

Senior Occupational Therapist – Urgent Care - Band 6

Job Description

Post Title: Senior Occupational Therapist

Department: Eating Disorders

Location: Black Country

Directorate: CYPF

Band: 6

Hours: 18.5 hours

Contract Type: Permanent

Responsible to: Team Leader

Ultimately responsible to Service Manager

Responsible for: The provision of Occupational Therapy assessment and treatment interventions as part of a multidisciplinary team for people with an Eating Disorder.

Job Purpose

The post holder will provide Occupational Therapy assessment and treatment interventions to adults to people who have an eating disorder. The post holder will use evidence based and client centred practice to assess, plan, implement and evaluate one to one and group based interventions within the setting.

The post holder will manage a defined caseload, using evidence based/client centred practice to assess, plan, implement and evaluate interventions.



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The post holder will work as a senior member of a multidisciplinary team, providing advice to the multidisciplinary team as required.

The role will support leadership and provide clinical supervision to junior staff and undertake a practice placement educator role, the post holder will be expected to allocate work to Band 5 Occupational Therapists, Occupational Therapy Assistant Practitioners and/or Technical Instructors and ongoing support on a daily basis, as well as supervision and appraisal when required in the service.

Main Duties/Responsibilities

- To provide specialist occupational therapy assessment and interventions which are evidence based and have clear, measurable outcomes to people who have an eating disorder.
- To be responsible for the assessment of occupational therapy needs. To formulate individualised management and treatment plans to address occupational needs.
- To utilise a wide range of skills to deliver a specialised programme of care, using a range of tools based upon the Model of Human Occupation.
- To accept clinical responsibility for a designated caseload of patients and organise this effectively and efficiently with regard to clinical priorities and time available and contributing effectively to pathways of care.
- To deliver occupational therapy interventions in a variety of community environments, which may include conditions which are unhygienic or hostile.
- To plan and implement individual and /or group interventions in collaboration with the service users to meet identified occupational needs.
- To monitor, evaluate and modify treatment for clients with multiple needs in order to measure outcomes and ensure effective interventions.
- To demonstrate a holistic level of understanding and knowledge of the effect of disability and recommend adaptation to the client's physical and social environment.
- To assess and undertake risk assessments and identify risk management / relapse prevention plans in order to minimise these.



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- To work in collaboration with patients in agreeing occupation focussed goals to meet their complex health and wellbeing needs and manage risk within the context of their care plan.
- To contribute to the comprehensive mental health assessment, to formulate implement and review individualised recovery focussed care plans that aim to address occupational needs.
- To have a sound understanding and knowledge of current legislation and its application to patients with mental health problems eg. Mental Health Act, Mental Capacity Act, Care Act, Human Rights Act.
- To adopt the Model of Human Occupation and use a variety of standardised tools to assist in the assessment/treatment process.
- To offer practical support, education and advice to patients and their families/ carers.
- To be professionally and legally responsible for all aspects of your work, including the management of service users in your care.

Trust Values

Employees, workers, and / or contractors will be expected to uphold the values of the Trust and exhibit the expected Trust behaviours aligned to the Trust's values. Individuals have a responsibility to ensure that they display the Trust values and behaviours in carrying out their job and that individuals feel able to challenge (or raise a challenge) when other colleagues' behaviours breach the spirit of Trust values.

Confidentiality and Data Protection

Staff are to familiarise themselves with the Employer's data protection policy when this is available, which sets out its obligations under the General Data Protection Regulation, the UK Data Protection Act 2018 and all other data protection legislation. You must comply with the Employer's data protection policy at all times and you agree that you will only access the systems, databases or networks to which you have been given authorisation and only for the purposes of your work for the Employer. The Employer will consider a breach of its data protection policy by you to be a disciplinary matter which may lead to disciplinary action up to and including summary dismissal. You should also be aware that you could be criminally liable if



you disclose personal data outside the Employer's policies and procedures. If you have any queries about your responsibilities in respect of data protection you should contact the Employer's Data Protection Officer.

Data Quality

The post holder should ensure any data/information prepared for either internal or external analysis is 'fit for purpose' i.e. that it is accurate, valid, reliable, timely, relevant and complete.

No Smoking

The Trust has a no smoking policy. Smoking is not allowed on any Trust premises.

Health and Safety

The post holder will take personal responsibility for any Health & Safety issues and obligations under the Health & Safety at Work Act. The post holder should also be aware of and comply with other relevant legislation and policies e.g. Fire Regulations.

Clinical Governance

All employees are required to actively contribute towards the Trust's clinical governance systems, taking responsibility as appropriate for quality standards, and work towards the continuous improvement in clinical and service quality.

Infection Prevention & Control

Infection prevention & control is everybody's responsibility, it is a requirement for all Trust staff to comply with all Trust infection control policies and procedures.

