

### Job Description

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| <b>Post Title</b>     | <b>Senior Nurse - Inpatient Physical Health</b>             |
| <b>Band</b>           | <b>7</b>  |
| <b>Directorate</b>    | <b>Specialist Services Network – Adult Forensic Service</b> |
| <b>Location/Base</b>  | <b>Edenfield Centre</b>                                     |
| <b>Responsible to</b> | <b>Advanced Clinical Practitioner</b>                       |
| <b>Accountable to</b> | <b>Service Manager</b>                                      |

### Job Summary/Purpose

The Trust provides a network of specialist services across Greater Manchester, the Northwest and beyond. These include forensic mental health services for adults, CAMHS, community drug and alcohol recovery services and further specialist services such as the National Centre for Mental Health and Deafness, the John Denmark Unit.

The post holder will be an experienced nurse, who acting within their professional boundaries will provide high quality, holistic care for their patients in a safe, multi-disciplinary environment. The role includes delivering nursing care including specialist clinics, health education and carrying out interventions such as ECG, venepuncture, wound care, and immunisations. NMC requirements will be met, and the individual will work within the NMC Code to agreed practice standards and protocols.

The post holder will be clinically based at the Edenfield Centre and will contribute towards the strategic development of physical health provision across the Network (via attendance at relevant meetings, practice and procedure development and contributing to specific projects and pieces of work). The post holder will be required to provide cover across the specialist network as and when required.

## Main Duties & Responsibilities

| Heading                                | Duty/Responsibility   |
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| <b>Scope &amp; Purpose of the Role</b> | <p>To deliver a high standard of physical health care using specialist practice skills.</p> <p>To work with clinical teams to address patients' physical health needs within a specialist mental health care setting.</p> <p>To ensure the highest standards of care are provided for patients.</p> <p>To provide clinical leadership within the physical health team.</p>  |
| <b>Clinical Role</b>                   | <p>Make professionally autonomous decisions for which he/she is accountable and provide safe, evidence based, cost effective, individualised patient care.</p> <p>Where necessary evaluate patient test results in conjunction with the patient, their clinical team and their GP and ensure the appropriate course of treatment is initiated.</p> <p>Provide specialist advice to mental health staff on assessing and managing areas of physical healthcare, including but not limited to, wound care, long term conditions, immunisations and vaccinations, national screening requirements.</p> <p>Make appropriate referrals to other members of the primary, community, and secondary care teams.</p> <p>Lead the development and delivery of nurse-led services, including chronic disease management encompassing areas of the NICE Quality of Outcomes Framework relevant to mental health inpatients.</p> <p>Identify diagnostic criteria for patients suspected of having a chronic disease e.g. diabetes, COPD, asthma, and CHD, referring to other clinicians as appropriate.</p> <p>Manage programmes of care for patients with chronic diseases by planning, providing, and evaluating care under agreed guidelines and patient group directions.</p> <p>Maintain disease registers in liaison with administrative and other department staff.</p> <p>Undertake annual reviews of patients' understanding and ability to self-manage long term conditions where appropriate.</p> <p>Administer immunisations and vaccinations in accordance with national and local programmes. Competent in ILS. Ensure safe storage, rotation and disposal of vaccines and drugs, and that adequate stock levels are maintained.</p> |

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|                                      | <p>Undertake procedures including venepuncture, glucose tolerance tests, BP management, urinalysis, peak flow, spirometry, pregnancy testing, stitch/clip removal, ear syringing, and wound management.</p> <p>Promote health and wellbeing, run clinics, and give education and advice on smoking cessation, chronic disease management, and healthy lifestyle.</p> <p>Co-ordinate national screening programmes, liaising with the appropriate external agencies to achieve this.</p> <p>Review PHIT reports from Business Intelligence and formulate subsequent action plans.</p> <p>Enable, support, and encourage individuals and staff groups to address issues which affect their patient's health and social wellbeing.</p> <p>Lead the department to achieve its obligations including key performance indicators, local and national targets including CQUIN.</p> <p>Where the post holder is an independent prescriber: to ensure safe, effective, and appropriate medication as defined by current legislative framework and NMP policy.</p> <p>Maintain accurate records according to Trust policy and NMC Code.</p> <p>Ensure all data protection requirements are met when gathering, recording, and storing patient data.</p> <p>Provide clinical leadership for the team in the monitoring of patients on high-risk therapies such as Clozapine, Warfarin, and Lithium (training provided).</p> <p>Liaise with and maintain good working relationships with all members of the team. Work within the multi-disciplinary team within the service and across the wider network.</p> |
| <b>Teaching &amp; Mentoring Role</b> | <p>Promote a learning environment for patients, junior members of the department, mental health staff and other health professionals.</p> <p>Plan and implement teaching for junior department staff and mental health staff including nurses, students, ACPs and doctors.</p> <p>Act as mentor for more junior staff and students, assessing competence against set standards.</p> <p>Act as a competency assessor for clinical skills (eg venepuncture, ECG) to support the development of service staff.</p>  |

