

INTRODUCTION TO THE MHST































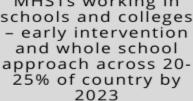






- 1. A designated mental health lead in each school
- 2. Mental Health Support Teams (MHST's) working with schools to strengthen support for children and young people with mental health issues
- 3. A reduction in waiting times for CAMHS with the aim that everyone would start treatment within 28 days of referral















































Science Academy

St Albans



Team Leader Base at Hailey Hall School Jan 2021 Wave 4

Stevenage

Team Leader: Base at Barnwel Upper School Jan 2021 Wave 4

Watford

Team Leader: Base at Holywell Primary School Hertsmere Sep 2021 Wave 5

> Team Leader: Base at Mount Grace School

Wel/Hat Sep 2021 Wave 5

> Team Leader: Base at Links

Dacorum Sep 2022 Wave 7

> Team Leader: Base at Hobbs Hill Wood School

Three Rivers Sep 2022 Wave 7

Team Leader:

Base at
Rickmansworth
School

North Herts

Sep 2022 Wave 7

Team Leader: Base at The Priory Team Leader: Base at Abel Smith School

East Herts

Sep 2023 Wave 9



























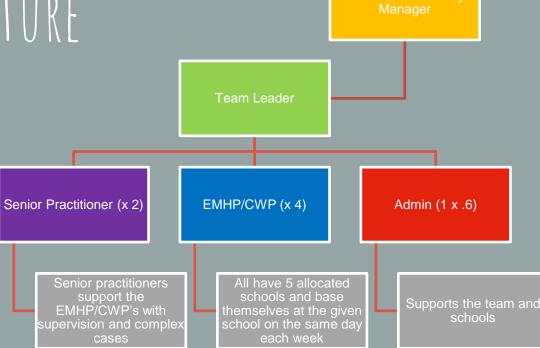














































SCHOOLS SUPPORTED BY MENTAL HEALTH SUPPORT TEAMS

All schools in Hertfordshire in all teams can be found on the below website:

https://www.healthyyoungmindsinherts.org.uk/news/2023/oct/schools-mental-healthsupport-teams-mhst





























LEVELS OF MENTAL HEALTH SUPPORT





MHST sits as tier 1.5



































WHAT DOES AN MHST DO?



Function 1:

Delivering evidence based interventions for **mild to moderate mental heath issues**



Function 2:

Supporting the senior mental health lead and other school staff to introduce and develop a **Whole School Approach** to support wellbeing



Function 3

Giving timely advice to school and college staff, and liaising with external specialist services, to help children and young people to get the right support



























Exam results day support







WHOLE SCHOOL

APPROACH





Shadowing classrooms





Assemblies

Open days/ evenings

feeder schools to support



Termly availability (Group work/ workshops)









