

<b>Job Title:</b>	Occupational Therapist
<b>Band:</b>	6
<b>Hours:</b>	37.5
<b>Department:</b>	Lewisham Adult Mental Health Directorate
<b>Location:</b>	Speedwell community mental health team
<b>Reports to:</b>	Team Leader Neighbourhood 2 central CMHT
<b>Responsible for:</b>	Provision of Occupational Therapy within Neighbourhood Team

**Job Purpose:**

The post holder will provide an occupational therapy service to service users with complex needs within the neighbourhood community mental health team. This will include specialist OT assessment, planning and intervention to promote well being, recovery and empowering person centred practice. Although this is a dedicated OT post. The post holder will be required to hold and integrate both the OT specific and generic elements of their job whilst complying with the college of Occupational Therapists' Code of Ethics and Professional Conduct. The post holder will participate in the development, delivery and evaluation of both the Occupational Therapy and MDT interventions as required to promote a recovery focused service

**Our Commitments:**



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### Key Responsibilities:

#### Delivering clinical Excellence

- To be an integrated team member within the multidisciplinary neighbourhood team providing specialist Occupational Therapy Assessment and Interventions and working within the MDT to address occupational and Recovery goals of those with complex and enduring mental health needs
- To apply a high level of understanding of the effect of physical disability and recommend adaptations to the clients physical and social environment
- To assess and manage ongoing risks ensuring this is done in collaboration with service users and carers
- To promote the empowerment of individual service users to manage their health as much as possible and use of Self Directed Support where indicated

#### Communication and working relationships

- To utilise a comprehensive set of skills to effectively communicate and engage with service users, their families and the MDT to formulate individuals' strengths and barriers within an Occupationally focused clinical framework.
- To work effectively and responsively as member of clinical team and implement core decisions with regard to service users care and contribute to the duty rota.

- Work in partnership with other relevant agencies to ensure appropriate delivery of care plans

### Service and practice development

- To contribute to the implementation of the Occupational Therapy Strategy in Lewisham and participate in service and occupational therapy evaluations, clinical pathways, development of service improvement projects and models of care as required
- To provide leadership and professional expertise in line with clinical experience
- To provide supervision and preceptorship of Band 5 OT's and students, apprentices and other members of the MDT as applicable, and take opportunities to influence best practice and learning
- To actively contribute to the process of service development and evaluation within Lewisham's community services

### Personal Specification:

Essential Requirements	A/I	Desirable Requirements	A/I
Registered Occupational Therapist	A	Post registration qualification Membership of OT professional body and or special interest group	A
Post registration experience as an OT at a Band 5 level in mental health.	A/I	Post graduate training relevant to mental Health Post graduate training	A
Advising and supporting/supervising junior staff and students	A/I	Practice Placement Educators course	A/I
High understanding of Mental Health disorders and treatment models	A/I		A
Applied knowledge of legislation relevant to Mental Health and <i>specialist practice where appropriate</i>	I		A/I

Applied knowledge of the principles of CPA (Care Programme Approach)	A/I	Experience of working as a Care coordinator	A/I
Extensive knowledge of the principles of risk assessment and risk management	I	Experience of working with people with challenging behaviours	A/I
Experience of planning and co-ordinating treatment	A/I		A/I
Understanding of the importance of supporting service user involvement	I		A/I
Demonstrate commitment to client centred practice	A/I		A/I
Skills in applying evidence based practice	I	Specialist knowledge and application of OT assessments and interventions and outcome measures relevant to client group  Experience of working with physical health and disability issues and advising on environmental adaptation  Extensive clinical experience including individual and group work	A/I
Understanding of OT professional code of conduct and OT core skills and their application in practice	I		A/I
A sound understanding of team dynamics and ability to work effectively within multidisciplinary team	A/I	Training and facilitation skills  Leadership and first line management experience	A/I
Ability to build and sustain effective working relationships	I		
Ability to manage own workload and determine/set own priorities	I		
Ability to organise and respond efficiently to complex information	I		

Ability to analyse professional and ethical issues	I		
Ability to reflect and critically appraise own performance	I	Experience of audit, research and clinical governance procedures and their application in practice	
Comprehensive verbal and written communication skills	A/I		
Computer literate	A/I		
Ability to work flexibly	I		
Commitment to student supervision	A/I		
Commitment to lifelong learning	A/I		

### About South London and Maudsley:

South London and Maudsley NHS Foundation Trust (SLaM) provide the widest range of NHS mental health services in the UK as well as substance misuse services for people who are addicted to drugs and alcohol. We work closely with the Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London and are part of King's Health Partners Academic Health Sciences Centre. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training.

SLaM employ around 5000 staff and serve a local population of 1.1 million people. We have more than 230 services including inpatient wards, outpatient and community services. Currently, provide inpatient care for approximately 5,300 people each year and treat more than 45,000 patients in the community in Croydon, Lambeth, Lewisham and Southwark; as well as substance misuse services for residents of Bexley, Bromley and Greenwich.

By coming to work at SLaM, you will gain experience of being part of an organisation with a rich history and international reputation in mental health care. You will have access to professional development and learning opportunities, and have the chance to work alongside people who are world leaders in their field. SLaM delivered more than 14,000 training experiences in 2014; providing an extensive range of learning opportunities for staff at all levels. In addition, our working relationship with King's Health Partners allows those working at the Trust to get involved in academic research.

### Trust Policy and Procedures:

**Confidentiality:**

Confidentiality/data protection regarding all personal information and Trust activity must be maintained at all times (both in and out of working hours) in accordance with professional codes of conduct and relevant legislation such as the Data Protection Act. The post holder should ensure that they are familiar with and adhere to all Trust Information governance policies and procedures. Any breach of confidentiality will be taken seriously and appropriate disciplinary action may be taken.

**Equal Opportunities:**

Promote the concepts of equality of opportunity and managing diversity Trust wide.

**Health and Safety:**

Employees must be aware of the responsibilities placed upon them under the Health and Safety at Work Act 1974, paying due regard to health and safety in the workplace and management of risk to maintain a safe working environment for service users, visitors and employees.

**Infection Prevention and Control:**

Employees must be aware of their responsibilities to protect service users, visitors and employees against the risks of acquiring health care associated infections, in accordance with Trust policy.

**Professional standards and performance review:**

Maintain consistently high professional standards and act in accordance with the relevant professional code of conduct. Employees are expected to participate in the performance review process.

**Service/Department standards:**

Support the development of performance standards within the Service/Department to ensure the service is responsive to and meeting the needs of its customers.

**Finance:**

All Trust staff will comply with the financial processes and procedures.

**Safeguarding Children & Vulnerable Adults:**

Employees must be aware of the responsibilities placed on them under the Children Act 1989, 2004 and the trusts safe guarding Vulnerable Adults policy.

**Code of Conduct:**

The post holder is required to adhere to the standards of conduct expected of all NHS managers set out in the Code of Conduct for NHS managers.

This job description will be subject to regular review and adjustment.

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**SUMMARY:**

This job description is an outline of the key tasks and responsibilities of the post and the post holder may be required to undertake additional duties appropriate to the pay band. The post may change over time to reflect the developing needs of the Trust and its services, as well as the personal development of the post holder.

