



# **Candidate Brief**

Job Title: Band 6 Rotational Specialist MSK Physiotherapist

Date: 2<sup>ND</sup> January 2024

















# **Candidate Brief**

**Job title:** B6 Rotational Specialist MSK Physiotherapist

**Division:** Surrey Downs Health & Care Community Services

Band: Agenda for Change Band 6

**Contract:** Permanent

**Hours:** 37.5

Date: 19th April 2024

Surrey Downs Health and Care (SDHC) deliver care closer to people's own communities through our Primary Care Networks and our innovative partnership of local NHS organisations.

Surrey Downs Health and Care has a track record of providing person centric care that goes beyond organisational boundaries to do what is best for the individual. This partnership includes:

- The three GP federations representing practices that operate in the Surrey Downs area
- CSH Surrey
- Epsom and St Helier University Hospitals NHS Trust
- Surrey Council County

We collectively aspire to be an exemplar of how to deliver the highest quality and best value care in a complex health and care environment. An exciting opportunity has arisen for an enthusiastic, ambitious and highly motivated individual to join Surrey Downs Health & Care Partnership.

For more information contact: James Bowbrick -james.bowbrick@nhs.net















# Our shared purpose

Developed by our patients and staff in the Your Voice Your Values project, 2018.

Above all we value

# RESPECT

It helps us live our behaviours kind, positive, professional teamwork

So we can achieve our mission to deliver great patient care, every patient, every day.

#### All of us who work at Epsom and St Helier

Choosing to work at Epsom and St Helier means I choose to sign up to our values, behaviours and expectations.

Respect and value other people's views, experience and skills



Develop myself to be a great role model of our behaviours



Treat patients with respect and as equal partners in their care



Treat everyone fairly regardless of protected characteristics, profession, role or level



Speak up whenever I have a concern, give feedback respectfully, receive feedback gracefully, admit mistakes, resolve issues together



Respect myself, looking after my own health and wellbeing



Create a respectful environment free from disrespectful behaviour



Respect my role, doing a good job to meet my objectives as they change, and doing the best I can with available resources.

Our ambition is to provide an outstanding level of care to our patients and communities.

Above all we value respect. This means everyone at the Trust – whether a member of staff, a patient or their loved ones – can expect to be treated with respect, whatever their role or background. This ensures kind, positive, professional teamwork, delivering great care to every patient, every day.

By choosing to work here, you also choose to value and role model respect. This means having respect for the Trust and your roles and responsibilities, as well as colleagues, patients and anyone who interacts with the Trust.

















## About us

At Epsom and St Helier – we run high performing hospitals with a strong track record in providing high quality care, delivering operational standards and meeting our financial targets. In addition to that, we are proud to host joint ventures with our partners in mental health, social care, community health and GPs in Surrey Downs and Sutton, providing adult community, children's therapy and sexual health services as part of Sutton Health and Care, and adult community services as part of Surrey Downs Health and Care. We are committed to providing seamless joined up care for the 500,000 people we serve as their local hospitals and community services. We also have the privilege of running the South West London Elective Orthopaedic Centre at Epsom Hospital and a GP practice in Leatherhead.

Our future looks very bright and there has never been a better time to join our team. In September 2019, the Government announced a £500 million investment into our Trust to develop a new major specialist emergency care hospital. This investment will allow us to create a state-of-the-art hospital facility for our sickest patients. We are planning for this to open in 2025. This money also provides us with the funds to finish the refurbishment of our hospital buildings on both the Epsom and St Helier sites, and support our workforce to provide great care to our patients, every day.

We have been rated Good by the CQC and welcome applications from individuals committed to being part of the team to maintain and build on this.

We know that all of our achievements are only possible because of the commitment, team work and expertise of our staff – and we truly value the dedication our teams show. As a result, we want Epsom and St Helier to be an outstanding place to work where staff are treated with, and treat others with, respect at all times.

There is simply no place for bullying, racism, discrimination or other poor behaviours in our hospitals and we work together to ensure that respect is at the heart of every interaction we have with one another and our patients.

By choosing to work here, we all also choose to be role models of respect. We can make this commitment thanks to a recent comprehensive review of the culture of our organisation (including more than 3,000 pieces of feedback from our staff and patients and thousands of us going through bespoke training and workshops), which showed us that 'above all we value respect' and gave us the tools to make sure we can live by this powerful value.