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|                          | <p>Disseminate learning and information to other team members in order to share good practice and inform others about current and future developments (e.g. courses and conferences).</p> <p>Provide information and education to patients, carers, families and colleagues in an environment that facilitates learning.</p> <p>Undertake regular line-managerial supervision and appraisals for the physical health team.</p>  |
| <b>Professional Role</b> | <p>Attend and contribute to relevant internal and external meetings as required including Trust and directorate physical health meetings, and nurse team meetings.</p> <p>Maintain personal progress and training via the Learning Hub to keep up to date with mandatory training.</p> <p>Identify learning opportunities to aid their own development through CPD</p> <p>Promote evidence-based practice through use of the latest research-based guidelines.</p> <p>Monitor the effectiveness of their own clinical practice through quality assurance strategies such as the use of peer audit and IPDR.</p> <p>Maintain professional registration.</p> <p>Work within their professional regulatory scope of practice as defined in the NMC Code.</p> <p>Record accurate consultation data in patients records in accordance with NMC guidance and Trust standards.</p> <p>Keep up to date with pertinent health policy and work with the physical health lead to consider the impact and strategies for implementation.</p> <p>Work collaboratively with colleagues and external agencies where appropriate.</p> <p>Provide clinical leadership to a team comprised of Assistant Practitioners &amp; Support Workers.</p> <p>Pro-actively promote the role of specialist nursing expertise within the department and across the network.</p> <p>Act as a role model in the observance of equality and diversity good practice.</p> |

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| <b>Managerial Role</b>    | <p>Provide line management and clinical supervision for the other members of the physical health team.</p> <p>Identify areas for policy and protocol development within the team and contribute to this.</p> <p>Identify and lead on Quality Improvement projects relevant to the department.</p> <p>Deputise for the physical health lead in their absence.</p> <p>Ensure junior members of the team co-ordinate and support clinics as agreed.</p> <p>Liaise with contracted partners (eg GP, podiatry, dietitian, optician) as the operational point of contact to ensure smooth operation of all clinics, escalating concerns to the physical health lead in a timely fashion.</p> <p>Identify opportunities to develop the skills of junior members of the team.</p> <p>Ensure the department develops in a cost-effective manner, monitoring and using resources appropriately e.g., stock control of dressings, clinical supplies.</p> <p>Participate in management meetings, taking on responsibilities and reporting back as required.</p> <p>Conduct clinical audits and inspections as required.</p> <p>Ensure the physical health team fully implements all relevant Trust policies and procedures.</p> <p>Promote effective communication, relationships and team working within the department and wider network.</p> <p>Provide advice and education to support the development of the team and range of clinical services provided.</p> <p>Partake in clinical supervision for own development purposes.</p> <p>Facilitate and promote the use of up-to-date technology to develop practice.</p> |
| <b>Working Conditions</b> | <p>Exposure to body fluids, blood, wounds, injuries.</p> <p>Occasional exposure to aggressive behaviours.</p>  |

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|   | Requirement to travel from base to inpatient areas across sites at Prestwich.   |
| <b>Trust Mandatory On-going Requirements - to be met by the candidate after commencing in post, these will not be assessed at the recruitment stage</b> | <p>To undertake any other reasonable duty, when requested to do so by an appropriate Trust manager.</p> <p>To understand and comply with all Trust policies, procedures, protocols, and guidelines.</p> <p>To understand the Trusts Strategic Goals and how you can support them.</p> <p>To understand the need to safeguarding children and vulnerable adults and adhere to all principles in effective safeguarding.</p> <p>To carry out all duties and responsibilities of the post in accordance with Equal Opportunities, Equality and Diversity and dignity in care/work policies and principles.</p> <p>To avoid unlawful discriminatory behaviour and actions when dealing with the colleagues, services users, members of the public and all stakeholders.</p> <p>To access only information, where paper, electronic, or, in another media, which is authorised to you as part of the duties of your role.</p> <p>Not to communicate to anyone or inside or outside the NHS, information relating to patients, services users, staff, contractors, or any information of a commercially sensitive nature, unless done in the normal course of carrying out the duties of the post and with appropriate permission.</p> <p>To maintain high standards of quality in corporate and clinical record keeping ensuring information is always recorded accurately, appropriately and kept up to date.</p> <p>To ensure their day-to-day activities embrace sustainability and reduce the impact upon the environment by minimising waste and maximising recycling; saving energy; minimising water usage and reporting electrical faults, water leakages or other environmental concerns to the facilities department or their line manager.</p> <p>Take reasonable care of the health and safety of yourself and other persons.</p> <p>To contribute to the control of risk and to report any incident, accident or near miss.</p> |

