

Job Description

Post: Structured Clinical Management Practitioner

Band: 6

Responsible to: CMHT Manager

Main Contacts: Internal or external contacts

Job Summary

You will work as a member of the CMHT personality disorder team providing 1-1 and group interventions to service users on the Structured Clinical Management Pathway under the supervision of the Consultant Clinical Psychologist. You will provide case management and support to people engaged with the SCM programme with relatively stable but complex presentations.

Main Duties and Responsibilities

- To use a high level of interpersonal skills, reasoning and negotiation skills to establish a therapeutic relationship with people with complex emotional difficulties managing barriers to communication
- To act as a named worker for the service users allocated to your care practising without direct supervision and with a degree of autonomy
- To undertake psychological formulation and mental health and risk assessments for service users referred to the service
- To participate in MDT discussions and peer/ skills sharing sessions
- To provide therapeutic weekly interventions under the Structured Clinical Management pathway both 1-1 sessions and group sessions in conjunction with other practitioners
- To monitor, evaluate and modify all individual and group-work interventions/treatment in order to measure progress and ensure effectiveness of intervention.
- To ensure that the service users social care needs are assessed under the Care Act where appropriate according to agreed procedures in the locality/ service and reviewed as necessary.
- Provide advice and guidance to other members of the team
- To supervise the work of junior staff where required

- To be an active team member, supporting colleagues and the service with a flexible approach to duties
- To participate in training to other staff and services on personality disorder/ SCM
- To liaise with and develop relationships with other agencies involved in the services care to ensure consistent multi agency approach and maintain effective communication
- To make onward referrals and signpost to other services including VCSE and neighbourhood services to enable wrap around, holistic support for service users undergoing treatment to meet a broad range of need
- To collaborate with the service user to enable the individual to be a partner in care
- To participate in the induction, training and education of students and other staff from all disciplines.
- To act as mentor and preceptor for Band 5's/Assistant Practitioners/support workers as appropriate.
- To participate in any investigations into serious incidents or learning reviews and contribute to action plans to prevent future occurrences
- To respond appropriately to concerns or complaints raised regarding the service or own practice according to Trust procedures and guidelines and in conjunction with team manager, using outcomes to improve service delivery
- To strive to provide an excellent standard of care and positive service experience, working with experts by lived experience to shape and develop the service.
- To participate in data collection, audit and research as required
- To ensure all records are entered and maintained according to Trust Standards for Record Keeping and with due regard to the IG governance standards and procedures.

This job description is not exhaustive, but is intended to give an overall picture of the role. Other duties within the general scope of the post may be required from time to time. The duties of the post and job description can be reviewed through the agreed process

General Duties of all post holders

- To undertake any other reasonable duty, which is appropriate to the band, when requested by Senior Staff.
- To be familiar with and comply with all Trust and departmental policies, procedures, protocols and guidelines.
- To be aware of and work towards the Trusts strategic goals.

Standards of Business Conduct

- The post holder will be required to comply with the organisations standing order and standing financial instructions and at all times, deal honestly with the organisation with colleagues and all those who have dealing with the organisation including patients, relative and suppliers.
- The post holder must ensure that their behaviour and interests inside and outside work do not conflict with their Trust position, duties and/or responsibilities.
- The post holder must comply with and support the development of the performance standards within the service/department to ensure the service is responsive to and meets the needs of its customers.
- The post holder will be required to develop and maintain good working relationships with all patients, service users, staff, contractors and where appropriate, members of the public.
- The Trust aims to maintain the good will and confidence of its own staff, patients, service users, NHS contractors and the general public. To assist in achieving this objective it is essential that at all times, the post holder carries out their duties in a courteous, sympathetic and professional manner.
- All post holders who are members of a professional body must comply with standards of professional practice / conduct. It is the post holders' responsibilities to ensure they are both familiar with and adhere to these requirements and maintain their professional membership to the relevant body.

Equality and Diversity and Equal Opportunities

- The post holder must carry out all duties and responsibilities of the post in accordance with the Trust's Equal Opportunities and Equality and Diversity policies, avoiding unlawful discriminatory behaviour and actions when dealing with colleagues, service users, members of the public and all other stakeholders.
- The post holder must promote awareness of and respect for equality and diversity in accordance with Trust policies and procedures.
- The post holder is responsible for treating all staff, patients, service users,
 NHS contractors and the general public with dignity and respect at all times.