So if you want to be part of creating a truly integrated health and care service, where hospital staff, community health staff, mental health teams, primary care staff and social care teams work closely together; help us to develop a brand new specialist emergency care hospital; and do it in an increasingly respectful environment, then we are the place to come and develop your career.













We offer an extensive range of services, including cancer, pathology, surgery, and gynaecology to 500,000 people in south west London and north east Surrey. We operate two busy general hospitals, Epsom Hospital and St Helier Hospital, and run services from other locations, including Sutton Hospital.

St Helier Hospital is home to the South West Thames Renal and Transplantation Unit and Queen Mary's Hospital for Children, while Epsom Hospital is home to the South West London Elective Orthopaedic Centre (SWLEOC). Both Epsom and St Helier hospitals have Accident and Emergency departments (A&E) and Maternity services (Obstetrics).

We also play an active role in the local healthcare economy, and are the lead provider in two innovative health and care partnerships.

In Surrey Downs (that's the Epsom, East Elmbridge and Dorking areas), we have partnered with CSH Surrey, the three GP federations in the Surrey Downs area, and Surrey County Council (who are an associate member), to provide adult community health services. This innovative partnership is called Surrey Downs Health and Care. You can visit our website <a href="https://surreydownshealthandcare.nhs.uk">https://surreydownshealthandcare.nhs.uk</a>

In Sutton, we have joined forces with the London Borough of Sutton, Sutton GP Services and South West London and St George's Mental Health Trust to provide adult and children's community health services and sexual health services to local people. Together, we are called Sutton Health and Care – you can visit our website www.suttonhealthandcare.nhs.uk.















# Surrey Downs Health and Care

# **Job Description**

Job Title:	Specialist Musculoskeletal Physiotherapist – Rotational	
Responsible to:	Team Lead Physiotherapist (Rotation dependent)	
Accountable to:	MSK Operational Manager	
Working within:	Surrey Downs Health & Care (SDHC)	
Contract:	Permanent	
Grade	Band 6	
Base:	Rotational	

# Context:

Surrey Downs Health and Care (SDHC) deliver care closer to people's own communities through our Primary Care Networks and our innovative partnership of local NHS organisations.

Surrey Downs Health and Care has a track record of providing person centric care that goes beyond organisational boundaries to do what is best for the individual. This partnership includes:

- The three GP federations GP Health Partners, Dorking Health Care and Surrey Medical Network representing practices that operate in the Surrey Downs area
- CSH Surrey
- Epsom and St Helier's University Hospitals NHS Trust
- Surrey Council County

Historically, there have been boundary lines between the organisations that provide care to people in their homes, in GP surgeries and in hospitals, but we have always been united in our mission to provide great care to the people who need us.

It's on those grounds that the Surrey Downs Health and Care was formed – we want local people to receive the care that they need in the right environment. By bringing together our expertise, we can improve patient care and enable local people to access the right support, care and treatment more easily than ever before.

In bringing this partnership together, we are working to the same set of values that will translate into better care for our residents.





# **Role Summary**

- To assess and treat own specialist caseload of musculoskeletal patients and maintain associated records as an autonomous practitioner.
- To participate in the Band 6 rotational schedule which involves working across Surrey Downs in a range of outpatient settings including Outpatient Departments, Hand Therapy department and Community Hospitals.
- To supervise less experienced physiotherapists and students within this specialty
- To feedback and receive guidance from Band 7 and Advanced Physiotherapy Practitioners (APPs) on a frequent basis.

