

## Job Description

<b>Job Title:</b> Recovery Nurse/Practitioner	<b>Grade:</b> NHS AfC: Band 5
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<b>Responsible to:</b> Matron – Theatres and Anaesthetics
<b>Reports to:</b> Team Leader/ Clinical Lead

### Principle Objectives

- To provide clinically effective, high quality, and individualised peri-operative care within the multi-disciplinary team.
- Ensure safe patient recovery through the delivery of effective post-operative critical care following surgery and anaesthesia, confirming fulfilment of Recovery room discharge criteria prior to patients return to the ward.
- To promote a safe and attractive working environment that encourages learning.
- To contribute to the continuing development of pre and post-operative professional practice ensuring this practice is evidence based.
- To support the integration of clinical governance into all aspects of patient care delivery.
- To demonstrate the skills and knowledge required to achieve the learning outcomes of departmental programmes and competencies.

### Key Responsibilities:

#### Clinical

- Assess, plan, implement and evaluate pre and post-operative care
- In collaboration with senior colleagues and in conjunction with the multi-disciplinary team clinical specialists, deliver specialised critical post operative care to POCU/HDU patients and to paediatric patients.
- Ensure care delivered is clinically effective, safe and holistic.
- Maintain relevant and accurate records of care (manual and computerised) within the Data Protection Act and professional standards.
- Perform routine drug administration, including I/V, controlled drugs and patient group directions, meeting local policy and professional guidelines
- Implement, support and promote infection control procedures ensuring high standards are met at all times within clinical practice.
- Demonstrates effective communication and interpersonal skills
- Participate in patient/carer information, education and health promotion.
- To safely use clinical equipment relevant to own area of work, acknowledging PUWER regulations.
- Works as part of a multi disciplinary team demonstrating awareness of role and responsibilities.
- To be responsible for complying with Trust Infection Control policies and clinical guidelines.

### Managerial

- Supervises Junior and support staff.
- Implements and works within Directorate/Trust policies and guidelines including Health & Safety, Moving and Handling.
- Participates in risk management, e.g. Adverse incident reporting, complaints.
- Prioritises care and organises workload assisting in the efficient management of the unit ensuring optimum use of resources.
- Participate in identifying, implementing and evaluating new ways of working and delivering patient care.

### Education

- Using Directorate and Trust PDR and competency framework, identifies (and acts on) own personal and professional development needs.
- Assist with mentoring, teaching and assessing junior and support staff, assisting in the education of registered and support staff within the directorate.
- Assist in the education, teaching and supervision of pre-and post reg students.
- Teach patients/carers health prevention and promotion
- Ensure training and development needs detailed in your personal development plan are followed up and the effectiveness of the acquired training and development evaluated in term of self, patient and service.

### Personal/Professional Responsibilities

- Articulate and demonstrate awareness of own ability and role parameters
- Display professional behaviour at all times in line with professional Code of Conduct
- Uphold and maintain Trust policies and statutory regulations relating to Health and Safety, Fire, Major Incident, and Risk Management procedures
- To act as a support to the Senior colleagues in connection with management decisions/implications within the Directorate
- Attend department and Trust meetings as required, participating in discussion, reporting relevant information to staff.
- To prepare and actively participate in Trusts annual Performance Development Review process and progress reviews.

### General

- To be responsible for complying with Trust and local Safeguarding policies and procedures.
- To be responsible for the quality of data recorded. The data should be accurate, legible (if hand written), recorded in a timely manner, kept up to date and appropriately filed.
- All employees must comply with the East Suffolk and North Essex NHS Foundation Trust's Equality and Diversity Policy and must not discriminate on the grounds of sex, colour, race, ethnic or national origins, marital status, age, gender reassignment, disability, sexual orientation or religious belief.
- Employees have a responsibility to themselves and others in relation to managing risk and health and safety, and will be required to work within the policies and procedures laid down by East Suffolk and North Essex NHS Foundation Trust. The Trust seeks to establish a safe and healthy working environment for its employees and operates a non-smoking policy.
- All employees have the right to work in an environment which is safe and to be protected from all forms of abuse, violence, harassment and undue stress. All employees are responsible for helping to ensure that individuals do not suffer harassment or bullying in any form. All employees will be personally accountable for their actions and behaviour in cases of complaint of harassment or bullying.
- All staff have a responsibility to contribute to a reduction in the Trust's carbon footprint and should pro-actively reduce and encourage others through own actions to reduce their contribution to carbon emissions. This includes switching off electrical appliances that are not in use, turning down heating, closing windows, switching off lights and reporting carbon waste etc.

### Note:

This job description is issued as a guide to your principal responsibilities. It may be varied from time to time to meet new working requirements and does not form part of your Contract of Employment

Prepared By:

Date:

## Person Specification

**Job Title: Recovery Practitioner**

**Band: 5**

Criteria	Essential	Desirable
<b>Experience</b>	<ul style="list-style-type: none"> <li>Has experience of working within a team</li> <li>Evidence of Exposure to or understanding Relevant Clinical Experience</li> </ul>	<ul style="list-style-type: none"> <li>Previous relevant Postoperative experience</li> </ul>
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>Registered Nurse Adult/ODP</li> <li>Evidence of continued professional Development Plans</li> </ul>	<ul style="list-style-type: none"> <li>Dip HE (or working towards)</li> </ul>
<b>Knowledge</b>	<ul style="list-style-type: none"> <li>Understands the clinical role of a nurse/ODP within the Postoperative team.</li> </ul>	<ul style="list-style-type: none"> <li>Has evidence of professional portfolio development</li> </ul>
<b>Personal Skills</b>	<ul style="list-style-type: none"> <li>Motivated</li> <li>Good communication skills</li> <li>Flexible</li> <li>Able to articulate own limitations, training and development needs.</li> </ul>	<ul style="list-style-type: none"> <li>Shows initiative</li> <li>Enjoys working as part of a team</li> </ul>