



JOB DESCRIPTION / COMPETENCY PROFILE

Job Title	Highly Specialist Systemic Family Psychotherapist
Pay band/Grade	Band 7
Directorate	CYPS
Job Description Reference	ED CYPS Band 7- Full or part time considered

My job makes better lives by providing effective specialist assessment and treatment for children and families with Eating Disorders.

Job Overview (Band 7): This post is suitable for a band 7 qualified Systemic Family Therapist who has a minimum of a years clinical experience. The successful applicant would preferably have experience in the assessment and treatment of children and young people with mental health issues or clinical work with Eating Disorders.

To provide timely assessment of children and young people who are referred to the specialist Eating Disorders Team and provide care planning and support for their care and create individualised treatment plans.

Deliver on the following key area and lead team functioning with particular focus on the following areas:

- To provide high quality, specialist evidence-based systemic family therapy assessment and treatment to children and adolescents with eating disorders and their families and professional networks.
- To work autonomously within the Association Family Therapy (AFT), UKCP and Trust guidelines.
- To support audit and research activities and to propose and implement policy changes within the area served by the team.
- To support on outcomes and research with the 8a Clinical Psychologist and 8b Family Therapist and be fully cognisant in the NHSE Access and Waiting Times Targets and production of Outcomes Reports for NHSE, CCG's and SABP.
- Through Triage, and close liaison with the Single Point of Access team, provide, early identification, management, assessment and intervention for CYP with eating disorders following AWT guidance.

For a better life

Qualifications required

Current or imminent successful completion of an MA in Systemic Family Psychotherapy.

Current or imminent Registration with UKCP.

Current or imminent registration with AFT.

Experience required

Minimum of 1 years' post graduate experience working in the field of child and adolescent Mental Health or experience working with eating disorders is preferable.

Suitable for someone who

Is passionate about developing and providing high quality, evidence-based care and treatment to young people with eating disorders and their families.

Clinical:

- 1) To provide a specialist systemic assessment of clients referred to the team incorporating complex information from other professionals. To make decisions about treatment options taking into account evidence based research, theory, practice and highly complex factors concerning historical and developmental processes which have impacted on the child and their family
- 2) To provide highly specialist short or long term systemic therapy for children/adolescents with severe, complex and persistent mental health problems, for parents/carers who may be vulnerable and have an eating disorder, for families who may have complex and persistent problems, for children/adolescents and their parents. To work in ways which are sensitive to and appropriate for the needs of families from a wide range of racial, cultural and religious backgrounds
- 3) To exercise responsibility and autonomy for the treatment and discharge of clients whose problems are managed within the CED Service, ensuring appropriate assessment, interpretation and intervention, communicating with the referrer and others involved with the care on a regular basis
- 4) To provide systemic advice, guidance and consultation to other professionals contributing to a treatment plan
- 5) To effectively communicate professional opinion verbally and in writing and to provide highly specialist assessment reports for Social Services, Courts and Solicitors as required
- 6) To use as required a range of theoretical and practical knowledge for work with children/adolescents and their parents
- 7) To provide specialist systemic consultation, advice, support and guidance to other professionals working in the service in order to maintain high standards of work with children. To make SFT theory and practice accessible to clinicians and other staff members in the team
- 8) To act autonomously as Care Coordinator and/or Lead professional, as required, taking responsibility for initiating, planning and review of care plans including patients, their family, carers, referring agents and other professionals involved in the

network of care. This includes organising case conferences and professional network meetings where appropriate

- 9) To communicate in a skilled and sensitive manner information, including assessment, formulation and treatment plans of patients and to monitor progress during the course of uni and multi-disciplinary treatment
- 10) To work in accordance with CEDS objectives by adhering to Trust policies; deploying risk assessment thinking and practice in clinical work, ensuring written records are up to date and attending and contributing a child view in case discussions and team meetings
- 11) To evaluate and make decisions about treatment options taking into account both therapeutic models and highly complex factors concerning historical and developmental processes that have shaped the individual, family or group
- 12) To undertake risk assessment and risk management for individual clients and to provide general advice to other professionals.
- 13) To support the re-implementation and facilitation of a Team and Screen interventions for suitable families.

Teaching, Training and Supervision

- 1) To receive regular clinical supervision in accordance with Trust Clinical Governance Standards and the codes of practice and ethical guidelines of Association of Systemic Family Therapy.
- 2) To develop and maintain skills in the areas of professional teaching, training and supervision and to provide supervision or consultation as appropriate to multi-disciplinary team colleagues working with patients, their families and professional networks
- 3) To maintain and develop skills in the area of professional post-graduate training
- 4) To provide advice, consultation and training to other members of the multi- disciplinary teams and for staff working the client group across a range of services and agencies, where appropriate
- 5) To maintain CPD requirements in accordance with SFT guidelines

Management, Policy and Service Development

- 1) To develop skills in organisational issues and participate as a senior clinician in the development of a high quality, responsive and accessible service
- 2) To contribute to the development, evaluation and monitoring of the team's operational policies and services, through the deployment of professional skills in research, service evaluation and audit
- 3) To participate in staff recruitment as appropriate

- 4) To take part in the Trust's annual Appraisal and Performance Programme.
- 5) To exercise responsibility for the systematic governance of Systemic Family Psychotherapy practice within the team

Please note that Use of vehicle and (current driving license) for work is essential

NHS Competency Level Personal Competencies (4 is the highest level competency)

Communication 4

Interpersonal Sensitivity 3

Personal and People Development 3

Courage 3

Health, Safety and Security 2

Teamwork 3

Service Improvement 3

Quality 3

Equality and Diversity 3

IT Skills 3

Treat People Well Statutory Requirements

Create Respectful Places HCPC Registered Practitioner Psychologist Involve not Ignore
Open, Honest and Accountable