Safeguarding

- Appointments to regulated and controlled activities require an enhanced DBS disclosure.
- Pennine Care NHS Foundation Trust (PCFT) employees have a statutory duty to promote the welfare of children and young people and to protect adults; enabling them to live free from harm, abuse and neglect.

- Engagement with safeguarding training, in line with responsibilities, is mandatory for all PCFT employees. PCFT employees must familiarise themselves with policies and procedures and adhere to these.
- It is the responsibility of all staff to report safeguarding concerns and familiarise themselves with who to contact in order to do this or seek further guidance.

Professional and Personal Development

- The post holder must ensure that they are aware of their responsibilities by attending the Trust Mandatory Training and Induction Programme.
- The post holder will be involved in a formal appraisal and yearly conversations review with their manager at least every 12 months. Once performance / training objectives have been set, the staff member's progress will be reviewed on a regular basis, so that new objectives can be agreed and set, in order to maintain progress in the service delivery.
- The post holder will be expected to take responsibility for their own professional development and will be supported by the Trust to achieve development opportunities as appropriate.

Confidentiality and Information Governance

- Confidentiality is of prime importance. In the normal course of duties, the
 post holder will have access to confidential documents and information
 relating to patients, service users, staff and contractors, as well as information
 of a commercially sensitive nature. Such information should not be
 communicated to anyone outside or inside the NHS unless done in the
 normal course of carrying out the duties of the post. Disciplinary action will
 be considered where a breach of confidence has been established.
- All information obtained or held during the post-holders period of employment that relates to the business of the Trust and its service users and employees will remain the property of the Trust. Information may be subject to disclosure under legislation at the Trust's discretion and in line with national rules on exemption.
- The post holder must maintain high standards of quality in corporate and clinical record keeping ensuring information is always recorded accurately, appropriately and kept up to date. The post holder must only access information, whether paper, electronic or in other media, which is authorised to them as part of their duties.
- The post holder must work to the requirements of data protection laws as applicable to the UK, which includes the General Data Protection Regulations (GDPR).

Health and Safety at Work

- The post holder is required to take reasonable care of the health and safety of themselves and other persons who may be affected by their acts or omissions at work and to co-operate with the Trust in adhering to statutory and departmental safety regulations.
- The post holder is responsible for ensuring that they do not intentionally or recklessly misuse or interfere with anything provided in the interests of health safety or welfare e.g. misuse of equipment.
- The post holder is required to contribute to the control of risk and must report immediately, using the Trust Incident reporting system, any incident, accident or near miss involving patients, service users, carers, staff, contractors or members of the public.
- All Trust sites have been designated a no smoking area. The post holder is
 therefore advised smoking is not permitted within the hospital premises or
 grounds or whilst representing the Trust in the course of their duty. While the
 Trust will not discriminate against employing smokers, all prospective
 employees should be aware of this policy.

Infection Control

- Infection Prevention and Control is the responsibility of all Trust staff.
- All staff members have a responsibility to protect service users, visitors and employees against the risk of acquiring health care associated infections by consistently observing Trust Infection Prevention and Control Policies and procedures and best practice guidance in order to maintain high standards of Infection Prevention and Control.

Sustainability / Net Zero Carbon

Pennine Care are committed to sustainable development, social value and achieving the NHS Net Zero Carbon reduction targets. All employees must play their part and adhere to the principals in the Green Plan, this will ensure our services are efficient, sustainable and carbon emissions are reduced. As an employee you will be expected to conserve energy / water, minimise wastage in all formats, actively promote biodiversity and use sustainable transport whenever possible.

- **Energy:** Switch off non-essential electrical equipment / lighting when not in use. Report heating issues, building too hot / too cold to the Estates Team.
- Water: Do not leave taps running and report all drips, leaks, and condensation issues to the Estates Team.
- Waste: Follow the Trust waste policy Reduce Reuse Recycle do not overorder equipment / medicines. Healthcare waste must be disposed of in line with the Trust's waste management policy.

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- Biodiversity: Enhancing biodiversity has a wealth of positive outcomes for our colleagues, services users and the environment. Think of your site, can an area be improved to have a quality green space, specific planting for habitat improvement or the installation of a couple of bird boxes? Contact the estate team for further details
- Transport & Travel: Where possible lift share, cycle, walk or use public transport