Job Description

Nottingham City General Practice Alliance

Department:

Post: Practice Nurse Responsible to: Practice Manager

Salary: £32,000-£44,000 per annum (depending on experience)

Dated: March 2023

The Role

The core purpose of this post is to take responsibility to provide high quality practice nursing care to meet the needs of the patients accessing appointments at City Wide Services which includes treatment, screening, preventative care, patient education, clinical quality systems maintenance; and the supervision of any less qualified clinical colleagues, while working in partnership with other clinical, management and administrative colleagues to meet City Wide Service's developmental goals and vision.

Responsibilities

Clinical

- Maintain accurate patient records, entering onto the practice system the appropriate agreed codes, using agree standards of data entry, templates, and protocols, completing all documentation, computerised and paper-based, as is required for good patient care
- Provide basic and higher levels of practice nursing care as needed for patients
- Provide care for minor injuries, dressings, and higher-level wound care, liaising directly, where appropriate
 with community and secondary care counterparts, escalating to a GP or referring onto community
 services e.g., leg ulcer clinic/tissue viability etc
- Support City Wide Services in achieving quality indicators and targets of the primary care services contract and any relevant National Service Frameworks.
- Undertake opportunistic screening when clinically required e.g., blood pressure, BMI, smoking status, alcohol intake etc
- Perform venepuncture and electrocardiography and suture and staple removal
- Assessing problems presented opportunistically by patients
- Take swabs ensuring samples are taken by the lab
- Provide a holistic approach to wound management and implement wound care dressing techniques in line with current evidence-based guidelines, and locally agreed formulary
- Carry out ear examination and syringing, following appropriate training and assessment
- Undertake family planning assessments including regarding LARC, give advice and refer patients appropriately onwards to the GP team
- Administer adult and paediatric immunisations and injections under an individualised prescription or Patient Group Direction, ensuring safe storage, rotation and disposal of vaccines and drugs
- Provide advice on lifestyle issues, health promotion, disease prevention and assist, support, educate patients of healthy lifestyle behaviours and refer appropriately
- Recognise the signs of child abuse, family violence, vulnerable adults, substance abuse, addictive behaviours, suicidal tendencies and be aware of local referral procedures
- Perform a holistic assessment of patients attending for cervical cytology smear test including providing pre-test information, competent sample taking and counselling regarding results.
- Ensure that current evidence-based approaches to patient are standard practice
- Apply infection control measures when collecting and handling of laboratory specimens, disposing of
 waste materials, dealing with blood and body fluids spillages and report and treat sharps injuries as per
 local policies
- Undertake first aid and management of emergencies, e.g., burns, haemorrhage, hypo/hyperglycaemic emergencies/asthma attacks
- Conduct family planning consultations including counselling about LARC methods and communicate back to patients registered GP practice any further action is required
- Counsel patients on injectable contraceptive methods, including starting and or continuing contraceptive injections. Ensure injections given as per national guidance an injection technique and disposing of any sharps as per local policy
- Act as a chaperone or similar support for other colleagues as needed

- Conduct and supervise if necessary other colleagues in anthropometric measurements, blood pressure, spirometry, urinalysis, phlebotomy, microbiology samples, ECG, ABPM, peak flow, and other practicebased tests as needed in the course of the care of patients
- Carry out health checks in conjunction with national, local and practice initiatives, setting up and maintaining a system for identifying patients in the target group for such checks
- Provide patient health promotion/ disease prevention education and counselling focusing on health behaviour change, by counselling patients on the nature of their conditions, the use of their medications, diet, exercise and other health behaviours
- Work to review the management of chronic diseases such as diabetes, COPD, Asthma, Hypertension etc. by providing specifically defined clinical sessions, working closely with the GP and non-medical prescriber team to manage a patient's overall care. Work within the processes set out in the SOP for chronic disease management
- Provide support and guidance to patients in times of crisis, breaking bad news where necessary to patients and carers and provide on-going support as needed
- Counsel patients on the meaning of test results and other medical information, conducting phone and
 in person consultations; triaging patients to an appropriate clinician, finishing a line of investigation, or
 arrange additional investigations as appropriate in line with practice guidelines and protocols and in
 partnership with clinical colleagues
- Work alongside the Treatment Room Nurse and Health Care Assistants to help develop their skills
- Able to recognise and manage anaphylaxis according to current UK guidelines.
- Able to perform Cardio-pulmonary resuscitation according to current UK guidelines

Administrative

- Maintain accurate patient records, entering onto the practice system the appropriate agreed codes, using agree standards of data entry, templates, and protocols, completing all documentation, computerised and paper-based, as is required for good patient care
- Obtain and document informed consent (either verbal or written)
- Support the Clinical Team in the creation, maintenance, documentation, and training of others in robust systems of data collection, audit and review of all clinical activities, protocols, care pathways and clinical systems, liaising with fellow colleagues and in the local and national health system as needed to ensure good patient care
- Create and maintain in cooperation with other nursing and admin colleagues a system of clinical stock and equipment maintenance, calibration, and supply; working closely with the Practice Manager to ensure cost efficient purchasing of perishable and expensive items
- Ability to monitor and manage maintenance of stock and equipment to include single use equipment and general treatment room equipment and emergency equipment
- Work with the wider practice team with the chronic disease recall process either with completion and moving on of the patient recalls or advising patients that their recalls are due.
- Participate in Infection Control procedure and protocols and their implementation within GP+ including infection control audits

Confidentiality

While seeking treatment, patients entrust us with, or allow up to gather, sensitive information in relation to their health and other matters. They do so in confidence and have the right to expect that staff will respect their privacy and act appropriately.

In the performance of the duties outlined in this Job Description, the post-holder may have access to confidential information relating to patients and their carers, practice staff and other healthcare workers. They may also have access to information relating to the practice as a business organisation. All such information from any source is to be regarded as strictly confidential.

Information may only be divulged to authorised persons in accordance with the Federations policies and procedures relating to confidentiality and the protection of personal and sensitive data.

Health and Safety

The post-holder will assist in promoting and maintaining their own and others health, safety and security as defined in the Federations Health and Safety policy.

Safeguarding

All employees are responsible for taking all reasonable measures to ensure that the risk of harm to children and vulnerable adults are minimised. They should take all appropriate actions to address concerns, working to agreed local policies and procedures, including the guidance on Safeguarding, in partnership with other relevant agencies. This includes accessing appropriate training, advice, and support.

Disclosure and Barring Services

This post will be subject to a DBS Disclosure check at the point of recruitment and thereafter.

Infection Control

All employees have an individual responsibility to have knowledge of and employ the basic principles of infection prevention and control practice. All employees must comply with Infection Prevention and Control mandatory training requirements.

Equality and Diversity

The post holder will support the equality, diversity and rights of patients, carers and colleagues.

Person Specification

	Essential	Desirable
Education and Qualification	Good standard of education with at least level 3 qualifications including GCSE at English and Maths (or equivalent levels of qualifications) Registered NMC Nurse	
Experience	Experience of managing processes, developing standards, promoting process improvement, inventory control	
Skills and	Excellent communication and interpersonal skills	
Abilities	Ability to communicate effectively both verbally and in writing with a range of different audiences Good organisational skills and ability to follow procedures and guidelines consistently and effectively	