24/7 service to support our acute hospitals.

Scarborough Whitby, Ryedale offer CMHT, Memory services that including memory services. Teams offer a wide range of therapeutic interventions to support assess and treat older people with mental health problems within their own homes. This service covers Monday to Friday

Scarborough Liaison-Liaison services work alongside A & E departments 24/7 to support with assessment of all aspects of psychiatry, working collaboratively ensuring that the patient gets the service needed and required.

#### Within our service we also have 4 inpatient wards

#### Moorcroft Ward Foss Park York

Moorcroft ward is an 18 bedded mixed sex functional ward. We care for patients with functional illnesses such as depression, anxiety and psychosis.

#### Wold View Ward Foss Park York

Wold View ward is an 18 bedded mixed sex organic ward for admission assessment and treatment. We care for patients with an organic illness such as dementia or Alzheimer's.

#### Rowan Lea Cross Lane Scarborough

Rowan lea is a 20 bedded mixed sex, functional and organic admission and assessment ward. We care for people with illnesses such as Depression, anxieties, psychosis, and patient's living with Dementia.

#### Springwood Dementia Care Unit Malton

Springwood is a 14 bedded mixed sex organic ward for patients living with Dementia, Patients on Springwood and going through assessment and treatment to support.