#### **Principle Duties to include:**

#### Clinical Responsibilities

- To perform advanced physiotherapeutic assessment of patients with diverse or complex presentations; use advanced clinical reasoning skills and manual assessment techniques to provide an accurate diagnosis of their condition.
- To formulate and deliver an individual physiotherapy treatment programme based on a sound knowledge of evidence based practice and treatment options to include developing comprehensive discharge plans.
- To assess patient understanding of treatment proposals and gain valid consent to treatment.
- To use a range of verbal and non-verbal communication tools to communicate effectively and sensitively condition related information with patients, doctors and other members of the multi-disciplinary team. This will include patients who may be dysphasic, depressed, deaf, blind or who may be unable to accept the diagnosis.
- To evaluate patient progress, reassess and alter treatment programmes if required.
- To manage clinical risk within own patient caseload seeking guidance from band 7s or APPs as appropriate.
- Work within Surrey Downs Health and Care and CSP clinical guidelines and to have a good working knowledge of national and local standards. To monitor own and others quality of practice as appropriate.
- To make accurate and complete records of work undertaken and keep monthly statistics in line with CSP and physiotherapy department standards.
- To be professionally and legally accountable for all aspects of your own professional and clinical work.
- To teach, assess and contribute to the performance assessment of junior physiotherapists and physiotherapy technical instructors.
- To contribute to development of patient care by attending relevant team, departmental or other appropriate meetings and comment on recommended changes to clinical care or service provision.

#### Professional Responsibilities

- To maintain own clinical professional development (CPD) by keeping abreast of new developments and trends and incorporate them as necessary into your work.
- To actively participate in in-service training programme by attending and contributing to discussions and presentations including modelling for practical sessions.





- To participate in the Surrey Downs Health and Care appraisal scheme and formulate a personal development plan.
- To be responsible for teaching student physiotherapists to graduate level on physiotherapeutic skills and knowledge within core clinical areas.
- To participate in data collection and occasionally lead clinical audit within the Physiotherapy department or as part of the MDT.
- Maintain and develop current knowledge of evidence based practice in the areas of each rotation, developing specialist knowledge of particular condition and patient types.

## Organisational

- To be responsible for equipment used in carrying out physiotherapy duties and to adhere to departmental policies and guidelines to ensure safe use of equipment by yourself and physiotherapy assistants. To report any defects or difficulties to the clinical manager.
- To share responsibility for departmental tidiness, maintenance and administration.
- Utilise IT systems appropriately to improve the efficiency of the service.
- To assist in the supervision and co-ordination of junior staff and assistants on a daily basis ensuring their practice as well as your own meets the required professional standards.

#### General Responsibilities

- To attend Statutory and Mandatory training in line with Surrey Downs Health and Care policy.
- To maintain complete confidentiality of all patient and staff information known or acquired during the course of work. To not release such information to anyone else other than in an official capacity.
- To adhere to all policies and procedures of the physiotherapy department of Surrey Downs Health and Care.
- To undertake any other duties or responsibilities commensurate with the grade as requested by supervising physiotherapist or clinical manager.

This job description is subject to review and development from time to time in liaison with the post holder. As an employee of SDH&C you will be required to adhere to all the organisations policies and procedures.

#### **Standards of Business Conduct**

The post holder will be required to comply with SDH&C Leadership behaviours, corporate and financial policies and any relevant Codes of Conduct eg: for NHS Managers. S/he is required, at all times, to deal honestly with the organisation, with colleagues and all those who have dealing with the organisation including patients, relatives and suppliers.





# Confidentiality

The post holder is required to:

- ensure confidentiality in all matters relating to clients, to employee personnel issues and to information obtained during the course of employment
- not release such information to anyone else other than acting in an official capacity
- Comply with the regulations of the Data protection Act and Freedom of Information Act.

# Safeguarding of children and vulnerable adults

It is the responsibility and duty of all staff to safeguard children and vulnerable adults and promote their welfare.

Child protection and vulnerable adult safeguarding issues when identified or areas of concern must be referred by you promptly in accordance with SDH&C policy and procedures. Details of Leads on Safeguarding are detailed in the SDH&C procedures. Please ask your line manager or HR for details.

#### **Performance Review**

This job description only covers the key result areas and as such does not intend to provide a comprehensive list of objectives. Specific objectives will be subject to annual review in consultation with the postholder and may develop to meet changing needs of the service. The SDH&C Performance Development Review includes a review of leadership behaviours.

## **Equal Opportunities**

The organisation aims to maintain the goodwill and confidence of its own staff, service users and the general public. To assist in achieving this objective, it is essential that at all times employees carry out their duties in accordance with the organisations Equal Opportunities Policy respecting the differing backgrounds of colleagues and clients.

#### Infection Control and Prevention

SDH&C is committed to minimising any risks of healthcare associated infection to patients, visitors and staff. All employees are required to be familiar with and comply with Infection Prevention and Control policies relevant to their area of work.