- All Trust staff should ensure that they fulfil their responsibilities for infection prevention and control, that they provide leadership where appropriate in infection control matters and that they challenge poor infection control practice in their workplace.
- All staff must adhere to the Trust's Hand Decontamination Policy



- All staff are expected to behave in a manner which protects patients, public and colleagues from infection risks within the scope of their role.
- All staff should have infection control training at induction and annual infection control updates as required.
- All clinical staff will have annual infection control objectives set and these will be reviewed at appraisal.

Safeguarding Adults

Safeguarding is 'Everybody's Business'. It means protecting people's health, well-being and human rights. It includes protecting their rights to live in safety, free from abuse and harm; taking their views, wishes, feelings and beliefs into account. In the West Midlands, the main statutory agencies work together to promote safer communities, to prevent harm and abuse and to deal with actual or potential when concerns arise. These Organisations which include Black Country Healthcare NHS Foundation Trust work together to achieve these outcomes by working within the Safeguarding Adults multi-agency policy and procedures for the West Midlands and adhering to the local Safeguarding Adult policy and procedures. Staff can contact the Trust Named Nurses for Safeguarding Adults or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

Safeguarding Children

All members of staff have a responsibility to ensure that children and young people are safe from abuse or harm. Employees must comply with Local Safeguarding Board Child Protection Policy and Procedures and Black Country Healthcare NHS Foundation Trust Safeguarding Children Policy. Staff can contact the Trust Named Nurses for Safeguarding Children or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

Professional / Managerial Codes of Practice



The post holder is expected to abide by the relevant codes of practice of the registering body for healthcare professionals, and, where applicable, the NHS Code of Conduct for managers.

Policies and Procedures

The post holder is required to abide by all policies and procedures of the Trust.

Pandemic / Other Emergencies

In the event of a pandemic being declared, the post holder may be required to adjust their days of work, hours of attendance, work base, and duties to support the delivery of services.

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This document is not intended to be an exhaustive list. Other duties, responsibilities and work base appropriate to this role / grade, may also be required. The manager will discuss this with the post holder where necessary.

Post Holder's Signature:

Date:



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Person Specification

Post: Senior Occupational Therapist

Department: Urgent Care

Manager:

Date:

Attribute/ Skills	Key Requirements	Rating	Measurement Application / Test Interview / Medical/ References / Certificates
Training and Qualifications	Diploma or Degree in Occupational Therapy	E	HCPC
	Evidence of registration with the HCPC	E	Application form
	Post graduate training relevant to mental health and eating disorders.	E	CPD Portfolio – evidenced at interview
	Training in other relevant therapy models – cbt, dbt.	E	
	Training in other relevant therapy models – cbt, dbt.	D	
	To demonstrate commitment to maintaining statutory and mandatory training	D	
	Evidence of post graduate training in leadership and or management		



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Skills/ Abilities	HCPC	E	Interview
	Application form	E	Application Form
	CPD Portfolio – evidenced at interview	E	CPD Portfolio – evidenced at interview
	Awareness of diversity and ethical issues and ability to analyse these in practice	E	Personal Development Plan
	Post graduate training relevant to the field of clinical practice	D	
	Evidence of chairing meetings and or committees	D	
Knowledge/ Experience	Use of a range of assessment tools to plan treatment and support recovery	E	CPD Portfolio – evidenced at interview
	Evidence of managing caseloads with adults with mental health problems	E	Application Form
	Building links with partnerships with community resources	E	Interview
	Experience/Knowledge of sensory integration or willingness to be trained	E	Evidence of personal development
	Significant post registration experience of working with adults with mental health needs	E	CPD Portfolio – evidenced at interview
	Experience of working in a community setting and in a dynamic MDT	E	
	Documented evidence of continuous personal and professional development	E	
	Significant experience of supervising	E	



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	<p>junior staff and of being a Placement Educator</p> <p>Knowledge and application of Model of Human Occupation (MOHO)</p> <p>Knowledge and application of OT assessment and intervention in adults with mental health needs</p> <p>Demonstrate effective clinical knowledge and reasoning skills in working with adults with mental health needs</p> <p>Understanding of legislation, current health and social care policy and practice in the field of adults with mental health needs</p> <p>Application of risk assessment in treatment and operational management</p> <p>Use of policy and procedure to management of clinical activity</p> <p>Post registration training in group work skill development</p> <p>Experience of delivering a range of clinical groups</p>	<p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>D</p> <p>E</p>	
Personal Qualities	<p>Commitment and enthusiasm to the continued development of occupational therapy within specialist clinical area</p> <p>Commitment to person centred care</p> <p>Positive attitude towards supervision</p>	<p>E</p> <p>E</p> <p>E</p>	<p>Interview</p> <p>Application Form</p>



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	and personal development		
	Membership of special interest groups and/or networks	D	
Any Other	Be able to drive/hold a full driving licence and willingness to drive between sites	E	Application Form
	Awareness of need to review and develop OT services in line with external drivers	E	Interview
	Experience of clinical audit	D	CPD Portfolio – evidenced interview at
	The ability to analyse outcomes using data to inform service development	D	
	Being caring and demonstrating compassion	E	
	Having the courage to take action	E	
	Effective Communication	E	
	Being competent and professional	E	
	Treating everyone as an individual	E	

