

PERSON SPECIFICATION

**OUR VISION: 'TO BE THE LEADING HEALTH AND WELLBEING SERVICE IN
THE PROVISION OF MENTAL HEALTH AND COMMUNITY CARE'**

JOB TITLE: Occupational Therapist – Band 5

DEPARTMENT: Occupational Therapy

Criteria for Selection	Essential	Desirable	Measurement Application Form - AF Interview - IN Assessment - AS
Education/Qualifications	<ul style="list-style-type: none">• Degree or Diploma in Occupational Therapy.• HCPC Registration.• Membership of BAOT		AF
Knowledge	<ul style="list-style-type: none">• Appropriate assessment techniques• An understanding of the modern context of health care.• Knowledge of bio-psychosocial science, pathology and occupation in its widest sense.• Knowledge of group therapy theory.• Research methods including critical evaluation of evidence.• The principles of Health and Safety legislation.• Occupational Therapy models and approaches• Utilisation of appropriate assessment	<ul style="list-style-type: none">• Previous relevant experience e.g. voluntary work, summer jobs, work experience.• Degree in relevant subject e.g. psychology, social science.• Practical skills, e.g. cooking, art and craft, photography, events organisation.• Vona du Toit model of Creative Ability.• Demonstration of increasing abilities to work and manage self independently.	AF/IN

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	<p>techniques to assess individual's abilities and difficulties in relation to their desired goals in everyday activities.</p> <ul style="list-style-type: none"> • Application of knowledge in order to plan and achieve realistic outcomes for individuals and groups. • Utilise interpersonal skills, which motivate individuals to take control of their everyday activities of productivity leisure and self-care. • Apply a range of treatment modalities in group and one to one format. • Work with and through others to achieve environmental modifications that empower individuals to achieve independence. • Ability to integrate theory and practise and demonstrate creative problem-solving processes. • Ability to critically reflect on and use evidence in order to develop best practise. • Good communications skills written and verbal. 		
Personal Qualities	<ul style="list-style-type: none"> • Shares the Trust's Beliefs and models this in their attitude and behaviour: • Positive: optimistic; noticing and appreciating good work; and aiming to improve services and customer experience 		AF/IN

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	<ul style="list-style-type: none"> • Welcoming: friendly, responsive, courteous and on time • Respectful: respecting others and not judging; respecting people's dignity and privacy • Involving: listening and communicating clearly; able and willing to involve, and work together with, others • Kind: compassionate, helpful and understanding • Accountable: using best practice to get effective results; prioritise and speak about safety; being professional and aware when we are 'on stage'. • Ensures that organisational values are demonstrated by self and others every day and that any matters of concern are addressed in a timely way, either directly; or raised with the relevant Line Manager; or through the relevant processes within the Trust as appropriate. 		
Additional Requirements	<ul style="list-style-type: none"> • Effective boundary setter. • Strong service user orientation. • Able to cope with change. • Evidence of effective team player disposition. • Ability to present a confident personal persona. • Non-judgemental attitude. • Flexible approach. 	<ul style="list-style-type: none"> • Local knowledge of resources available to meet needs of other people with mental health problems. • Able to champion change. • A full valid driving licence and access to a car for business use 	IN/AS

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	<ul style="list-style-type: none">• Assertive.• Evidence of a planned approach to work/home life balance.		
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