

CHILD & ADOLESCENT MENTAL HEALTH (CAMHS) & EATING DISORDER SERVICE LINE

JOB DESCRIPTION

Job Title:	Clinical Psychologist / Counselling Psychologist / Systemic Psychotherapist, Multi Agency Psychological Support (MAPS) Team and Hillingdon CAMHS. Working with Looked After and Adopted Children, Children with Special Guardianship Orders ; Children in Need of Protection, Children in Need, Stronger Families services and Staying Close Project (MAPSTeam)
Grade:	Band 7
Hours:	37.5 / 1.0 WTE - Significant P/T hours considered (Fixed Term contract)
Salary:	Agenda for Change
Location:	Children's Services, Civic Centre Hillingdon; other venues as required. In order to meet the needs of the Trust's service, you may be required from time to time to work outside your normal place of work. The Trust reserves the right to change your normal place of work to any other location within the Trust.
Responsible To:	Hillingdon CAMHS Team Manager, Principal Clinical Psychologist and Clinical Lead MAPS Service
Accountable To:	Hillingdon CAMHS Team Manager
Responsible for:	Doctoral trainees, Assistants Psychologists within in the Service
Key Relationships:	Other MAPS team members, Staying Close team, Children's social care managers and team members ; Social workers, residential and education staff, Hillingdon CAMHS, members of other disciplines and agencies responsible for a clients care.

JOB SUMMARY:

- To join the Multi Agency Psychological Support (MAPS) Service - which is located in the local authority (London Borough of Hillingdon) and is part of an existing NHS service. The MAPS service comprises of a team of psychologists, providing a service for children, young people and young adults who are in/leaving care and/or adopted or have special guardianship orders, or who are children in need of protection, children in need, or vulnerable children referred to the stronger families service. We work closely with our Hillingdon CAMHS service.
- An additional part of role will be to provide psychological support for the 'Staying Close' project. Staying Close aims to provide stable accommodation and comprehensive support to care-experienced young people, aged 18+, who are leaving residential or supported living placements. This will be delivered in

partnership with a range of agencies and organisations, including health, education, and employment providers. The aim is to ensure that young people receive joined-up support that meets their needs and helps them to achieve their full potential as they step out of care and transition into adulthood.

- To offer advice and consultation on clients' psychological care to colleagues from all disciplines including; social care colleagues; staying close team, and individuals external to CAMHS/ Social care working autonomously within professional guidelines and the overall framework of the team's policies and procedures.
- To provide specialist clinical psychology/ systemic input to children and young people and their foster carers, special guardians, adoptive parents and their families, young adults referred to staying close project.
- To provide specialist psychological and systemic assessment and therapy including specialist assessments for neurodevelopmental concerns where appropriate (e.g. ASD and ADHD).
- To support psychological/ systemic assessment and therapy provided by other professionals and to offer supervision as agreed per job plan.
- Liaising with staying close team (education, employment, nursing) and adult mental health services.
- To utilise research skills for audit, policy and service development and research within the areas served by the services.
- This post provides the opportunity to work with a broad range of complex mental health presentations that contribute to our care pathways including complex trauma, emotional disorders, neuro developmental and enhanced treatment teams.
- To exercise responsibility for the systematic governance of psychological practice within the CAMHS/ MAPS Service.

WORKING ENVIRONMENT:

The Multi Agency Psychological Support (MAPS) Service – Is a service which is located in the local authority (London Borough of Hillingdon) and is part of an existing NHS service. The MAPS service is a well-established team of psychologists, and provides a service for children, young people and young adults who are in/leaving care and/or adopted or have special guardianship orders, or who are children in need of protection, children in need, or children referred to stronger families service. We work closely with our Hillingdon CAMHS service based at Minet Clinic, Uxbridge. The CAMHS team is well established and is staffed by a multi-disciplinary team of clinicians.

We aim to provide an accessible, flexible and responsive local service for children, young people/adults and professionals working within social care using a range of therapeutic interventions, including Cognitive Behavioural Therapy, systemic and family therapies, psychotherapy, psychoeducation and therapy groups and multi-family work.

Hillingdon CAMHS consists of five main sub-teams: Emotional Disorders Team; Neurodevelopmental Team; Enhanced Treatment Team; Learning Disabilities (LD-CAMHS), and; Multi-Agency Psychology Service (MAPS; for children looked after and children in need). The post holder may be required to travel to other parts of the catchment area including working within the community (e.g. schools) and / or wider network outside trust where necessary, The service operates Monday to Friday 09.00 to 17:00 with some flexibility to work extended hours to meet service need.

