

Job Description

Job Title:	Specialist EDS Practitioner
Band:	Band 6
Network:	Specialist Network
Base:	EAST Eating Disorder
AfC Ref:	
Hours of work:	22.30 hours per week

Our Values

The values represent what we as an organisation, and the individuals who make up that organisation, are about.

It is our aim that everything we do fits in with, and reinforces, these values:

- *We are always learning*
- *We are respectful*
- *We are kind*
- *We are a team*

Reporting Arrangements:

Reports to: Team Leader

Job Summary

As an EDS Practitioner working within the specialist EDS field, you will work within a multidisciplinary team and carry out a diverse range of duties.

You will be required to carry out a comprehensive assessment of new referrals and participate in team discussion whereby appropriateness and need for specialist treatment is decided.

You will hold and take responsibility for managing a clinical caseload of clients with complex needs and provide a range of recommended therapeutic interventions. Regular supervision should be accessed in order to reflect upon your practice and further develop your skills.

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You will assist clients to address the underlying causes of their eating disorder that are often sensitive in nature, including abuse and past trauma.

As part of your role you will be required to offer guidance and support to carers.

You will also facilitate and participate in developing a range of therapeutic groups, this role will also include evaluating their effectiveness and providing clinical data / outcome measures as required.

You will be required to liaise with professionals from other services, offering guidance on how they can best manage the complex needs of this client group.

In order to continually develop your knowledge and skills you will participate in a Professional Development Review, identifying your development needs and formulating a development plan with your line manager.

As students regularly attend this service, your role will involve the welcoming and orientation of these students, along with taking a lead in meeting their educational and experiential needs.

Key Responsibilities

Clinical Responsibilities

1. To carry out comprehensive assessments of complex clients referred to the service, using the nursing process.
2. To evaluate the clients physical state, including blood pressure, weight and height. Accurately calculate the clients' body mass index (BMI) to establish physical state/risk and assist in assessing the need for inpatient admission.
3. To be aware of and follow the NICE guidelines when planning and implementing interventions. Assessing the need for alternative therapeutic interventions and providing this intervention.
4. To provide evidence based therapeutic interventions to meet the complex needs of this specialist client group where there often exists poor motivation to change.
5. To liaise with other agencies and health professionals and provide specialist guidance/advice when appropriate.
6. To effectively manage and take responsibility for a caseload of complex clients within the specialist area of eating disorders.
7. To actively participate in regular supervision.

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8. To refer clients to specialist eating disorder inpatient services as required.
9. To maintain accurate client records, following record keeping standards, in line with LSCFT policy and the Data Protection Act.
10. To meet carer's when appropriate, offering reassurance and guidance on how to provide support in a way that maximizes positive change.
11. To attend and participate in the Users/Carers Forum as required.
12. To work effectively within a multi-disciplinary team.

Policy and Service Development

1. To follow trust policies and procedures, including NICE guidelines.
2. To attend relevant service developmental meetings as required.
3. To be actively involved with service development, offering views or opinions as required.
4. To adhere to current policies on data protection, record keeping, confidentiality, consent and all other relevant LSCFT policies.

Human Resources

1. To assist in the induction of new starters in the service.
2. To supervise junior staff as required.
3. To engage in peer supervision.
4. To orient students to the unit, and to actively plan and participate in the training of student nurses on all areas within this specialist service.

Research and Development

1. To provide, when required, statistical information regarding own case load.
2. To participate in any relevant audit processes as identified through clinical governance.
3. To participate, as required, in surveys and/or research and development undertaken within the service.
4. To participate in auditing and evaluating the effectiveness of treatment.

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Information Technology/Resources

1. To be competent in basic IT skills.
2. To identify any training needs and access any relevant training as required.
3. To utilize current IT resources in order to develop and improve interventions used within the service.

Environmental Responsibilities

1. To conduct health and safety audits as and when required.
2. To report any health and safety concerns to line manager or to the appropriate authority, and to ensure that repairs are carried out.
3. To ensure that any problems with the fabric of the building are reported to line manager and maintenance department.
4. To conduct risk assessments as appropriate due to concerns regarding health and safety.

Professional

1. To take responsibility for maintaining current and appropriate professional registration requirements, including PREP requirements, and mandatory training events.
2. To follow all relevant trust policies and procedures.
3. To participate in the PDR process, identifying personal training needs relevant to the specialist area.
4. To actively participate in the formulation of a Personal Development Plan (PDP).
5. To undergo training and attend courses/conferences in order to update specialist knowledge on eating disorders.
6. To feedback to the multi-disciplinary team, and/or provide in-service training on relevant courses attended.