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|  | <p>To protect service users, visitors, and employees against the risk of acquiring health care associated infections.</p> <p>To take responsibility for your own learning and development by recognising and taking advantage of all opportunities to learn in line with appraisal and supervision.</p> |
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### **Further Information for Postholder(s)**

This job description is not exhaustive, but is intended to give an overall picture of the role. Other duties within the general scope of the post may be required from time to time. The duties of the post and job description can be reviewed through the agreed process. All information obtained or held during the post-holders period of employment that relates to the business of the Trust and its service users and employees will remain the property of the Trust. Information may be subject to disclosure under legislation at the Trust's discretion and in line with national rules on exemption.

All Trust sites have been designated a no smoking area. The post holder is therefore advised smoking is not permitted within the hospital premises or grounds or whilst representing the Trust in the course of their duty. While the Trust will not discriminate against employing smokers, all prospective employees should be aware of this policy

## Person Specification

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| <b>Directorate</b>    | <b>SSN – Adult Forensic Service</b>             |
| <b>Location/Base</b>  | <b>Edenfield Centre</b>                         |
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| <b>Essential Criteria</b> - The qualities without which a post holder could not be appointed.            | <b>Desirable Criteria</b> - Extra qualities which can be used to choose between candidates who meet all the essential criteria | <b>How Assessed –</b><br><b>AP</b> = Application form<br><b>IN</b> = Interview<br><b>OA</b> = Other Assessment |
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| <b>Education / Qualifications</b> - to be able to complete the duties as laid out on the Job Description |  |  |
| Nursing qualification (RGN or RMN) and current NMC registration.   | Community nursing specialist qualification or equivalent.  | OA<br>AP   |
| Clinical supervision training and experience.  | Mentor/ teaching qualification.  |  |
|  | Independent prescribing qualification.   |  |
|  | Holding or working towards recognised qualifications in relevant conditions eg diabetes, asthma.                               |  |
| <b>Experience</b> - to be able to complete the duties as laid out on the Job Description                 |  |  |
| Recent primary and community nursing experience.   | Experience and interest in education within a primary care setting.  | AP<br>IN   |



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| <p>Experience working with patients with highly complex needs, vulnerabilities, and co-morbidities.</p> <p>Experience of managing junior staff.</p> <p>Experience of teaching or mentoring.</p> <p>Experience in nurse-led management of chronic conditions.</p> <p>Experience in implementing protocols and clinical guidelines.</p>   |  |                  |
| <b>Knowledge, skills and abilities</b> - to be able to complete the duties as laid out on the Job Description   |  |                  |
| <p>Clinical leadership skills.</p> <p>Clinical skills – venepuncture, immunisation and vaccination, spirometry, ECG, catheter management etc.</p> <p>Skills in management of staff and teams.</p> <p>Good time management skills, punctual, able to manage and prioritise workload.</p> <p>Change-management skills and ability to support patients to change lifestyle.</p> <p>Excellent communication and interpersonal skills.</p> <p>Ability to work unsupervised.</p> <p>Ability to communicate difficult news to patients.</p> <p>Teaching and mentorship experience in a clinical setting</p> <p>Evidence of IT literacy and</p> | <p>Knowledge of mental disorders, the symptoms, behaviours and treatment associated with them.</p> | <p>AP<br/>IN</p> |

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| keyboard skills (Microsoft Office applications)   |  |          |
| <b>Other Requirements</b> - to be able to complete the duties as laid out on the Job Description  |  |          |
| <p>Fitness to carry out duties, manual handling and dexterity requirements, including breakaway techniques.</p> <p>Ability to deal with exposure to distressing circumstances or highly emotional events.</p> <p>Ability to cope with occasional aggressive behaviours and service users with emotional dysregulation.</p> <p>There is an occasional requirement to travel across the wide footprint of the Trust to attend meetings and events relevant to the role.</p> |  | AP<br>IN |

The Trust will consider any reasonable adjustments to the recruitment and selection process and to employment for applicants who have protected characteristics under the Equality Act 2010.

**Drawn up by: Lisa Burnham**

**Designation: Advanced Clinical Practitioner**

**Date: 22/04/2024**