MAIN DUTIES AND RESPONSIBILITIES:

The post holder will join an established Looked After Children and Early Intervention Service, and will have the opportunity to be part of the 'Staying Close' project (Leaving care young adults). These services work alongside an MDT CAMHS Team and undertake the following responsibilities:

Clinical:

1. To provide specialist psychological and/or systemic assessments and interventions whilst interpreting and integrating complex data from a variety of sources including psychological and neuropsychological tests, self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members, foster carers and others involved in the client's care, including frontline workers in health, education, social services and the voluntary sector.
2. To formulate and implement plans for the formal psychological treatment and/or management of children and young people with mental health difficulties, including those children who are looked after and adopted, or are children in need, children in need of protection, young adults leaving care, or vulnerable children who are part of the stronger families teams. These plans will be based upon an appropriate conceptual framework of the client's problems, and employing methods based upon evidence of efficacy, across the full range of care settings.
3. To work to prevent placement breakdown, and far more effective rehabilitation of children and young people back into their families where appropriate.
4. To be responsible for implementing a range of psychological and systemic interventions for individuals, carers, families and groups, within and across teams employed individually and in synthesis, adjusting and refining psychological formulations drawing upon different explanatory models and maintaining a number of provisional hypotheses.
5. To evaluate and make decisions about treatment options taking into account both theoretical and therapeutic models and highly complex factors concerning historical, environmental, biological and developmental processes that have shaped the individual, family or group.
6. To exercise autonomous professional responsibility for the assessment, treatment and discharge of clients whose problems are managed by psychologically based standard care plans.
7. To collaborate with colleagues in devising appropriate psychological and systemic interventions for children, young adults, families and groups.
8. To provide specialist psychological/ systemic advice, guidance and consultation to other professionals who comprise of the team around the child/young adult contributing directly to clients' formulation, diagnosis and treatment plan.
9. To contribute directly and indirectly to a psychologically and or systemic based framework of understanding and care to the benefit of all clients of the service, across all settings and agencies serving the client group.
10. To undertake risk assessment and risk management for individual clients and to provide advice to other professions on psychological aspects of risk assessment and risk management.
11. To act as care coordinator, where appropriate, taking responsibility for initiating planning and review of care plans including clients, their carers, referring agents and others involved the network of care.
12. To communicate in a skilled and sensitive manner, information concerning the assessment, formulation and treatment plans of clients under their care and to monitor progress during the course of both uni- and multi-disciplinary care.

Teaching, training, and supervision

1. To receive regular clinical supervision from a senior clinical psychologist/ systemic psychotherapist.
2. To gain additional specialist experience and skills relevant to clinical psychology, systemic family therapy child and adolescent mental health, and the service, through relevant study and attendance at training events, courses and conferences.
3. To develop skills in the area of professional post-graduate teaching, training and supervision and to provide consultation and supervision to other workers.
4. To provide professional and clinical supervision to trainee and assistant clinical psychologists/ trainee systemic psychotherapists.
5. To provide advice, consultation and training to staff working with the client groups across a range of agencies and settings including foster carers, semi-independent/residential staff members, special guardians, adopters and parents.
6. To contribute psychological and systemic thinking into teaching and training programmes in LAC/ CP/ CIN/ Stronger Families, Staying Close, and CAMHS services as appropriate depending on service needs.

Management, recruitment, policy and service development

1. To contribute to the development, evaluation and monitoring of the Team's operational policies and services, through the deployment of professional skills in research, service evaluation and audit.
2. To take personal responsibility for attending and contributing to clinical and business meetings within the relevant teams.
3. To advise both service and professional management on those aspects of the service where psychological and/or organisational matters need addressing as necessary.
4. To manage the workloads of assistant and trainee psychologists within the framework of the Team's policies and procedures and as directed by the Clinical Psychology Lead and CAMHS Team Manager.
5. To be involved as appropriate in the short listing and interviewing of and assistant / graduate psychologists/ therapists
6. To exercise responsibility for the systematic governance of psychological practice within the service.

Research and service evaluation

1. To utilise theory, evidence-based literature and research to support evidence based practice in individual work and work with other team members, including the use of outcome measures.
2. To undertake appropriate research and provide research advice to other staff undertaking research within the context of the needs of the service as directed by the CAMHS Service Manager/ Professional Lead.
3. To undertake project management, including complex audit and service evaluation, with colleagues within the service to help develop service provision.

IT responsibilities (other than those used for research)

1. The post holder will input and maintain, appropriate computer and manual clinical records and statistical data and provide this to the CAMHS Service Manager/Clinical Lead when necessary.
2. The post holder will engage in relevant computer and IT training as required.
3. The post holder will be responsible for ensuring that those professionals they are responsible for/supervise engage in relevant computer and IT training as required and will input and maintain, appropriate computer and manual clinical records and statistical data.

General

1. To contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes, in consultation with the post holder's professional and service manager(s).
2. To contribute to the development and articulation of best practice in Psychology and Psychotherapy across the service, by continuing to develop the skills of a reflexive and reflective scientist practitioner, taking part in regular professional supervision and appraisal and maintaining an active engagement with current developments in the field of clinical psychology, systemic psychotherapy child and adolescent mental health and related disciplines.
3. To maintain the highest standards of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance in accordance with professional codes of practice of the British Psychological Society, HCPC and Trust policies and procedures.
4. To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health.

Rider Clause

This is an outline of the post holder's duties and responsibilities. It is not intended as an exhaustive list and may change from time to time in order to meet the changing needs of the Trust and Department.