

# Employee benefits

University Hospitals  
of Leicester  
NHS Trust



## Health and Wellbeing

- AMICA staff counselling service
- Slimming World classes
- Healthy eating cookery classes
- Emotional Resilience workshops
- Free family fun days
- A range of sporting opportunities including UHL football team, badminton club, pool and darts tournament



## Family

- Childcare Vouchers
- Maternity/adoption/paternity/shared parental leave
- Flexible working
- Careers leave



## Travel

- **'Salary Maxing' Scheme**
- Free travel via hospital hopper across three sites



## General Benefits

- Long Service Awards
- NHS Pension Scheme including Life Assurance
- Occupational sick pay
- 27-33 days holiday (plus bank holidays)
- Option to buy / sell Annual Leave
- Flexible retirement options



## Discounts

- NHS /Shopping discounts
- Red Guava with more discounts
- Health Service Discount card



## Recognition

- Caring at its Best awards
- Above and Beyond awards