#### **Health and Safety**

The post holder will be required to observe local Health and Safety arrangements and take reasonable care of himself/herself and persons that may be affected by his/her work ensuring compliance with the requirements of the Health and Safety at Work Act (1974):

- To follow and promote safe working practices and to comply at all times with the Health and Safety at Work Act 1974, and Manual Handling Operations Regulations 1992, and SDH&C policies and procedures
- 2. To assist in the regular monitoring and maintenance of equipment in accordance with health and Safety regulations.
- 3. To act immediately on safety notices, hazard warning notices and any other notifications in relation to equipment used/prescribed by the organisation.





- 4. To take reasonable care of the health and safety of yourself and other persons who may be affected by your acts or omissions at work and to co-operate with SDH&C to ensure that statutory and departmental regulations are adhered to.
- 5. To report all clinical and non-clinical incidents or near misses promptly and when required to co-operate with any investigations undertaken.

# **Security**

- 1. It is a condition of employment that identification badges be worn at all times.
- 2. All employees have a responsibility for security and the proper care of property. In accordance with standing financial instructions all managers have a particular responsibility for security and loss prevention arrangements in their areas of responsibility.

## **Continuous Improvement**

SDH&C has a full programme of learning and development opportunities to support continuing professional development, statutory and mandatory training and personal development.

# **Registered Health Professionals**

All co-owners who are members of a professional body must comply with standards of professional practice/conduct. It is the post holder's responsibility to ensure they are both familiar with and adhere to these requirements and maintain their professional membership to the relevant body.







# **Person Specification**

Job Title: B6 MSK Rotational Physiotherapist

**Business Unit: Community Services** 

As the attached job description outlines the main duties and responsibilities of this post, so the person specification lists the requirements necessary to perform the job. Candidates will be assessed according to the extent to which they meet the specification. It is therefore important that applicants pay close attention to all aspects of the person specification when deciding if their skills, experience and knowledge match these requirements.

	Essential	Desirable	Assessment Method
Qualifications	<ul> <li>Degree in physiotherapy</li> <li>HCPC Registration</li> <li>Evidence of CPD including attendance at relevant post graduate training in appropriate clinical field</li> </ul>	<ul> <li>Member of Chartered Society of Physiotherapy</li> <li>Member of relevant special interest group e.g. MACP, AACP.</li> </ul>	Application Form & Certificate
Experience/ Knowledge	<ul> <li>Minimum 18 months NHS         experience as a Band 5 in a broad         rotational post having gained a         range of experience in         orthopaedics, inpatients,         respiratory care, rehabilitation,         neurological and musculo-skeletal         conditions</li> <li>Completed at least x1 MSK         rotation as B5</li> <li>Experience of working as part of a         physiotherapy and/or         multidisciplinary team</li> </ul>	<ul> <li>Experience of working with complex MSK conditions</li> <li>Experience of supervision of physiotherapy assistant or student</li> <li>Involvement in audit, research and understanding of quality issues</li> </ul>	Application Form & Interview
Skills	<ul> <li>Good insight into the NHS</li> <li>Awareness of B6 responsibilities</li> <li>Working knowledge of broad range of musculo-skeletal/older people conditions (as appropriate to specific post)</li> <li>Knowledge and experience of safeguarding policies, practices and procedures</li> </ul>	Knowledge of wider MDT and interlinking services e.g. intermediate care, community physiotherapy, social care     Exposure to B6 responsibilities     Awareness of paediatric MSK conditions	Application Form & Interview
Other	<ul> <li>Professional approach and appearance</li> <li>Team Worker</li> <li>Reliable</li> <li>Flexible</li> <li>Empathetic</li> <li>Good attendance record</li> <li>Problem solving skills</li> </ul>		Application Form & Interview





Essential	Desirable	Assessment Method
Valid Licence to drive in UK with access to a car for business use.		

# **Disability Discrimination Act (1995)**

Please note that some flexibility may be exercised in the application of the criteria outlined above where a disabled candidate covered by this Act is unable to meet certain parts of the specification by reason of their disability. If you believe this applies to you please outline the details on your application form. Each case will be assessed on an individual basis at shortlisting and/or interview with advice from the Human Resources Centre.