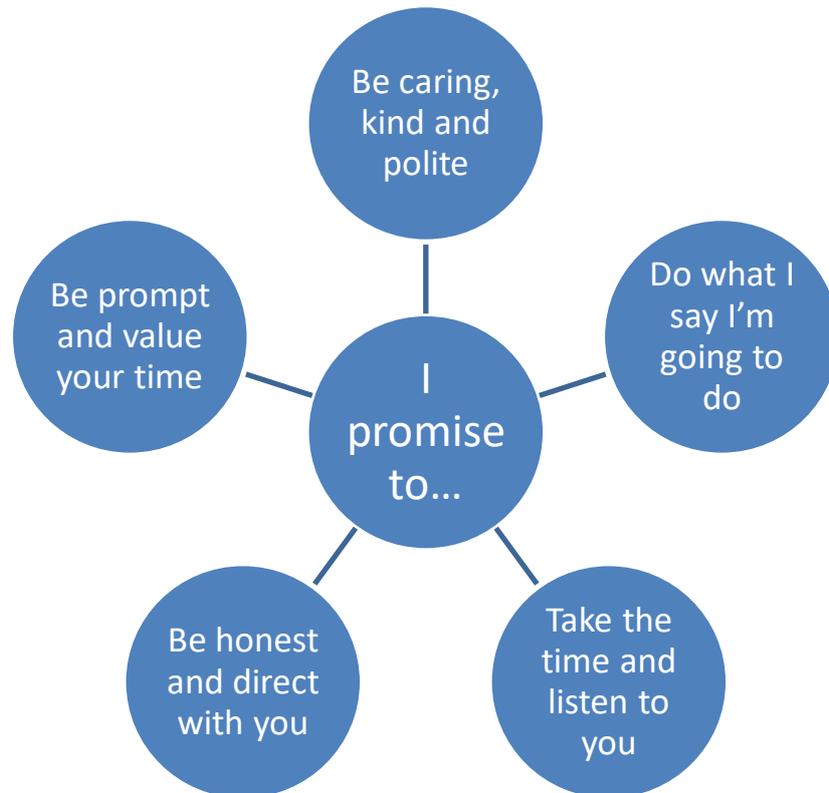


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|-------------------------|--|
| <b>Job Title:</b>       | Practitioner Psychologist  |
| <b>Band:</b>            | Band 7   |
| <b>Hours:</b>           | 37.5   |
| <b>Department:</b>      | Southwark CAMHS  |
| <b>Location:</b>        | Mapother House, Maudsley Hospital (may be expected to travel to other locations as required) |
| <b>Reports to:</b>      | Clinical Team Lead, Southwark CAMHS Adolescent Team, and Lead Psychologist, Southwark CAMHS  |
| <b>Responsible for:</b> |  |

**Job Purpose:**

- To provide a specialist psychology service to Southwark Adolescent Service including specialist assessment, treatment, planning, implementation and monitoring of outcomes.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.
- To provide clinical supervision and consultation as appropriate.
- To undertake service evaluation, audit and research.
- To work as an autonomous professional within BPS and HCPC guidelines and codes of conduct, and guided by the policies and procedures of the service, taking responsibility for own work including treatment and discharge decisions with support of clinical supervisor.

**Our values and commitments:**



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**Key Responsibilities:**

**KR 1 Clinical and Client Care**

- To provide specialist psychological assessments, formulations and interventions for clients in the Southwark Adolescent Service with complex mental health difficulties.
- To provide culturally appropriate psychological interventions with carers or families of referred clients.
- To assess and monitor risk and draw up appropriate risk management plans.
- To act as care co-ordinator, taking responsibility for initiating, planning and reviewing care plans, CPA co-ordination and meetings as required.

**KR 2 Contributing to team or service clinical functioning**

- To contribute to the effective working of the Southwark Adolescent Service and to a psychologically informed framework for the service.
- To contribute to the service's delivery of accessible and acceptable services to diverse local communities.
- To be proactive in challenging discrimination and support the development of culturally competent services.
- To liaise with referrers, GPs and other professionals concerned with clients in order to develop and review care plans.

**KR 3 Policy and service development**

- To implement policies and procedures in own area of work, and to propose improvements or beneficial changes.
- To contribute to the consultation and engagement of service users in planning and delivering services which meet the needs of local communities.
- To contribute to service development through undertaking and participating in appropriate projects.

**KR 4 Care or management of resources**

- To take care of, and use carefully, the Trust's equipment and physical resources.
- To ensure that the post-holder has sufficient resources by estimating future needs and requesting or ordering supplies as needed.

**KR 5 Management and supervision**

- To be responsible for the allocation and/or clinical supervision of the work of an assistant psychologist if required, under supervision from a more senior psychologist.
- To supervise trainee applied psychologists within own area of specialism after completion of the relevant Training Course's Supervision Training.

**KR 6 Teaching and Training**

- To provide occasional specialist training in psychological approaches to care to other professions as appropriate.
- To disseminate research and service evaluation findings through presentations and published articles.

**KR 7 Record-keeping and Information Governance**

- To ensure that all information generated by own work is recorded as required by Trust policies and local procedures.
- To maintain the highest standards of clinical record keeping and report writing, according to professional and Trust guidelines, including electronic data entry.

**KR 8 Research and development**

- To undertake regular complex service evaluation, audits or research relevant to service needs.

