

PERSON SPECIFICATION

**OUR VISION: 'TO BE THE LEADING HEALTH AND WELLBEING SERVICE IN
THE PROVISION OF MENTAL HEALTH AND COMMUNITY CARE'**

Community Mental Health Nurse Band 5

Description	Essential	Desirable	Assessment Measurement Application Form - AF Interview - IN Assessment - AS
Education/ Qualifications	<ul style="list-style-type: none">-Registered Mental Health Nurse RMN-Meet the requirements for revalidation as set out by the NMC.-High standard of education.-Good standard of written and spoken English.	Mentorship Preparation	AF/IN
Knowledge	<ul style="list-style-type: none">-Understanding of / and the ability to conduct assessments and review of care in line with the requirements of the mental health care clusters.-Knowledge and understanding of health legislation, principles of CPA and Care Management, Mental Capacity Act, Mental Health Act 1983 and safeguarding, the NHS Constitution, and risk assessment / management.	<ul style="list-style-type: none">-Working knowledge of the Mobius/System One Clinical Information Systems-Knowledge of working with external agencies involved in the care of people with mental health problems.-Knowledge of the physical health needs of service users and monitoring of same.	AF/IN/AS

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	<ul style="list-style-type: none"> -Knowledge of current best practice and models within nursing practice in mental health. -The ability to devise comprehensive care plans that incorporate effective, individualised and evidence-based therapy interventions. -Understanding of the nature of mental health conditions and how they can affect people's day to day life and impact upon recovery. -Commitment to ongoing learning through CPD for self. -Ability to support the team to meet their key performance indicators and contractual targets. -Understanding or experience in the Performance management And supervision of lower banded staff. -Good IT skills i.e. Word / Excel, PowerPoint and Outlook -Experience of using an electronic information system. -Experience of and participation in audit and research. 		
Skills/Experience	<ul style="list-style-type: none"> -Literate in IT/Computer Skills. -Good oral communication 	<ul style="list-style-type: none"> -Promoting concordance with medication and treatment regimes. 	AF/AS IN

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	<p>skills based on fluency on the English language.</p> <ul style="list-style-type: none"> -Deliver training to colleagues and lower banded staff. -Ability to critically analyse and review research findings and reports. -To assess and treat own caseload of service users in accordance with Trust clinical pathways. -Undertake physical health checks of services users and act on the findings appropriately. -Undertake a range of clinical duties e.g. providing practical support and guidance to service users. -Demonstrate an Understanding of the Trust Core Values. -Understand the need for compassion in working with colleagues, service users and families. -Support families and carers within the boundaries of their role and professional code of conduct. -Ability to work under pressure and meet deadlines where required. -Act as key worker to a group of service users. -To take on the role of 	<ul style="list-style-type: none"> -Mentorship and supervision of lower banded staff. -Experience in delivering smoking cessation training. -Supervise and manage lower banded staff within the professional group and team locality as required. 	
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	<p>lead practitioner.</p> <ul style="list-style-type: none"> -Self-motivated with a desire to contribute to the ongoing service development. -Participate in service reviews and research. Able to demonstrate a level of flexibility, innovation and creativity in the working environment. -Ability to engage and motivate people. -Ability to organise individual and group activities / work skills. -Requirement to undertake carers assessments. -Capability to work under pressure and meet deadlines where required. -Experience in risk assessment of service user activity. -Record all patient related information on Trust electronic records system. -Ability to work effectively and flexibly without direct supervision from a senior Nurse. -Ability to report back at professional meetings / reviews on an individual / group performance. -Produce reports for manager's appeal / renewal hearings and mental health review 		
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	<p>tribunals.</p> <ul style="list-style-type: none"> -Supervise the work of nursing students and support workers. -Excellent organisational skills, ability to prioritise own workload. -Adapt to change when required. -Adhere to NMC Code of Professional Conduct. -Demonstrates an awareness of the importance of maintaining personal, therapeutic and professional boundaries. -Awareness of environment and ability to make decisions that will ensure their own safety and that of others. -Valid DBS clearance. 		
Personal Qualities	<ul style="list-style-type: none"> -Shares the Trust's Beliefs and models this in their attitude and behaviour. -Ensures that the organisational values of open, compassionate and empowering are demonstrated by self and others every day and that any matters of concern are addressed in a timely way, either directly; or raised with the relevant Line Manager; or through the relevant processes within the Trust as appropriate. -Able to identify own stressors and take 		AF/IN

	<p>appropriate action to prevent negative impact of this on wellbeing and seek appropriate and timely support.</p> <p>-Resilience to effectively manage their own emotions in response to the emotional distress of others.</p> <p>-Able to effectively manage own emotions in response to the</p>		
Additional requirements	<p>-Fitness Analysis as appropriate.</p> <p>-Current UK driving licence, and access to a car for work purposes.</p> <p>-Provide professional nursing advice when dealing with service users, staff, visitors and other professionals on a daily basis.</p> <p>-Ability to assess own environment and make decisions that will ensure their own safety and the safety of the service user.</p> <p>-Lone working in the community.</p> <p>-Able to work across the locality area as requested by Line Manager.</p> <p>-Ability to travel independently across a defined geographical area.</p>		IN/AS