

Post: Team Leader CMHT -

## **Hillingdon Community Mental Health Team**

Criteria	Essential	Desirable
Education/	Registered Mental Health	Relevant post-basic
Qualifications	Nurses	training for all
	Diploma/degree in Mental Health Nursing. Registration with NMC	Disciplines.
		Mentorship qualification
	or	relevant to professions
	OTs	Practice Educator Programme.
	Diploma/degree in Occupational	
	Therapy Registration with HCPC	Management training (All).
	or	
	Diploma/degree in Social Work Registration with Social Work England	



	Central and No	orth West London  NHS Foundation Trust
Experience	Significant years post qualifying experience at Band 6 level.	Management experience
	Working with people with severe and enduring mental health problems in the community.	General life skills.  Evidence of continuing professional development.
	Assessing health and social needs and formulating care-plans to reflect those needs.	Budgetary management.
	Working in a multi-cultural environment.	Mentoring
	Practical experience of providing high quality care and exceeding expectations.	
	Demonstrate an understanding of the Urgent Access Pathway (UAP) and threshold of Secondary Mental Health Services	
	Experience of caseload management and throughput	
	Sound understanding of the local care pathway and interface with other local teams	
	Experience of working in a multi- disciplinary team.	

Experience of providing supervision

Skills/Abilities	Ability to chair regular MDT meetings with strong leadership skills	
	Highly proactive and responsive to day to day demands of working in a busy CMHT	
	Able to build constructive relationships with warmth and empathy using good communication skills.	
	Leadership skills (motivating, using initiative, change management).	
	Experience of using a range of therapeutic skills & psychosocial interventions.	
	Ability to succinctly formulation clinical intervention including signposting to other community services.	
	Clear understanding & commitment to implement Equal Opportunities with care delivery & staff.	
	Recognise own abilities and limitations and be willing to engage in & learn from reflective practice.	
	Able to develop effective working relationships with families, carer's & other agencies.	
Knowledge/	Mental Health Act 1983.	
Understanding	Care Act 2014	
	Mental Capacity Act 2015	
	Ability to embrace and manage change effectively & sensitively within the team and the wider organisation.	
	Clear understanding of the Dialogue + process.	
	Knowledge of new developments	

		NHS Foundation Trust
	in social care and allied health professions.	
	Risk assessment and management.	
	Current developments in mental health care.	
	Maintain patient confidentiality.	
	Experience of using a range of therapeutic skills & psychosocial interventions.	
	Highly skilled in IT applications i.e. excel, word.	
	Proficient in utilising Tableau to monitor team/individual performance	
Other	Sickness/attendance record that is acceptable to the Trust	Possession of a valid driving license
	Willingness to undertake further training & professional development.	
	Able to recognise signs of stress in self & others.	