

Dear applicant,

Thank you for taking the time to view our job advert. We are excited to have two opportunities for clinical psychologists to join our East team, within our Suffolk Young Adult Mental Health Service (YAMHS). We have taken recent opportunities to expand our psychological workforce and are excited to have a growing team of assistant psychologists, trainee therapists, clinical psychologists, clinical associate psychologists, and psychological therapists across the county.

We have a robust structure of leadership in place across the service, and are keen to welcome both experienced clinical psychologist, and those who may be starting their careers and seeking an interesting, varied, and well-supported role within a forward-thinking service for young people.

We have developed our YAMHS service within Suffolk CFYP because we recognise the unique needs of young people aged 18-25, and are dedicated to providing a service which is developmentally appropriate and formulation-driven. We are feeling enthusiastic about the imminent introduction of our new clinical pathways, which will allow us to ensure that the young adults we see can access the very best of evidence-based care and treatment, informed by their psychological and emotional needs. We have a strong multi-disciplinary presence across our YAMHS service, and a culture of working closely with system partners to provide holistic and joined up care. We have excellent working relationships with our CAMHS colleagues and focus on ensuring consistency and cohesion across the age range.

The role of the **8B Principal Clinical Psychologist** within our YAMHS teams is to provide senior clinical leadership within the specified team, with an expectation that 50% of time is spent involved in direct client work, and 50% of the time is spent on other activities, which will include shared leadership of the team (with the Clinical Team Manager and Consultant Psychiatrist), providing supervision and consultation, progressing staff development, contributing to broader strategy, team containment, developing interventions, research and audit.

The role of the **8A Highly Specialist Clinical Psychologist** is to support the provision of high quality psychological assessment and treatment within the team, with an expectation that 60% of time will be spent involved in direct clinical work, and 40% of time on other activities including supervision, consultation, developing interventions, contributing to broader psychological strategy, research and audit. We are keen to hear from qualified clinical psychologists looking to progress into an 8A role, and/or newly qualified clinical psychologists who may be interested in a developmental 7/8A role.

You will be joining a service where we strongly encourage innovation, development and training. We expect potential applicants to have a wide range of therapeutic experience in mental health services, and particularly welcome applicants who have received (or are interested in) additional training in specific models of psychological treatment such as: EMDR, Cognitive Behavioural Therapy, Dialectical Behaviour Therapy, Mentalisation Based Therapies and Cognitive Analytic Therapy. There will be opportunities within these roles for further training and development. We would also welcome applicants with an interest in working with people with Complex Emotional Needs, as part of our ongoing implementation of the trust wide PD/CEN strategy within Suffolk CFYP.

Our YAMHS teams sit within Suffolk CFYP services which are in the process of innovative transformation. We are striving to develop our care model to be more aligned with the needs of the local communities. This has created opportunities to not only recognise and consolidate what we are doing well, but also to drive creativity in radically changing service delivery. These are both challenging and exciting times, in which we are redeveloping how we deliver mental health services in Suffolk. As such, this provides many opportunities for successful applicants to play a key role in bringing about positive change and making a difference, not only at an individual, family or team level, but in shaping the future direction of our services.

Successful applicants will be warmly welcomed by the psychology workforce, both locally and within the Trust. We have a strong and experienced psychological leadership structure within the care group, who are

as passionate about supporting our staff as the young people and communities we serve. We will consider flexible working arrangements for our roles, including the option of hybrid working; please indicate in your application if this is something you require.

There are many opportunities for clinical professional development, peer support, and networking with colleagues. We have an active group of senior psychologists and psychological therapists, who meet regularly, providing a supportive network. There are varied opportunities for teaching, training, and service development; we are particularly keen to embed research into clinical practice and will support the successful applicant to pursue research activities as well as special clinical interests.

If you believe you have the drive, positive attitude and passion for improving the lives of people in need of our services, and the teams that support them, we look forward to receiving your application.

We spoke to the young people in our participation group about what they would like potential applicants to know about our service, these are some of the comments they would like to share:

- “We are a disability and mental health friendly employer”
- “Emphasise how supportive and welcoming the teams are – feeling part of a team and belonging can really make a difference. Also emphasise the staff support and wellbeing that is available.”
- “I have regained my confidence and am doing things now that a year ago I never thought I would do.”
- “Thank you for your patience, support and kindness, you have helped me to change my life for the better.”
- “I have used this service to help me improve my mental health, self esteem and confidence and go back to living a life that I enjoy – you could now help other young people to do the same. If are passionate about putting the needs and voice of young people at the heart of everything you do then you will fit in perfectly working for the Suffolk Children, Families and Young People (CFYP) care group at NSFT and we would love to hear from you.”

Some quotes from staff about why they work here have included:

- “I have never felt as supported and welcomed into a role as I have coming to work for this care group.”
- “The best thing about this role is knowing that the voices of the young people we work with are helping to change and improve services for the better.”

As a Senior Leadership Team, we are immensely proud of the staff we work alongside, who are committed and passionate about delivering the very best treatment and care to our children, families, and young people. We see it as our role to support and enable you to deliver treatments and interventions you can feel proud of too, whilst also feeling held in mind and well supported. If you value working positively, respectfully, and together, we'd love for you to join us!

If you would like to discuss either of these roles in more detail, we would welcome a conversation with you – please do get in touch.

Dr Jo Baines

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Suffolk Young Adult Mental Health Services

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