**KR 9 Maintaining professional standards and continuing professional development**

- To receive regular clinical and professional supervision from a more senior psychologist according to HCPC and Trust guidelines.
- To ensure own Continuing Professional Development in line with BPS and Trust Personal Development Plan requirements and the HCPC 'Standards for Continuing Professional Development'.
- To maintain an up-to-date knowledge of current developments in professional and clinical practice and of relevant legislation and policies.
- To comply with the HCPC 'Standards of Conduct, Performance and Ethics' and 'Standards of Proficiency', and ensure professional development in line with these.
- To adhere to the BPS's Professional Practice Guidelines and Trust policies and procedures.

**KR10 General**

- To travel to schools, home visits, and other community settings as appropriate and across the Trust when required.
- To be aware of risk relating to aggressive and challenging behaviour amongst the client group, and follow trust policies relating to its management.
- To respond appropriately and professionally to emotionally distressing situations (put in appropriate for service, such as challenging behaviour, abuse etc) and to support others involved in such situations.
- To work flexibly which may include offering some regular commitment to late clinics within the overall Job Plan.

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**About South London and Maudsley:**

South London and Maudsley NHS Foundation Trust (SLaM) provide the widest range of NHS mental health services in the UK as well as substance misuse services for people who are addicted to drugs and alcohol. We work closely with the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London and are part of King's Health Partners Academic Health Sciences Centre. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training.

SLaM employ around 5000 staff and serve a local population of 1.1 million people. We have more than 230 services including inpatient wards, outpatient and community services. Currently, provide inpatient care for approximately 5,300 people each year and treat more than 45,000 patients in the community in Croydon, Lambeth, Lewisham and Southwark; as well as substance misuse services for residents of Bexley, Bromley and Greenwich.

By coming to work at SLaM, you will gain experience of being part of an organisation with a rich history and international reputation in mental health care. You will have access to professional development and learning opportunities, and have the chance to work alongside people who are world leaders in their field. SLaM delivered more than 14,000 training experiences in 2014; providing an extensive range of learning opportunities for staff at all levels. In addition, our working

relationship with King's Health Partners allows those working at the Trust to get involved in academic research.

## CHILD AND ADOLESCENT MENTAL HEALTH SERVICES

South London and Maudsley NHS Foundation Trust has the largest child and adolescent mental health service in the country. National leaders in their field, working in both the Trust and associated Universities have a profound influence on our understanding of mental health problems in childhood, on the development of treatment approaches and on service development and evaluation. The service is made up of five clinical units: National & Specialist and the boroughs of Lambeth, Southwark, Lewisham and Croydon.

Staff within the CAG provide the main national training programmes for under and postgraduate trainees from all the key mental health professions and it is important to ensure that academic and service interests work in a collaborative and mutually beneficial way. Child and adolescent mental health services have a history of multi-disciplinary and multiagency working and it is important to nurture these different perspectives to effectively contribute to the national policy of cross-agency collaboration.

## SOUTHWARK CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

The Southwark Child and Adolescent Mental Health Services clinical teams comprise of staff from a variety of disciplines and include; psychiatry, psychology, nursing, family therapy, art therapy, psychotherapy, occupational therapy and social work.

There are 11 clinical and counselling psychology staff employed within Southwark CAMHS, all of whom work within the borough teams. At present, around eight core and specialist trainee placements are provided per year, in partnership with the Course tutors from Salomons clinical training at Canterbury Christ University and the Institute of Psychiatry, Psychology and Neuroscience.

The Southwark CAMHS service teams:

There are several multidisciplinary teams, providing specialist assessment and treatment for cases, as follows:

- Child and Family Service - providing specialist assessment and treatment to children and young aged between 0 and 12 plus the mini-team for children/young people who have been sexually victimised (up to age 18)
- Adolescent Team - providing specialist assessment and mental health treatment to children and young people aged between 12 and 18. This team maintains close links with the inpatient adolescent units within CAMHS, Early Onset psychosis teams in the borough, and with the Youth Offending Service, to which the team contributes two clinicians.
- Neuro-Developmental Service - providing specialist assessment and treatment to children and young people with neuro-developmental difficulties and associated mental health problems. This team works alongside colleagues in community health and social care, based at Sunshine House in Camberwell.
- Carelink - this team offers specialist assessment and treatment to children and young people who are in permanent Looked After Child care arrangements.
- The Hope Service providing specialist assessment and treatment for children who have experienced trauma.
- The Outreach Team contributes intensive, short-term interventions to young people presenting with high risk and complex difficulties.
- Early Help CAMHS providing community child mental health interventions to children and families including within home and school settings
- Child Wellbeing Team providing Guided Self-Help for mild to moderate mental health difficulties
- Kings Paediatric Liaison Team provides assessment for young people admitted to Kings College Hospital

These teams are complemented by a new Referrals Team, which is the first point of contact for almost all referrals to Southwark CAMHS and ensures that referrals are promptly directed to the most appropriate team.

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**Trust Policy and Procedures:****Confidentiality:**

Confidentiality/data protection regarding all personal information and Trust activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

**Equal Opportunities:**

Promote the concepts of equality of opportunity and managing diversity Trust wide.

**Health and Safety:**

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

**Infection Prevention and Control:**

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust policy.

**Professional standards and performance review:**

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

**Service/Department standards:**

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

**Finance:**

All Trust staff will comply with the financial processes and procedures.

**Safeguarding Children & Vulnerable Adults:**

Employees must be aware of the responsibilities placed on them under the Children Act 1989, 2004 and the trusts safe guarding vulnerable adults policy.

**Code of Conduct:**

The post holder is required to adhere to the standards of conduct expected of all NHS managers set out in the Code of Conduct for NHS managers.

This job description will be subject to regular review and adjustment.

**SUMMARY:**

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.