The range of duties and responsibilities outlined above are indicative only and are intended to give a broad flavour of the range and type of duties that will be allocated. They are subject to modification in the light of changing service demands and the development requirements of the post holder.

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Special Conditions:

As a member of staff you have:

- Legal duties and responsibilities under Health & Safety legislation, plus a general duty to work safely and not to put others at risk i.e. colleagues, service users, visitors, as a result of any activity or omission at work.
- A duty to report any practice that you consider compromises standards of risk and health & safety. The Whistle-blowing Policy gives effect to the Public Interest Disclosure Act under which an individual who raises such concerns for unfair treatment is protected.

All Lancashire & South Cumbria NHS Foundation Trust staff employed within all Environments that have contact with service users, their families or systems to support them have a responsibility to safeguard and promote the welfare of children, adults and vulnerable families.

As a member of staff you must:

- All Lancashire & South Cumbria NHS Foundation Trust staff employed within Clinical Environments have contact with children, vulnerable adults, service users and their families must familiarise themselves and be aware of their responsibilities and adhere to Local Safeguarding Children's Board, Local Safeguarding Adult Board and LSCFT Procedures for Safeguarding and Protecting Children.
- The Trust places great emphasis on the need for the strictest confidentiality in respect of personal data - both that of service users and staff. All information about people will be treated in the strictest confidence at all times. Breaches of confidentiality will be investigated and may lead to Disciplinary action being taken.
- The Trust view its responsibility under the Data Protection Act and the Caldicott Principles as central to all activities that are carried out in its name. Staff are therefore expected to acquaint themselves with the principles of Information Governance, and to complete the mandated training modules that have been agreed."

Promoting Equality and Reducing Inequalities

- To understand and uphold organisational policies and principles on the everyday promotion of equality, diversity and inclusion.

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- To create an inclusive working environment which values a variety of ideas, experiences and practice, where differences are respected and celebrated for the benefit of ourselves, the Trust and the communities we serve.

Behaviour

The post holder is expected to ensure their behaviours are consistent with our values at all times, we expect you to:

Support the aims and vision of the Trust

- Act with honesty and integrity at all times
- Be a positive ambassador for the Trust
- Demonstrate high standards of personal conduct
- Value and respect colleagues, other members of staff and patients
- Work with others to develop and improve our services
- Uphold the Trust's commitment to equality and diversity
- Take personal responsibility for their words, deed and actions and the quality of the service they deliver

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Person Specification

Description	Essential	Desirable
Education/ Qualifications	<p>First level qualification, RMN or equivalent such as Qualified Social Worker or Occupational Therapy</p> <p>Information technology skills sufficient to the undertaking of the post.</p>	<p>Specific evidence based therapeutic training.</p>
Knowledge	<p>An ability to think systemically and holistically.</p> <p>Demonstrable Knowledge and skills in evidence based needs led assessments, of highly complex and co-morbid presentations of children, young people, their families and carers.</p> <p>Demonstrable Knowledge and skills in evidence based therapeutic interventions relevant to the needs of this client group.</p> <p>Demonstrable ability to communicate to clients, their families and professionals sensitive and often difficult to receive information, using various methods including verbal, non-verbal, written and presentation skills.</p> <p>Good knowledge of legislation, acts and developments relevant to the field of child related work.</p>	
Experience	<p>2 years Post Qualifying Experience in a related field.</p> <p>Evidence of an ability to effectively manage own workload and able to work autonomously.</p>	<p>Experience of working in Adult MH Knowledge of Mental health legislation</p>

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	Working within a team and /or multi-agency arenas.	
Special Requirements	<p>An ability to be flexible and innovative to adapt to the changing needs of the developing service.</p> <p>Criminal records Bureau enhanced clearance.</p> <p>An ability to travel to and from various places of work to meet the needs of the post.</p> <p>Post subject to medical clearance.</p>	

EFFORT FACTORS

PHYSICAL EFFORT What physical effort is required for the job?	How often?	For how long?	What weight is involved?	Any mechanical aids?
None really. May require sitting for long periods				

Is the job holders expected to sit / stand in a restricted position?	How often?	For how long?	What activity is involved?
Lots of sitting at computer			

MENTAL EFFORT Are there any duties requiring particular concentration? – Please detail.	How often?	For how long?
Has to be able to concentrate for long periods and analyse information		
Are there any duties of an unpredictable nature? – Please detail.	How often?	For how long?
Service users can be unpredictable in their behaviour		

EMOTIONAL EFFORT Does the job involve dealing with any distressing or emotional circumstances? – Please detail.	Direct / Indirect exposure	How often?
Ability to manage strongly expressed emotions and distressing presentations of service users		
WORKING CONDITIONS Does the job involve exposure to unpleasant working conditions? – Please detail.		How often?
No		

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