

PERSON SPECIFICATION

**OUR VISION: 'TO BE THE LEADING HEALTH AND WELLBEING SERVICE IN
THE PROVISION OF MENTAL HEALTH AND COMMUNITY CARE'**

JOB TITLE: Senior Occupational Therapist

DEPARTMENT: OT Adult Inpatient Team, Basildon Mental Health Unit

Criteria for Selection	Essential	Desirable	Measurement Application Form - AF Interview - IN Assessment - AS
Education/Qualifications	Degree or Diploma in Occupational Therapy Registered with HCPC Evidence of continuing professional and personal development. Fieldwork Educators Course		AF AF AF/IN AF
Knowledge	In-depth knowledge of working with people with mental health problems Understanding of recovery process In depth knowledge of wider policy and service issues relating to mental health and relevant legislation Knowledge of Safeguarding issues and child protection requirements/legislation and how these apply to the role	Knowledge of the VdT MoCA	AF/IN AF/IN AF/IN AF/IN

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Skills/Experience	<p>At least two years post qualification experience</p> <p>Experience of working on a mental health inpatient unit</p> <p>Ability to assess clinical situation quickly, use initiative and appropriate treatment intervention</p> <p>Experience of working closely and developing relationships with other agencies</p> <p>Experience of providing professional support/supervision and motivation of staff</p> <p>Integration of theory and practise to demonstrate creative problem-solving processes.</p>		<p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p> <p>IN</p>
Personal Qualities	<p>Negotiation skills in the management of conflict across a range of situations, including the resolution of complaints which may involve diffusion of hostility and aggression</p> <p>Ability to empathise with clients, carers and families and colleagues, ensuring that effective communication is achieved</p> <p>Ability to work under pressure and ability to contain and manage the stress of others and oneself</p> <p>Ability to frequently sustain periods of prolonged concentration for data analysis, report writing etc.</p> <p>Ability to balance competing priorities.</p> <p>Ability to manage unpredictable work patterns and changing deadlines.</p> <p>Ability to deal with exposure to highly distressing situations</p> <p>Ability to contain the emotional impact of working with people with mental health problems</p> <p>Evidence of student focus in the development,</p>		<p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p> <p>AF/IN</p>

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	organisation, delivery and evaluation of care		AF/IN
	An understanding and positive regard for the needs and rights of people with mental health problems and their carers		AF/IN
		Ability to ensure that teams or colleagues are supported to achieve targets	AF/IN
			AF/IN
Additional Requirements	Keyboard and computer literacy skills – high standard of communication skills written and verbal		AF
	Uphold EPUT's Customer Care ethos		AF
			AF/IN

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