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# JOB DESCRIPTION

## Job Description

**Post Title:** Senior Occupational Therapist

**Department:** Sandwell CAMHs

**Location:** Sandwell CAMHs Lodge Road, West Bromwich

**Directorate:** CYPF

**Band:** 6

**Hours:** 37.5

**Contract Type:** Permanent

**Responsible to:** Emotional Behaviour Team Lead, Service Manager

Ultimately responsible to Service Manager and Director of Therapies

## Job Purpose

- The post holder will provide specialist Occupational Therapy assessment and treatment, within a Multi Professional service, to children who are experiencing significant mental health needs.



- The post holder will manage a case load, including those with complex needs, using evidence based/client centred practice to assess, plan, implement and evaluate interventions.
- The post holder will take a lead in promoting a recovery focused model of care which is responsive to service users and carer needs.
- The post holder will work as an autonomous practitioner within a multidisciplinary team setting, providing advice to the multidisciplinary team as required.
- The role will involve allocation of work and supervision of junior staff and students, ongoing support on a daily basis, as well as supervision and personal Development Conversations.

### Main Duties/Responsibilities

- To work effectively as a member of the team as an autonomous practitioner in providing a range of therapy interventions (individual and group) using graded activity to achieve therapeutic goals, in collaboration with multidisciplinary team members
- To manage a clinical caseload of children with mental health needs requiring occupational assessment and treatment interventions in the community as well as within their home environment.
- To undertake occupational therapy assessments/treatment interventions based on the model of human occupation, with designated service users, utilising investigative and analytical skills to formulate individualised treatment plans.
- To work collaboratively with service users to identify occupational therapy goals as part of the overall recovery care plan.
- To utilise standardised and non-standardised occupational therapy assessment tools as part of the assessment process.
- To have experience of sensory integration and be willing to attend training to enhance OT provision to service users
- To actively engage and motivate service users in the occupations of self-care, productivity and leisure.
- To establish effective communication with service users, carers, and other health workers and agencies both internally and externally.



- To ensure that electronic records are maintained in accordance with trust and professional standards and provide specialist OT reports
- To monitor, evaluate and modify treatment in order to measure progress to ensure effective intervention.
- To work collaboratively with multi-disciplinary team members providing occupational therapy specific contributions to the care and treatment process of patients.
- To utilise clinical reasoning skills, demonstrating critical thinking, reflection and analysis from which to inform practice.
- To apply an experiential understanding of the effects of functional, cognitive and physical impairment related to mental health needs in the therapeutic process of treatment planning and intervention
- To be responsible for the planning and delivery of occupational therapy interventions in a variety of environments, according to service user need.
- To undertake any other duties of a similar nature consistent with the responsibilities of this post in order to provide a quality occupational therapy service.

### Trust Values

Employees, workers, and / or contractors will be expected to uphold the values of the Trust and exhibit the expected Trust behaviours aligned to the Trust's values. Individuals have a responsibility to ensure that they display the Trust values and behaviours in carrying out their job and that individuals feel able to challenge (or raise a challenge) when other colleagues' behaviours breach the spirit of Trust values.

### Confidentiality and Data Protection

Staff are to familiarise themselves with the Employer's data protection policy when this is available, which sets out its obligations under the General Data Protection Regulation, the UK Data Protection Act 2018 and all other data protection legislation. You must comply with the Employer's data protection policy at all times and you agree that you will only access the systems, databases or networks to which you have been given authorisation and only for the purposes of your work for the Employer. The Employer will consider a breach of its data protection policy by you to be a disciplinary matter which may lead to disciplinary action up to and including summary dismissal. You should also be aware that you could be criminally liable if you disclose personal data outside the Employer's policies and procedures. If you



have any queries about your responsibilities in respect of data protection you should contact the Employer's Data Protection Officer.

### Data Quality

The post holder should ensure any data/information prepared for either internal or external analysis is 'fit for purpose' i.e. that it is accurate, valid, reliable, timely, relevant and complete.

### No Smoking

The Trust has a no smoking policy. Smoking is not allowed on any Trust premises.

### Health and Safety

The post holder will take personal responsibility for any Health & Safety issues and obligations under the Health & Safety at Work Act. The post holder should also be aware of and comply with other relevant legislation and policies e.g. Fire Regulations.

### Clinical Governance

All employees are required to actively contribute towards the Trust's clinical governance systems, taking responsibility as appropriate for quality standards, and work towards the continuous improvement in clinical and service quality.

### Infection Prevention & Control

Infection prevention & control is everybody's responsibility, it is a requirement for all Trust staff to comply with all Trust infection control policies and procedures.

- All Trust staff should ensure that they fulfil their responsibilities for infection prevention and control, that they provide leadership where appropriate in infection control matters and that they challenge poor infection control practice in their workplace.
- All staff must adhere to the Trust's Hand Decontamination Policy
- All staff are expected to behave in a manner which protects patients, public and colleagues from infection risks within the scope of their role.
- All staff should have infection control training at induction and annual infection control updates as required.
- All clinical staff will have annual infection control objectives set and these will be reviewed at appraisal.

### Safeguarding Adults



Safeguarding is 'Everybody's Business'. It means protecting people's health, well-being and human rights. It includes protecting their rights to live in safety, free from abuse and harm; taking their views, wishes, feelings and beliefs into account. In the West Midlands, the main statutory agencies work together to promote safer communities, to prevent harm and abuse and to deal with actual or potential when concerns arise. These Organisations which include Black Country Healthcare NHS Foundation Trust work together to achieve these outcomes by working within the Safeguarding Adults multi-agency policy and procedures for the West Midlands and adhering to the local Safeguarding Adult policy and procedures. Staff can contact the Trust Named Nurses for Safeguarding Adults or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

### Safeguarding Children

All members of staff have a responsibility to ensure that children and young people are safe from abuse or harm. Employees must comply with Local Safeguarding Board Child Protection Policy and Procedures and Black Country Healthcare NHS Foundation Trust Safeguarding Children Policy. Staff can contact the Trust Named Nurses for Safeguarding Children or a member for advice and support if they have concerns. It is an employee's responsibility to comply with all current legislation and relevant Safeguarding training as breaches may lead to an employee being subject to disciplinary action.

### Professional / Managerial Codes of Practice

The post holder is expected to abide by the relevant codes of practice of the registering body for healthcare professionals, and, where applicable, the NHS Code of Conduct for managers.

### Policies and Procedures

The post holder is required to abide by all policies and procedures of the Trust.

### Pandemic / Other Emergencies

In the event of a pandemic being declared, the post holder may be required to adjust their days of work, hours of attendance, work base, and duties to support the delivery of services.

### Job Description

This document is not intended to be an exhaustive list. Other duties, responsibilities and work base appropriate to this role / grade, may also be required. The manager will discuss this with the post holder where necessary.



**Post Holder's Signature:**

**Date:**

